WE’VE GOT THIS.

Community and Business Response to COVID-19

Englewoodco.gov/recovery

Due to COVID-19, events or programs may be canceled or postponed and may require social distancing practices.

**June 11, 2020 6-8 pm**
Nothing But Nineties
4001 Englewood Parkway

**June 25, 2020 6-8 pm**
Walker Williams (Country)
5000 Englewood Parkway

**July 9, 2020 6-8 pm**
Mr. Majestyk’s 8-Track Revival
1006 Englewood Parkway

**July 23, 2020 6-8 pm**
Raising Cain
4001 Englewood Parkway

**FREE SHOWS – TUESDAYS AT 6:30 PM**

- **July 7** Salida Circus
- **July 14** Jenn Cleary Music
- **July 21** Kalama Polynesian Dancers
- **July 28** Ann Lincoln Magic

Each show will include a special activity for kids, like face painting or balloon creations.

Events are subject to change.

Visit englewoodco.gov for up-to-date event information.

---

Due to COVID-19, dates are subject to change or cancellation. All guidelines regarding social distancing will be strictly followed. Please visit englewoodco.gov.

---

**Hop ON!**

The Englewood Trolley is a free service that gets you where you need to go.

**WHY RIDE?**
- It’s a comfortable commute to work or school
- You can visit local shops and restaurants
- It gets you to medical appointments
- Connects to the RTD bus system

Free, fixed-route service to 19 stops throughout Englewood
Operating Mon. – Fri., 6:30 a.m. – 6:30 p.m.
Find your closest stop here: englewoodco.gov/trolley
| Contents |
|------------------|------------------|------------------|
| 4 Mayor’s Message | 8 “Flow it Forward,” Englewood |
| Hear from Mayor Linda Olson | Englewood’s Proactive Response to COVID-19 |
| 5 Council’s Corner | 10 Englewood’s Proactive Response to COVID-19 |
| Mayor Pro Tem Sierra and Council Member Russell | 11 Local Business Spotlight |
| Planning for Englewood’s Future | Grow + Gather |
| City Council’s Strategic Plan | 12 Englewood Public Library |
| Creating a Sense of Place | Turns 100 |
| Central Business District Improvements | Since 1920, the library has never lost sight of its mission |
| Community Connections | 14 Fun for Everyone |
| Keeping Residents Connected | 15 City News |
| 16 Community Highlights | 17 Get Involved |
| 18 Parks at a Glance | 19 Facility Listing for City Parks |
| 20 Get Out and Explore | Your Guide to City parks |
| 22 General Facility Information | 23 Englewood Recreation Center |
| 24 Malley Recreation Center | 25 Englewood Library |
| 26 Computer / Tech Classes | 27 Broken Tee Golf Course |
| 28 Outdoor / Hiking | 29 Cultural, Enrichment & Education Programs |
| 30 Youth Athletics | 31 Active Kids |
| 32 Aquatics / Water Fitness | 33 Swimming Lessons |
| 34 Pirates Cove | 35 Cultural, Enrichment & Education Programs |
| 36 Excursions / Extended Travel | 37 Youth Athletics |
| 38 Active Kids | 39 Active Adult Fitness |
| 40 Yoga & Tai Chi | 41 Pilates |
| 42 Excursions / Extended Travel | 43 Special Events |
During the 2020 budget discussions in 2019, City staff identified critical funding needs for the City’s three major utilities: Water, Sewer and Stormwater. Our recent assessment of these utilities finds they are underfunded, and necessary maintenance and replacement has been neglected.

The City has developed a financial model based on current available funds, a 5-year capital improvement project plan, targeted fund reserve dollar amounts, and debt servicing financial assumptions. The residential and commercial stormwater rate increases recommended to, and approved by, Council will be implemented gradually from 2020 through 2024. These will fully fund the utility’s current annual maintenance, operations and capital expenses, while establishing an adequate reserve fund for our storm drainage needs.

The study’s findings were conclusive: since 2002, the City has lagged in raising stormwater fees and has continuously fallen behind in funding ongoing maintenance, operations and capital needs as well as underfunded adequate reserves. You can view the infographic on pages 8-9 to gain more detailed knowledge of rate comparisons.

The initial projects and programs identified in the study will increase capacity of the storm sewer in the following areas:
- Oxford Avenue, from Windermere Street/Navajo Street, east to the South Platte River;
- Navajo Street and east along Radcliff Avenue to Rotolo Park;
- Tufts Avenue, west of Broadway, and north along Cherokee Street to the greenway;
- Hampden Avenue from Clarkson Street to Lincoln Street.

A new maintenance program will include cleaning the existing storm sewer to remove debris and sediment; televising the existing storm sewer to determine its condition; installing rain gauges in various locations around the City; repairing or rehabilitating the existing storm sewer, as needed; and collecting GIS data.

The five-year financial plan, increasing revenues from approximately $1 million in 2020 to $3.5 million in 2024, supports debt services on approximately $30 million for the projects above.

While Council never wants to raise rates for our residents and businesses, our aging—and in some cases failing—infrastructure must remain a top priority for the City of Englewood in the years ahead. We hope that the gradual increase over time will ensure that our infrastructure can perform at a standard we all expect.

Again, thank you for all you are doing to make our community safer and healthier in the months ahead. Be well.

Linda Olson, Mayor lolson@englewoodco.gov +303-503-4020

Mayor Linda Olson
District 2
303-503-4020

Mayor Pro Tem Othoniel Sierra
District 1
720-551-3301

Joe Anderson
District 3
720-998-6116

Dave Cuesta
District 4
720-634-6133

Rita Russell
At Large
303-639-6181

John Stone
At Large
720-987-8091

Cheryl Wink
At Large
720-409-0876

The suddenness of the COVID-19 pandemic has impacted every household, every business, and everyone’s lives. While this most certainly has had a negative impact on all of us, it has been very encouraging to see the entire community mobilize quickly to help one another.

We’ve seen many examples of the community taking steps to help our residents such as change the trend providing grocery delivery for our elderly or those with heightened risk, Englewood Schools delivering Chromebooks to students for the start of remote learning and also providing a daily lunch/breakfast option for community members. It’s also planning to celebrate the graduating class of 2020 by hosting a responsible, socially-distanced parade in the coming months. The City has looked to connect people virtually by setting up weekly community sharing circles and also partnering residents with one another through our phone buddies program to provide some social interaction while we’re limited by social distancing guidelines.

The impact to businesses has been equally as swift with most having to shut their doors and reduce staff. With expenses still coming due, the City quickly repurposed an existing business grant to the COVID-19 Small Business Support and Recovery Grant, providing $2,000 to over 100 Englewood small businesses. The Englewood Chamber of Commerce rapidly mobilized as well, holding regularly scheduled calls with local businesses and providing feedback to staff while also compiling lists of Englewood small businesses that remain open as part of the #TimerForTakeout campaign.

It is in unprecedented times like these we see the true nature of the City of Englewood, one of helping, compassion and forward thinking. It is inspiring to see Englewood citizens fall back on the true nature of who we are as a City. We come together and hold one another strong.

Othoniel Sierra, Mayor Pro Tem, District 1
oserra@englewoodco.gov, 720-551-3301

These past couple of months have been a very harrowing time for us. It has been a time of unprecedented lockdown marked by a loss of loved ones, increased unemployment, business closures and a general feeling of uncertainty. Since the day this all began, our lives have changed dramatically. We have voluntarily stayed at home to protect others and ourselves from the spread of this pandemic. We can get through this together!

This is not the first time Englewood has faced difficulties. Over the years, there have been many situations that threatened to overwhelm and defeat us. I am reminded of the Platte River flood in the early 60s, the oil crisis in the 70s, a couple of recessions, the swine flu and most recently the flash flood of 2018. In all of these situations, I saw neighbors coming together to help each other in their times of distress!

What we are facing right now seems to be more daunting than all these past events, but the solution is the same. I have already seen it happening in our neighborhoods, at the grocery store and waiting in line for takeout—people helping people. First responders and businesses that adapted to help us. You are all doing an amazing job!

Today the sun came up, the spring flowers are blooming, the birds are singing and people are ready to get their lives back to normal. Businesses are preparing to reopen following strict guidelines to keep us all safe. It has been a difficult time for everyone. We have put our lives and our livelihoods on hold not knowing the outcome. We need to continue helping each other and together we will get through this difficult time!

God Bless You All! Together We Will Make a Difference!

Rita Russell, Council Member, At Large
ritacouncil@comcast.net, 303-639-6181
A ROADMAP FOR THE FUTURE
Council’s Vision and Strategic Plan
The City has created a roadmap to assist City Council with developing a Vision and Strategic Plan that will help guide the future of Englewood for years to come. The process includes community feedback on the Final Plan and will be used as a guide for Council decisions, City operations and spending priorities. To see the plan and give feedback, visit englewooco.gov/strategicplan.

A ROADMAP FOR THE FUTURE
Council’s Vision and Strategic Plan
The City has created a roadmap to assist City Council with developing a Vision and Strategic Plan that will help guide the future of Englewood for years to come. The process includes community feedback on the Final Plan and will be used as a guide for Council decisions, City operations and spending priorities. To see the plan and give feedback, visit englewooco.gov/strategicplan.

CREATING A SENSE OF PLACE
Englewood’s Central Business District gets ready for a facelift
The City of Englewood is a bustling hub of activity. We have unique restaurants and businesses, world-class healthcare, a robust transportation network, a thriving arts community and so much more. However, one of the City’s challenges is to create a unique “sense of place” that differentiates us from other communities. To many, it is unclear when you’ve entered or exited Englewood’s city limits. The Central Business District includes Civic Center, South Broadway and Old Hampden, which are unique places within the community and have the potential to be a gathering place for residents and an attraction for those in the surrounding Denver metropolitan area. But, these areas lack a strong identity. Over the next few months, the City will be working with a local steering committee to develop a Wayfinding and Placemaking Master Plan. That Master Plan is intended to provide the City with ideas and concepts that reinforce the City’s identity. This includes recommendations for public art installations; lighting; landscaping; and wayfinding signage to help navigate and identify Englewood. This project includes an opportunity for residents and businesses to provide their feedback regarding design preferences. Visit englewooco.gov to learn more and follow along with our progress.

WHO ARE MY NEIGHBORS?
Get to Know Your Neighbor Grant
This new grant gives neighbors an opportunity to get to know their neighbors. The grant is intended to remove any barriers that keep you from connecting with your neighbors. The grant (which comes in amounts of $100, $300 or $500) can be used for food, supplies or activities for a neighborhood get-together or event, like a block party, ice cream social, parade, neighborhood clean up, etc. Residents from any Englewood neighborhood can apply online at englewooco.gov/neighborhoods.

Mobile Community Outreach Stand
In an effort to encourage informal neighborhood participation, Hinkfuss will set up the Mobile Community Outreach Stand in a variety of neighborhoods and parks throughout the summer. The stand will have yard games, and Hinkfuss along with various other community leaders (council members, police officers, etc) will serve soft drinks/lemonade to residents in the neighborhood. For schedules, to sign up, or to find out more about any of these resources, visit the Neighborhood Resources Program website at englewooco.gov/neighborhoods.

For schedules, to sign up, or to find out more about any of these resources, visit the Neighborhood Resources Program website at englewooco.gov/neighborhoods.

ENGLEWOOD PLAN
Strategic Plan
The City has created a roadmap to assist City Council with developing a Vision and Strategic Plan that will help guide the future of Englewood for years to come. The process includes community feedback on the Final Plan and will be used as a guide for Council decisions, City operations and spending priorities. To see the plan and give feedback, visit englewooco.gov/strategicplan.

A ROADMAP FOR THE FUTURE
Council’s Vision and Strategic Plan
The City has created a roadmap to assist City Council with developing a Vision and Strategic Plan that will help guide the future of Englewood for years to come. The process includes community feedback on the Final Plan and will be used as a guide for Council decisions, City operations and spending priorities. To see the plan and give feedback, visit englewooco.gov/strategicplan.

CREATING A SENSE OF PLACE
Englewood’s Central Business District gets ready for a facelift
The City of Englewood is a bustling hub of activity. We have unique restaurants and businesses, world-class healthcare, a robust transportation network, a thriving arts community and so much more. However, one of the City’s challenges is to create a unique “sense of place” that differentiates us from other communities. To many, it is unclear when you’ve entered or exited Englewood’s city limits. The Central Business District includes Civic Center, South Broadway and Old Hampden, which are unique places within the community and have the potential to be a gathering place for residents and an attraction for those in the surrounding Denver metropolitan area. But, these areas lack a strong identity. Over the next few months, the City will be working with a local steering committee to develop a Wayfinding and Placemaking Master Plan. That Master Plan is intended to provide the City with ideas and concepts that reinforce the City’s identity. This includes recommendations for public art installations; lighting; landscaping; and wayfinding signage to help navigate and identify Englewood. This project includes an opportunity for residents and businesses to provide their feedback regarding design preferences. Visit englewooco.gov to learn more and follow along with our progress.

WHO ARE MY NEIGHBORS?
Get to Know Your Neighbor Grant
This new grant gives neighbors an opportunity to get to know their neighbors. The grant is intended to remove any barriers that keep you from connecting with your neighbors. The grant (which comes in amounts of $100, $300 or $500) can be used for food, supplies or activities for a neighborhood get-together or event, like a block party, ice cream social, parade, neighborhood clean up, etc. Residents from any Englewood neighborhood can apply online at englewooco.gov/neighborhoods.

Mobile Community Outreach Stand
In an effort to encourage informal neighborhood participation, Hinkfuss will set up the Mobile Community Outreach Stand in a variety of neighborhoods and parks throughout the summer. The stand will have yard games, and Hinkfuss along with various other community leaders (council members, police officers, etc) will serve soft drinks/lemonade to residents in the neighborhood. For schedules, to sign up, or to find out more about any of these resources, visit the Neighborhood Resources Program website at englewooco.gov/neighborhoods.
The stormwater system prevents flooding and sink holes by carrying water from rainstorms away from land, streets and parking lots and into the South Platte River. Many of the pipes that carry this water are nearly 65 years old and are too small for the volume of water.

Englewood’s water is clean, but older pipes from the source to your home can cause poor taste and discoloration. Replacing these lines will improve drinking water quality.

The South Platte Wastewater Plant treats our wastewater and returns it to nature.

Our infrastructure components must be continuously improved to ensure the city’s sewer, water and storm runoff systems are properly functioning to serve our community and keep our residents safe. Many elements of our systems are more than 90 years old, well beyond their recommended lifespan, and are in urgent need of replacement. Englewood has over 300 miles of water, sewer or stormwater pipes, many of which must be repaired or replaced over the next 15 years. And, both treatment plants require significant mechanical improvements.

Flow it Forward is Englewood’s ongoing plan to replace our outdated systems and properly maintain them in the future.

Englewood’s Plan for Water, Sewer and Stormwater Infrastructure

The Costs Facing Englewood

- $35 Million for storm drainage over the next five years
- $168 Million for drinking water repairs over the next 15 years
- $60 Million for sewer repairs over the next 15 years

Englewood estimates about $263 Million to complete all infrastructure improvements.

- $35 Million for storm drainage over the next five years
- $168 Million for drinking water repairs over the next 15 years
- $60 Million for sewer repairs over the next 15 years

Englewood residents keep our city thriving by Flowing It Forward.

Englewood residents keep our city thriving by Flowing It Forward.

How Do We Stack Up?

Depending on the final needs for the water and sewer infrastructure repairs and replacements (similar to investments underway currently for stormwater), rates will need to increase accordingly beginning in 2021.

Average Monthly Water & Sewer Rates for Other Cities

- $133.90
- $111.70
- $108.98
- $105.49
- $102.98
- $99.49
- $90.59
- $82.52
- $73.13
- $72.75
- $70.57
- $57.49
- $46.86

*Estimated monthly residential total rate comparison at 6kgal for water and wastewater for fiscal year 2020. Rates do not include stormwater.
Throughout the COVID-19 pandemic, the City of Englewood and the Englewood community have been incredibly responsive, acting quickly to prioritize the safety of residents, the needs of local businesses, and launching new programs to support the community in new ways.

Englewood took the threat of the pandemic seriously from the beginning. Arapahoe County, working in unison with the City, activated its Emergency Operations Center (EOC) to Level 3 on February 27. The next day, communications staff partnered with the Joint Information Center to ensure clear, consistent and timely information was delivered to residents throughout the County.

City Manager Shawn Lewis acted quickly to declare a local disaster emergency on March 13, initiating more local funding and support from state and federal resources. On March 17, the EOC responded to Level 1, with full activation and additional staff. Just days later, all City facilities were closed, and City Council moved to virtual meetings.

In partnership with The Greater Englewood Chamber of Commerce, the Time-for-Takeout campaign was launched in mid-March. This was a joint effort to support local restaurants and encourage residents to order food and beverages. The take-away service is what has saved many restaurants from having to shut down entirely during the duration of the pandemic.

While urging residents to stay home, the City also launched its Small Business Support and Recovery Grant. When initially launched, 100 Englewood businesses affected by the pandemic each received $2,000 grants within three weeks. Vaneet Gupta, owner of Digital City, said his business benefited from the support.

“Time for Takeout” campaign begins.

“Everyone we worked with along the way was helpful, supportive and excited about what we were doing,” he said.

Throughout the shelter-in-place order, Englewood worked to offer virtual programs to keep residents healthy and connected. The Englewood Virtual Recreation Center launched in April, offering resources for staying active. The Neighborhood Resources Program quickly set up initiatives to allow residents to stay connected and foster community while staying at home. The Virtual Community Sharing Circle has at least 10 attendees each Friday. For more information, visit englewoodeo.gov/neighborhoods.

The community has a lot to be proud of when it comes to our collective response to this global disaster. The City reopened with minimal staffing levels on May 4 and reopened to the public on May 11, in accordance with state guidelines. If you can do business with the City virtually, please continue to do so. We will continue to do everything in our power to keep residents safe and well informed.

For more information on response and recovery, please visit englewoodeo.gov/coronavirus or englewoodeo.gov/recovery.

MEET GEORGE GASTIS, THE GREEN THUMB BEHIND ENGLEWOOD’S GROW + GATHER

You can’t get much more local than eating fresh produce that was grown on the roof above your head. George Gastis, owner and founder of Grow + Gather—an urban farm, restaurant and market, saw potential in the Old Hampden neighborhood in Englewood’s medical district and bought a building.

After 25 years in the tech and marketing field, Gastis followed his passion for great food, gardening, and cooking. He saw potential in the Old Hampden neighborhood in Englewood’s medical district and bought a building.

With such a unique concept involving a farm, restaurant and market, Grow + Gather did not fit into any particular zoning category, requiring Gastis to work with the City and zoning commission throughout the process.

“When the community shut down due to the COVID-19 crisis, Grow + Gather took steps to make sure employees stayed on the payroll and food continued to be supplied from farm to fork. Employees agreed to take pay cuts across the board in order to ensure all staff could remain at work. While business may have halted at the restaurant, employees who would have been busing tables or pouring drinks were instead assigned to cultivate long-term projects, such as working in the plant greenhouse or installing beehives. The Grow + Gather kitchen also kept busy thanks to donations from the community. Generous patrons contributed money for meals and cookies that were delivered to hospital health care workers and nearby families of patients.

Since opening its doors on Dec. 12 last year, the space has regularly been bustling with visitors. Gastis intentionally designed the space to be accessible, a feature that brings in patients from Craig Hospital and their family and friends.

In addition to shopping and dining, Gastis offers classes as well as unique food experiences, like their Sunday Supper—a family-style meal that brings people together around food. He also has plans to start a farmer’s market.

Like other restaurants in Colorado affected by the COVID-19 outbreak, Grow + Gather had to drop the “gather” temporarily and adopt a takeout-only policy. Officials were still discussing a timetable for easing restrictions when this magazine went to press.
You would never have recognized the Englewood Public Library when it first opened in 1920. From its early beginnings as a single, quiet room to a bustling, super-connected community hub and multicultural gathering space, it consistently continues to adapt to the needs of Englewood residents.

Once upon a time, a girl dreamed of a library
Inspired by her young daughter, an Englewood mother contributed the girl’s life savings—$1.50—to the cost of a future library. It was the first recorded donation to the cause.

Several years later, in May of 1920, a small room was rented in a former mortuary on Broadway for only $35 a month. The library officially opened June 1, 1920. The new service was well-received and by May of 1921, the Library had collected 2,844 donated books that residents with a library card could check out.

Much more than a library
The Englewood Public Library, located on the first floor of the Civic Center, utilizes 35,000 sq. ft. and is a far cry from the quiet study room it once was.

Some of the most popular free offerings for adults include ELL, genealogy and computer classes—including advanced Word and Excel—held in the computer lab.

In addition to classes, the Library fosters local art and food culture by featuring a rotating art exhibit and hosting a reception where visitors can meet the artist as well as sample local cuisine from an Englewood restaurant.

The Library encourages and promotes literacy, even to the City’s youngest residents, through storytimes, after-school programs, summer reading and special events for tweens and teens. The monthly “messy process” art project allows young children to explore the process of creation without too much focus on the end product. The popular after-hours teen programs include activities like escape rooms, murder mystery dinners, and lots of opportunities to run around the Library playing capture the flag and hide and seek.

Epilogue: Here to stay
“We know we’re not going anywhere,” Adult Services Librarian Michelle Brandstetter said. “People who think that libraries are going out of business clearly haven’t been to a library in a long time.” The Library is dynamic and continues to adapt to the changing needs of its community.

“By providing access to an additional 30+ million items, even after all these years we are finding ways to keep our collection fresh and interesting for our patrons,” added Megan Kennedy, Access Services Librarian.

The Library already has immediate plans to expand resources offered by utilizing Prospector, a combined catalog of libraries across Colorado and Wyoming, adding access to university libraries. “Providing access to an additional 30+ million items, even after all these years we are finding ways to keep our collection fresh and interesting for our patrons,” added Megan Kennedy, Access Services Librarian.

Did you know, statistics show that people visit their public library more often than they attend NFL, NHL, NBA, Nascar, and movie theaters combined?

Since June 1, 1920 the Library has never lost sight of its mission

Even with the library closed to the public during the COVID-19 situation, library staff continues to provide some services to residents by answering phone calls and emails, and in many situations directing people to coronavirus resources.
Hey, Englewood… Meet Frank!

Get a behind-the-scenes look at your City’s street maintenance crew

Our new Public Works educational series, Frank on Main, answers the where, when and why of street maintenance around Englewood.

Episodes provide helpful information about how neighborhoods around the City are chosen for routine and major maintenance. Viewers will also get a behind-the-scenes look at a typical day in the life of our hardworking staff.

Frank on Main episodes can be found on Englewood’s YouTube channel “City of Englewood Colorado.” Tune in, meet Frank, and stay up to date on the ways we’re keeping Englewood streets safe and smooth for you.

Movies in the Park

Free movie nights at sundown throughout the summer. Vote for your movie selection beginning in May on the City’s website. Arrive early for games and to hang out with neighbors and friends! Movie locations subject to change due to COVID-19.

Summer Themes and Locations Include:

Friday, July 10
Christmas in July at Broken Tee Golf Course (2101 W. Oxford Ave.)

Friday, August 7
Back to School at Bates Logan Park (2938 S. Logan St.)

Saturday, August 22
New Release Night at Jason Park (4299 S. Jason St.)

Keep Englewood Beautiful Events

These fun and convenient events help you keep your home, yard and neighborhood clutter-free.

Saturday, June 27
Litter Clean-Up at Belleview Park

Wednesday, August 5
WaterWise Education Series

Saturday, September 12 & 19
Household Hazardous Waste Recycling

October/November
Leaf Recycling

CANCELED:
2020 4th of July Family Festival and Fireworks Show

The City has made the difficult decision to cancel the popular 4th of July Family Festival and Fireworks Show for 2020. This decision was made after consulting with event partners, including the cities of Sheridan and Littleton, Arapahoe County and South Suburban Parks and Recreation District. The safety and well-being of our community and employees are our primary concern and we hope that you find safe and fun ways to celebrate our nation’s independence on your own.

Save the Date for This Community Favorite:
Englewood Block Party
Saturday, August 29
3400 block of South Broadway

See the Inside Front Cover and page 1 for Sunset Concert Series and KidStage Event Listings.

Event dates and times are subject to change. Visit Englewoodco.gov for the most up-to-date event information.

Rauschenberg Reflections and Ruminations
Extended to July 18, 2020!

Presenting over 50 artworks by Robert Rauschenberg, one of the most influential American artists of the 20th century.

MOAonline.org
Located on the 2nd floor of the Englewood Civic Center

Don’t Get Left Out

Complete the 2020 Census today

Every decade, we get one chance to collect accurate Census data to help make sure we have the funding for our schools, roads, hospitals and more. Every single person is critical to helping achieve a full and accurate count. Responding is easy, fast and secure. You can respond by phone, online or mail. Visit 2020Census.gov to respond online.
COMMUNITY HIGHLIGHTS

COMMUNITY HIGHLIGHTS

YOU +
FEEDBACK =
POSITIVE CHANGE

Input Now! is a new online platform for residents to share feedback.
Now you can provide important feedback to City leaders from the comfort of your home.
Using a new virtual town hall platform called Input Now!, the City of Englewood has made it even easier to collect and share ideas from the community.

The City will post important topics, share background materials and data, and ask questions for the community to answer. City Council and staff are eager to get your input and share your thoughts. Your participation is important and will help inform their decision-making process.

Let your voice count!
Signing up is easy to do. The first time you log onto Input Now!, you will be asked to share your name, zip code, and email address. This information will help us verify that you are an Englewood resident, although anyone can participate. An email address is needed only to provide you with updates and more opportunities to share your thoughts on a topic. Your email address will never be shared or sold, and comments are confidential and completely anonymous.

ASSESS YOUR ASH TREES
How to care for trees on your property

Start now to assess your existing trees and note their condition. Do they need pruning, a trim, fertilizer or should they be removed? Plan to address those needs now and conduct an inventory of your ash trees.

You can identify ash trees yourself using an online tool at beasmartash.org or download the app “EAB/Ash Tree ID.” Alternatively, you can contact a local arborist for assistance.

SAVE OUR TREE CANOPY
Trees, whether on public or private property, provide the very necessities of life. They clean our air, protect our drinking water, create healthy communities and feed our soul. Currently, it’s estimated that more than 150,000 trees reside on private property in Englewood.

The City of Englewood has a special rule to address proper maintenance of trees. It states that it is the responsibility of homeowners to maintain, remove and protect trees on their property, as well as trees on the public right of way adjacent to their property. Failure to do so may result in fines and a Municipal Court summons.

Many of our trees are dead or dying and we anticipate that 22,500 ash trees currently residing on private property could die within the next five years due to an infestation of the Emerald Ash Borer (EAB). EAB is a boring beetle that is destroying ash trees and our urban tree canopy on private property, as well as trees on the public right of way adjacent to their property. Failure to do so

ASSOCIATE JUDGE NEEDED
Application Deadline: June 30
Englewood Municipal Court is seeking a relief associate judge.

QUALIFIED APPLICANTS MUST:
• Be an attorney-at-law admitted to practice in Colorado;
• Have a minimum of two years’ experience in the active practice of law;
• Be a registered elector of the City.

HOW TO APPLY:
Submit a resume and letter of intent to the Presiding Englewood Municipal Judge, Joe Jefferson, at 1000 Englewood Parkway, Englewood, CO 80110.

Judge Jefferson will recommend the selected candidate to City Council for appointment to a four-year term.

QUESTIONS?
Contact Tamarra Wolfe, Englewood Court Administrator/Director, at 303-762-2587.

DOWNTOWN PLAN AND ECONOMIC RELIEF
Downtown Plan to Include COVID-19 Economic Recovery

The Downtown Matters team continues to develop an action plan for downtown Englewood and is currently refocusing the plan to respond to unprecedented disruption caused by the coronavirus pandemic.

“This is a tremendously difficult time for businesses, and we hope that the strategies developed in the downtown action plan can help businesses bounce back quickly,” said Shawn Lewis, Englewood City Manager.

The City’s Chef Redevelopment Officer Dan Poremba has noted that Downtown Development Authorities in many communities are working to help prepare property owners and business owners to recover from coronavirus. “Working with the Steering Committee, we’ll design Englewood’s Downtown Development Authority to make recovery the top short-term priority.”

Business Emergency Relief
The City is administering support and recovery grants for small businesses up to $2,000. Qualifications and details can be found on the City website.

The Greater Englewood Chamber of Commerce is posting information about local, state and federal economic relief programs for businesses and employees. They’re also promoting restaurants offering take-out services. More information can be found at MyEnglewoodChamber.com.

The Downtown Matters action plan will also encourage workweek customers to patronize local restaurants, bars and stores, so when shops and restaurants reopen, they’ll be filled with local workers.

To learn more about the Downtown Matters initiative, visit englewoodco.gov/government/englewood-downtown-matters.

TAKE THE LEAD
Be responsible, be courteous

5 rules for off-leash areas:
• Keep a leash handy
• Keep dogs out of playgrounds, shelters and athletic fields
• Be respectful of others enjoying the parks, too
• Pick up after your pet
• Be mindful that some people, including those with leashed dogs, may feel threatened if approached by an unleashed dog

Englewood parks with off-leash areas:
Canine Corral · 4848 S. Windermere · 6 a.m. to 10 p.m.
Centennial Park · 4630 S. Decatur St
Duncan Park · 4880 S. Pennsylvania St.
Jason Park · 4299 S. Jason St.
Northwest Greenbelt · Zuni to Pecos along Harvard Gulch near Vassar Avenue

Dogs may remain off-leash and must be under voice control during the following times:
• March – October: 6:11 a.m. and 6:11 p.m.
• November – February: 6 a.m. – 11 p.m.

CODE QUESTIONS? Visit englewoodco.gov.
CODE VIOLATION OR COMPLAINT? Call 303-762-2335, email codeenforcement@englewoodco.gov or submit a service request online.
GET INVOLVED

HOW ARE WE DOING?

Take our survey and be heard

The City of Englewood is conducting a citizen survey to gauge satisfaction with municipal government service delivery and measure perceptions of the City. It’s important to routinely check in with the community to see how we’re doing, and your feedback will help the City better plan for our future.

By partnering with National Research Center (NRC), a third-party research firm, we are also able to compare community satisfaction with peer cities and other municipalities across the Front Range.

What will we ask?
The survey will focus on community livability and includes questions about your quality of life, local policies, demographics, rating of local government services and other important topics such as off-leash dog rules.

POLICE NEWS

JEREMY BITNER FALLEN OFFICER RACES GO VIRTUAL

Due to the recent coronavirus outbreak, the 8th Annual Jeremy Bitner Fallen Officer 5K/10K Run and 5K Walk has been postponed. However, there are still opportunities to participate safely and from a distance through virtual races.

The rules are simple, sign up online at bitnermemorialfund.org and complete your own 5K/10K run or 5K walk between June 1 – June 30, 2020. When you’re done, post your results to the Jeremy Bitner Fallen Officer Fund Facebook page. Participants will receive a race T-shirt after June 30. Help support families of fallen officers while staying active!

Who can take the survey?
A random and scientific sample of 1,700 households will receive invitations to participate by mail and their confidential responses will be weighted and analyzed. Surveys will be mailed in mid-May. If you receive a request to participate, we hope you’ll take the time to share your thoughts with us. Have questions about the survey? Contact Communications Manager Chris Harguth at charguth@englewoodco.gov.

THANKS FOR FEEDING US, ENGLEWOOD!

Our local businesses and residents have really stepped up to support first responders! Over the last month, the Englewood Police Department has received donations of food from Gallo Supper Club, Steakhouse 10, Cafe 180, Taco Truck and Breakfast Queen. Caring residents have also donated pizzas and delivered cases of Girl Scout cookies, which have really helped us keep our spirits up.

We’re all in this together and appreciate the support of everyone in the community! Thank you, from the bottom of our hearts!

Sincerely,
Englewood Police Department

PARKS AT A GLANCE

BAKER PARK  2200 W. Wesley Ave.
BARDE PARK  3150 S. Downing St.
BATES/LOGAN PARK  2938 S. Logan St.
BELLEVIE PARK  5001 S. Inca Dr.
CENTENNIAL PARK  4630 S. Decatur St.
CLARKSON PARK  2795 S. Clarkson St.
COLORADO’S FINEST HIGH SCHOOL OF CHOICE  300 W. Chenango Ave.
CUSHING PARK  700 W. Dartmouth Ave.
DUNCAN PARK  4880 S. Pennsylvania St.
EMERSON PARK  2929 S. Emerson St.
JASON PARK  4299 S. Jason St.
ROMANS PARK  1800 E. Floyd Ave.
ROTOLO PARK  4401 S. Huron St.

LOOKING FOR SOMETHING NEW? Come explore Englewood’s newest playground at Jason Park!
**Park and Open Space Area Hours:**
7 days a week, 6:00 am – 11:00 pm.

**Pavilion Reservations:** Pavilion reservations begin online January 2 at www.englewoodco.gov/parks. Pavilions are available for rental April 18 – October 18, 2020.

**Park Use Permits:** Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit, $100 permit fee, and evidence of additional insurance. No more than four Park Use Permits will be issued to the same group or individual during a calendar year. Call 303-762-2684 for more details about Park Use Permits.

**Special Event Licenses:** Call 303-762-2490 for Special Event requirements, fees and licenses.

**Englewood Farm and Train:** Opens Saturday, June 7. Closes Monday, September 7. NEW HOURS: 9:30 am – 3:30 pm. $2.50/person per visit. Kids under 24 months old are free.

**Drug and Alcohol Policy:** Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

**No Smoking:** All Englewood parks are smoke and vape free.

**GET OUT AND EXPLORE!**

**DOGS IN YOUR PARKS**
Please pick up after your dog and follow posted guidelines so everyone can enjoy your parks at all times.

**Canine Corral:** 4848 S. Windermere St. Open daily from 6:00 am – 11:00 pm. Dogs must be under voice control at all times and have current vaccinations. Additional requirements can be found online.

**Athletic Field Use:** Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for field rental information and availability.

**Athletic Field Use:** Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

**No Smoking:** All Englewood parks are smoke and vape free.

**City Facilities and Parks**

**Englewood Public Library Celebrates 100 Years**

Residents can register starting Wednesday, May 13
All others can register starting Friday, May 15

Due to COVID-19, some programs may be canceled or postponed and may require physical distancing practices.
COVID-19 UPDATE: Virtual recreation classes are available online at englewoodco.gov. Englewood recreation centers will reopen when local health officials determine it is safe to do so.

RECREATION FACILITIES

ID CARD
All program and center participants are required to obtain an ID Card for access.

Resident ID Cards
$3 – valid 3 years from date of purchase. Englewood residents must obtain a Resident ID card for each member of the family who wishes to receive the Resident Fee rate. A valid photo ID with current address or documentation verifying current Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. Create a household account to register online.

Non-Resident ID Cards
Non-Residents will receive their first ID Card for free. (No card needed for spectators or rental guests.)

Gymnasium
Full size gym for basketball, volleyball and other court activities.

Fitness Amenities
Cardiovascular rooms including ellipticals, stationary cycles and treadmills. Comprehensive weight rooms including free weights and weight bearing machines.

Locker Rooms
Showers and lockers available to all paid guests; bring your own lock and towel.

Facility Rentals
Our Recreation Centers and Community Parks offer individual and group rentals (classrooms, pools, gym, multipurpose rooms, kitchen and park shelters) to host your next meeting, gathering or celebration. Please visit englewoodco.gov for current rental information.

Corporate Rates
Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for significantly discounted Corporate Rates. Please contact 303-762-2680 or recreation@englewoodco.gov.

Individuals with Disabilities Program
The City of Englewood strives to mainstream individuals with disabilities into our recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation to receive equal opportunity of inclusion. For additional information contact 303-762-2680 or recreation@englewoodco.gov.

Financial Assistance for Englewood Residents
Please contact 303-762-2680 or recreation@englewoodco.gov.

NEW Wellness Insurance Programs (WIP)
Englewood and Malley Recreation Centers will honor new Wellness Insurance Programs starting in 2020. These include SilverSneakers and Renew Active. Please check with your insurance provider to determine which program they are offering so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare Supplement plan (Medigap). Contact your health insurance provider for eligibility.

Wellness Insurance Programs (WIP)
Englewood and Malley Recreation Centers will honor new Wellness Insurance Programs starting in 2020. These include SilverSneakers and Renew Active. Please check with your insurance provider to determine which program they are offering so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare Supplement plan (Medigap). Contact your health insurance provider for eligibility.

Center Admission
Admission includes use of fitness amenities (pool, weight rooms, cardio, ZONE functional training room, running track (6.5 laps = 1 mile), gymnasium and racquetball/walleyball/handball courts).

Recreational Facilities
The Englewood Recreation Center (ERC), a full-service community facility, offers activities for all ages. Currently, the center offers an indoor track, 25-meter eight-lane pool, The ZONE functional training center, four racquetball/walleyball courts, gymnasium, cardiovascular and weight training rooms.

Center Admission
Admission includes use of fitness amenities (pool, weight rooms, cardio, ZONE functional training room, running track (6.5 laps = 1 mile), gymnasium and racquetball/walleyball/handball courts).

Hours of Operation:
M-Th: 5:30 am – 10:00 pm
Sa & Su: 5:30 am – 5:00 pm
Pool closes 30 minutes before center closes

Center Closures:
Saturday, 7/4
Pool will be closed 8/8 – 9/7
for annual maintenance.
ERC’s annual closure will be determined based on projects needed to be completed.

RECREATION STAFF
Senior Recreation Supervisors
Brad Anderson – Aquatics
Allison Boyd – Facility/Programs
banderson@englewoodco.gov
aboyd@englewoodco.gov

Englewood Recreation Center
Sara Stant
Joyce Musgrove
Kathy Wallace – Aquatics
jmsugrove@englewoodco.gov
kwallace@englewoodco.gov
sstant@englewoodco.gov

Malley Recreation Center
Cheryl Adamson
Shelly Fritz-Pelle
cadamson@englewoodco.gov
sfritz@englewoodco.gov

Open Space Activities Supervisor
Lindsay Peterson
lpeterson@englewoodco.gov

The ZONE
Check out this functional training system that will elevate your workout. Multiple exercise stations that can be customized to meet your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform and dozens of attachment points for straps. Tetro Performance offers a variety of fitness classes using The ZONE. Register online at tetroperformance.com and check out page 45 for current classes.

Englewood Recreation Guide — englewoodrec.org
**MALLEY RECREATION CENTER — Where Fun Never Gets Old!**

For ages 55 and better - 303-762-2660 3380 S. Lincoln Street

The Malley Recreation Center and programs promote healthy lifestyle and social activity. Enriching programs including fitness, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities, arts and crafts, and more. Home to the highest quality Pilates Reformer machines.

Participants 55 years of age and older receive class/program registration priority; adults 18 years and older may register for classes/programs based on availability. The Malley Fitness area and computer access are not available for those under age 55. All classes and special events are available to all ages.

**Wellness Insurance Programs (WIP)**

Englewood and Malley Recreation Centers will honor new Wellness Insurance Programs starting in 2020. These include SilverSneakers and Renew Active. See page 22 for more information.

**Volunteers of America (VOA) Nutrition Program**

Malley Recreation Center and Volunteers of America team up to serve a great lunch Monday through Friday from 11:30 am – 1:00 pm. Reservations are required and must be made by noon two days in advance; reservations for Monday and Tuesday must be made by noon on the previous Thursday. Please call 303-762-2660 to reserve your space. Monthly menus are available online at englewoodco.gov or at the front desk. Suggested donation is $2.50 for ages 60 or over; or a spouse of an eligible person. For guests under 60 years, it is $5.80.

**Visiting Nurse Association**

Provides quality, affordable health care including foot care, blood pressure checks, and monitoring of chronic conditions. Appointment only. Call 303-698-6496.

**Social Pass**

This pass allows 12 months of access to all the Malley Recreation programs that do not include a class number. Activities with this pass include fitness center, game room, computers, bridge, bunco, billiards, lobby access, table tennis, pickleball and drop-in gym.

**Picklesball**

Pickleball is a low-impact, active game combining elements of badminton, tennis and table tennis. Players use paddles and a plastic ball in a court with a low net. It’s easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required.

**RECREATION FACILITIES**

**MALLEY RECREATION CENTER SOCIAL PASS**

<table>
<thead>
<tr>
<th>Self-Led Programs — Requires Social Pass</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class</td>
</tr>
<tr>
<td>-------</td>
</tr>
<tr>
<td>Bunka Embroidery</td>
</tr>
<tr>
<td>BYOC Crochets Group</td>
</tr>
<tr>
<td>Oil Painting Group</td>
</tr>
<tr>
<td>Drop-in Woodcarving</td>
</tr>
<tr>
<td>Drop-in Woodcarving</td>
</tr>
</tbody>
</table>

*No class 7/4

**DROP-IN PROGRAMS — REQUIRES SOCIAL PASS**

<table>
<thead>
<tr>
<th>Drop-in Programs — Requires Social Pass</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class</td>
</tr>
<tr>
<td>-------</td>
</tr>
<tr>
<td>Bridge Group</td>
</tr>
<tr>
<td>Table Tennis</td>
</tr>
<tr>
<td>Retirement Support Group</td>
</tr>
<tr>
<td>Mahjong</td>
</tr>
<tr>
<td>Bunco Bash Fridays</td>
</tr>
<tr>
<td>Movie Time</td>
</tr>
</tbody>
</table>

**ACTIVE ADULT: 55 – 82 Years**

<table>
<thead>
<tr>
<th>Type</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Pass</td>
<td>$48.00</td>
<td>$60.00</td>
</tr>
<tr>
<td>Annual Pass (Multi-Facility)</td>
<td>$215.00 ($28.75/mo)</td>
<td>$356.00 ($29.67/mo)</td>
</tr>
<tr>
<td>Premier Annual Pass</td>
<td>$300.00 ($25.00/mo)</td>
<td>$430.00 ($35.83/mo)</td>
</tr>
<tr>
<td>Platinum Pass (83+)</td>
<td>FREE</td>
<td>FREE</td>
</tr>
</tbody>
</table>

**RECREATION FACILITIES**

**Pickleball**

Pickleball is a low-impact, active game combining elements of badminton, tennis and table tennis. Players use paddles and a plastic ball in a court with a low net. It’s easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required.

**MALLEY RECREATION CENTER SOCIAL PASS**

<table>
<thead>
<tr>
<th>Self-Led Programs — Requires Social Pass</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class</td>
</tr>
<tr>
<td>-------</td>
</tr>
<tr>
<td>Bunka Embroidery</td>
</tr>
<tr>
<td>BYOC Crochets Group</td>
</tr>
<tr>
<td>Oil Painting Group</td>
</tr>
<tr>
<td>Drop-in Woodcarving</td>
</tr>
<tr>
<td>Drop-in Woodcarving</td>
</tr>
</tbody>
</table>

*No class 7/4

**DROP-IN PROGRAMS — REQUIRES SOCIAL PASS**

<table>
<thead>
<tr>
<th>Drop-in Programs — Requires Social Pass</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class</td>
</tr>
<tr>
<td>-------</td>
</tr>
<tr>
<td>Bridge Group</td>
</tr>
<tr>
<td>Table Tennis</td>
</tr>
<tr>
<td>Retirement Support Group</td>
</tr>
<tr>
<td>Mahjong</td>
</tr>
<tr>
<td>Bunco Bash Fridays</td>
</tr>
<tr>
<td>Movie Time</td>
</tr>
</tbody>
</table>

**ACTIVE ADULT: 55 – 82 Years**

<table>
<thead>
<tr>
<th>Type</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Pass</td>
<td>$48.00</td>
<td>$60.00</td>
</tr>
<tr>
<td>Annual Pass (Multi-Facility)</td>
<td>$215.00 ($28.75/mo)</td>
<td>$356.00 ($29.67/mo)</td>
</tr>
<tr>
<td>Premier Annual Pass</td>
<td>$300.00 ($25.00/mo)</td>
<td>$430.00 ($35.83/mo)</td>
</tr>
<tr>
<td>Platinum Pass (83+)</td>
<td>FREE</td>
<td>FREE</td>
</tr>
</tbody>
</table>
ADULT PROGRAMMING

ASL Conversation Circle
Second and fourth Mondays, 4:00 – 5:00 PM
American Sign Language, like other skills humans learn, is reinforced best when shared with others. We welcome fluent signers eager to share their knowledge as well as beginners to practice and expand their mastery. Deaf, hard of hearing, and hearing persons are encouraged to join. All ages. No registration required.
Location: Perrin Room

Book Clubs
Join us for one or all of our Library book clubs.
Books @ the Bar
Mailley Book Club
Novels @ Night
Sack Lunch Sagas
Please visit our website or talk with a staff member to learn more about the one you’d like to join. No registration required.

11 Ways to Avoid Family Caregiver Burnout
Sa, 6/13, 2:00 – 3:30 PM
Caring for a parent, spouse, child, relative or friend with serious health issues? Learn how to recognize stress and find ways to take care of yourself. For adults. No registration required.

English Conversation Circle
Fourth Friday of the month, 3:00 – 4:30 PM
If English isn’t your native language, this group could be just what you’re looking for. The facilitator will guide conversation in a casual atmosphere and focus on practical, everyday topics, as well as topics based on interests and needs. For adults. No registration required.
Location: Perrin Room

I Can’t Find My Car Keys, Do I Have Dementia?
Sa, 6/22, 2:00 – 3:30 PM
Understand the facts about dementia, its relation to Alzheimer’s disease and how it can be reversed in some situations. For adults. No registration required.
Location: Anderson Room

Intro to Nonviolent Communication
Sa, 6/6 • 1:00 – 4:00 PM | Sa, 6/20 • 1:00 – 4:00 PM
Based on the Nonviolent Communication (NVC) work of Marshall Rosenberg and grounded in compassion and common human needs. NVC helps transform patterns that often lead to conflict or disconnection from ourselves and others. Please join us for this introductory class and discover ways to transform your life. For adults and teens. Registration encouraged.
Location: Anderson Room

Genealogy: The Next Level
Sa, 6/12 • 1:30 – 3:30 PM | Sa, 6/26 • 1:30 – 3:30 PM
Join professional genealogist, Leah Kloeck, in the first session for an in-depth discussion of the common mistakes made when researching family histories. The second session is a basic examination of DNA tests, and what they can do for the family history researcher, along with an introduction to medical pedigrees. Registration required.
Location: Anderson Room

Let’s Get Crafty – Mug Rugs
Sa, 6/20 • 10:30 AM – NOON
This is your opportunity to broaden your crafting horizons! Join us once a quarter to learn a new craft. We’ll bring the supplies. For adults and teens. Registration recommended.

T.H.I.N.K. P.E.A.C.E.
Sa, 7/25 • 2:00 – 3:30 PM
Learn the proper techniques to respectfully and effectively communicate with someone suffering from dementia or other cognitive issues. For adults. No registration required.
Location: Anderson Room

Tomorrow’s Choices
Sa, 6/13 • 10:30 AM – 12:30 PM | Sa, 6/27 • 10:30 AM – 12:30 PM
It’s never too early to plan for what type of medical treatment you may want at the end of your life. An advanced directive confirms your wishes are carried out if you are not able to communicate with healthcare professionals. Attended this two-weekend workshop to learn more about advanced directives, DNRs and living wills. No registration required.

Visit www.englewoodco.gov/library to grab all the details about our regularly scheduled programs.

CHILDREN’S PROGRAMMING

The following programs are going virtual! These program offerings will include a video component (either live or recorded) and a “take and make” activity. For more information, call the Library, visit our website or follow us on Facebook. No registration required for any of the children’s programs.

Tuesday Fantasy Parties
Come celebrate our summer reading theme “Imagine Your Story” with fun themed parties including fairytales, fantasy, mythology, etc. Music, crafts, themed activities and more. Fun for the whole family!
Tuesday, May 26 at 1:00 PM
Tuesday, June 2, 9, 16, 23, 30 at 1:00 PM
Tuesday, July 7, 14, 21, 28 at 1:00 PM
Tuesday, Aug 4 at 1:00 PM

Thursday Interactive Programs
Join us for fun programs tied to the summer reading theme “Imagine Your Story” including science, crafts, Harry Potter and more. Fun for the whole family!
Thursday, May 28 at 1:00 PM
Thursday, June 4, 11, 18, 25 at 1:00 PM
Thursday, July 2, 9, 16, 23, 30 at 1:00 PM
Thursday, Aug 6 at 1:00 PM

Summer Reading Works
Last fall, in partnership with the Englewood Public Library, the Englewood Public School District tracked the reading levels of summer reading program participants and were pleased to discover that 67% of students who participated in summer reading were able to maintain or increase their reading skills over the summer! To ensure your kids are ready for the new school year, be sure to participate in the Library’s Summer Reading program this year.

Kids receive prizes for each reading goal met, AND they each get a free book when they complete the program. Programs for babies, children and teens!

Summer Reading Registration starts Thursday, May 21
Summer Reading Book Giveaway starts Monday, June 22
Summer Reading Prizes End Sunday, August 16

Stories at the Library
Storytime will be virtual through at least June 30. Visit the Englewood Public Library YouTube channel or follow us on Facebook for our virtual storytime schedule.
Children learn naturally when they read, sing, write, talk and play! Our interactive storytimes combine books, songs, rhymes and fun. Playtime is available after every storytime.

BABYSTEPS
Every Wednesday @ 10:30 AM and 2:30 PM
For children up to 18 months

This lap sit storytime focuses on developing your baby’s preliteracy skills. It will introduce a love for books by using song, movement and rhyme. The program will help improve motor, sensory and social skills with caregiver and baby playtime.

TITTLEOTS
Thursdays and Fridays @ 10:30 AM
For children 3-5 years

This storytime taps into the boundless energy of your toddler. It will engage your children with short stories, finger plays, action rhymes and songs. Your toddler will be learning sounds, letter recognition and new words that will help them grow into pre-readers all while having fun.

PRESCHOOL
Thursdays and Fridays @ 10:30 AM
For children 3-5 years

Pre-readers will improve literacy skills needed in kindergarten. This storytime features longer books accompanied by a variety of activities, including simple crafts, flannel boards, puppetry and dramatics.

Toddlers and Preschool Extra and Messy Art Programs
No registration required.
8/17 Th 10:30 AM MESSY ART
8/27 Th 10:30 AM EXTRA

Visit www.englewoodco.gov/library to grab all the details about our regularly scheduled programs.
Summer Reading: Imagine Your Story
Summer Reading Registration starts Thursday, 5/21
Summer Reading Book Prize Giveaway starts Monday, 6/22
Summer Reading Prizes End Sunday, 8/16

**Teen Book Club**

**One of Us is Lying by Karen M. McManus**

Monday, 6/8 • 3:00 PM
Pay close attention and you might solve this. On Monday afternoon, five students at Bayview High walk into detention. Only four walk out. Simon – creator of the school’s infamous gossip app – is dead. Simon was planning to post juicy reveals about all four of his detention mates, which makes all four of them murder suspects. How far would you go to protect your secrets?

**Sherwood by Meagan Spooner**

Monday, 7/13 • 3:00 PM
Robin of Locksley is dead. Maid Marian doesn’t know how she’ll go on, but the people of Locksley town, persecuted by the Sheriff of Nottingham, need a protector. And the dreadful Guy of Gisborne, the Sheriff’s right-hand, wishes to step into Robin’s shoes as Lord of Locksley and Marian’s fiancé. Who is there to stop them? Marian never meant to tread in Robin’s footsteps—never intended to stand as a beacon of hope to those awaiting his triumphant return. But with a sweep of his green cloak and a flash of her sword, Marian makes the choice to become her own hero: Robin Hood.

A **Blade So Black by L.L. McKinney**

Monday, 8/3 • 3:00 PM
Alice is trained to battle monstrous creatures in the dark dream realm of Wonderland. Yet even warriors have a curfew. Life in real-world Atlanta isn’t always so simple, as Alice juggles an overprotective mom, a high-maintenance best friend, and a slipping GPA. But when Alice’s mentor Hatta is poisoned, she has to find the antidote by venturing deeper into Wonderland than she’s ever gone before. And she’ll need to use everything she’s learned in both worlds to keep from losing her head... literally.

**Teens Shopping Spree**

Sunday, 8/23 • 12:00 PM
Teen shopping spree. Due to COVID-19, the event will be held outdoors. Pre-registration required. Only 25 teens will be allowed. Registration required. 303-762-2560.

**Teen Writers Group**

Join us for our Teen Writers Group.

8/15 M 3:00 PM

**Teen Summer Book Club**

Join us for our Teen Summer Book Club.

8/3 M 3:00 PM

**Teen Programming**

**Tween programming fun continues... but we are moving to Thursday afternoons for the summer! Ages 8-11. No registration required.**

**Teen Tuesday Activities**

Join us for fun summer teen activities.

5/26 Tu 6:00 PM Trivia Tournament
6/2 Tu 6:00 PM Digital Escape Room
6/9 Tu 6:00 PM DIY Notebooks
6/16 Tu 6:00 PM Reader’s Theatre
6/23 Tu 6:00 PM Fandom Night
6/30 Tu 6:00 PM Board Game Night
7/7 Tu 6:00 PM Hack That Painting
7/14 Tu 6:00 PM Digital Escape Room
7/21 Tu 6:00 PM Animation Studio
7/28 Tu 6:00 PM Harry Potter Birthday
8/4 Tu 6:00 PM Dungeons & Dragons

**Teen Book Club**

Join us for our Teen Summer Book Club.

6/8 M 3:00 PM One of Us is Lying
7/13 M 3:00 PM Sherwood
8/3 M 3:00 PM A Blade So Black

**Teen Writers Group**

Join us for our Teen Writers Group.

6/15 M 3:00 PM

**Computer / Tech Classes**

**Due to COVID-19 both June computer classes will be offered virtually. Please visit the Library’s website or Facebook page for information.**

**Excel: Fundamentals**

Excel spreadsheets allow you to easily store, organize, and manipulate data. This class teaches the basics of Excel (inserting text, basic functions, AutoSum, AutoFill and more) by creating a budget and making Excel do all the math for you! Registration required. 6/6 Sa 10:30 AM – NOON ONLINE: SEE WEBSITE

**Internet Wise: Staying Safe Online**

Learn about the tools you can use to limit what’s shared about you online. Find out how browser plug-ins, proxies and the Tor browser can keep your information private. Registration required. 6/20 Sa 10:30 AM – NOON ONLINE: SEE WEBSITE

**Smartphones & Tablets: Letting Go of the Fear**

Learn how to navigate commonly used features on your Windows, Android or Apple smartphone or tablet. Registration required. 7/6 M 5:30 – 7:00 PM PERRIN ROOM

**Excel: Formatting**

Have you taken our basics class? It’s time to move on and expand your Excel knowledge. Learn about conditional formatting, freezing rows and using tables. Basic Excel skills necessary. Registration required. 7/18 Sa 10:30 AM – NOON LIBRARY TECH LAB

**Excel: Sort & Filter**

Use the sort and filter features in Excel to organize your data so you can easily find the information you are looking for. Basic Excel skills required. Registration required. 8/1 Sa 10:30 AM – NOON LIBRARY TECH LAB

**eMedia: Downloadables**

Step into the wonderful world of eResources! Learn about downloading audiobooks, eBooks, eMagazines, and streaming music and movies. For adults and teens. No registration required. 8/8 M 5:30 – 7:00 PM PERRIN ROOM

**Computer / Tech Classes**

**Due to COVID-19 both June computer classes will be offered virtually. Please visit the Library’s website or Facebook page for information.**

**Excel: Fundamentals**

Excel spreadsheets allow you to easily store, organize, and manipulate data. This class teaches the basics of Excel (inserting text, basic functions, AutoSum, AutoFill and more) by creating a budget and making Excel do all the math for you! Registration required. 6/6 Sa 10:30 AM – NOON LIBRARY TECH LAB

**Internet Wise: Staying Safe Online**

Learn about the tools you can use to limit what’s shared about you online. Find out how browser plug-ins, proxies and the Tor browser can keep your information private. Registration required. 6/20 Sa 10:30 AM – NOON LIBRARY TECH LAB

**Smartphones & Tablets: Letting Go of the Fear**

Learn how to navigate commonly used features on your Windows, Android or Apple smartphone or tablet. Registration required. 7/6 M 5:30 – 7:00 PM PERRIN ROOM

**Excel: Formatting**

Have you taken our basics class? It’s time to move on and expand your Excel knowledge. Learn about conditional formatting, freezing rows and using tables. Basic Excel skills necessary. Registration required. 7/18 Sa 10:30 AM – NOON LIBRARY TECH LAB

**Excel: Sort & Filter**

Use the sort and filter features in Excel to organize your data so you can easily find the information you are looking for. Basic Excel skills required. Registration required. 8/1 Sa 10:30 AM – NOON LIBRARY TECH LAB

**eMedia: Downloadables**

Step into the wonderful world of eResources! Learn about downloading audiobooks, eBooks, eMagazines, and streaming music and movies. For adults and teens. No registration required. 8/8 M 5:30 – 7:00 PM PERRIN ROOM
Broken Tee Golf Course
303-762-2670 • 2101 W. Oxford Ave. • www.brokenteegolf.com

Englewood Parks and Recreation presents one of the finest public golf facilities in the Rocky Mountain region—Broken Tee Golf Course. Broken Tee was named Best Course for Families, Best Practice Facility and Best Course for Seniors according to 2018 and 2019 Colorado Avid Golfer “Best of Colorado” magazine.

Our golf complex offers:
- Championship 18-hole course with Dye design front 9
- Par 3 course with multiple tee boxes, which provides a challenge for the serious golfer or simple fun for the entire family
- A large driving range and one of the best practice areas in Metro Denver Area
- FootGolf on the Par 3 course. Kick a soccer ball into a cup!

Advance Tee Times
All Guests may book 8 days in advance via online or phone. No advanced tee times for Quick 6 reservations - same day reservations only. Please call the Pro Shop at 303-762-2670 for same-day reservations.

Start or Join a League today!
Friends, fun and golf at Broken Tee. Blocked off tee times every week. Women’s and men’s clubs. Choose 9 or 18 holes, weekday or weekend, morning or afternoon play. Options available! Visit the League Play page under Golf tab at www.brokenteegolf.com for additional information.

Events
Hole-in-One Junior Golf Program – 6/8 – 6/12
3 hours to choose from: 8:30, 9:35 or 10:40 AM
Ages 5 – 15 years
Learn and build on golf fundamentals in a positive environment with quality instruction. Please visit the Junior page at www.brokenteegolf.com for additional information.

Celebrate Golf Day! • 6/17
Everyone’s invited to come out and join in the “green” fun.

8:00 AM – 3:00 PM ................ FREE RANGE
8:00 AM – 2:00 PM .......... Shot Gun 18 Holes 2 Person Scramble
9:00 AM – 1:00 PM .......... $7 Green Fee on the Par 3
11:00 AM – 2:00 PM .......... Free Lunch
11:00 AM – 2:00 PM ............ Putting Contest and Activities

Visit brokenteegolf.com for details!

PROUD TO ANNOUNCE!
Broken Tee Golf Course has won the following Best of Colorado Golf 2020 CAGGY Awards

Voted #1 In:
- Best Service
- Best Practice Facility
- Best Course for Seniors

Broken Tee Golf Course
Staff was Picked In:
- Best Ego-Booster
- Best Annual Membership Program

Multiple instructors from MetaGolf Learning Center were award winners as well:
- Best Instructor for Juniors: Chris Schultz
- Best Instructor for Men: Chris Schultz
- #2 Best Instructor for Women: Lana Ortega

See the Colorado Avid Golfer website for all the categories and winners: coloradoavidgolfer.com/2020-caggy-award-winners/

Mountains Hiking Adventures
Enjoy Colorado and all its mountain beauty with one of our hiking adventures which include Moderate and Easy Levels (see below). For all hikes, come prepared with a daypack, hiking boots, sack lunch, water (more if it’s hot), rain gear, hat, sun lotion, insect repellent, whistle, walking stick, warm clothing and money for an ice cream stop. Please choose appropriate hike for your ability and fitness level. Locations are subject to change depending on weather or trail conditions.

Each trip - Fee: $21, Resident Discount: $17

Moderate Hikes

<table>
<thead>
<tr>
<th>Number</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Elevation</th>
<th>Difficulty</th>
<th>Near</th>
</tr>
</thead>
<tbody>
<tr>
<td>32162011</td>
<td>6/2</td>
<td>Tu</td>
<td>7:00 AM - 5:00 PM</td>
<td>Rutherford Trail</td>
<td>4.0 mi</td>
<td>8,553’</td>
<td>798’</td>
</tr>
<tr>
<td>32162012</td>
<td>6/10</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Chief Mountain</td>
<td>4.5 mi</td>
<td>10,800’</td>
<td>900’</td>
</tr>
<tr>
<td>32162013</td>
<td>6/16</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Lovell Gulch</td>
<td>5.5 mi</td>
<td>8,600’</td>
<td>640’</td>
</tr>
<tr>
<td>32162014</td>
<td>6/24</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Buchanan Pass*</td>
<td>5.8 mi</td>
<td>6,600’</td>
<td>650-1,200’</td>
</tr>
<tr>
<td>32162015</td>
<td>6/30</td>
<td>Tu</td>
<td>7:00 AM - 5:00 PM</td>
<td>Mount Sniktau</td>
<td>5.0 mi</td>
<td>11,900’</td>
<td>1,635’</td>
</tr>
<tr>
<td>32162016</td>
<td>7/8</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Kenosha Pass*</td>
<td>5.4 mi</td>
<td>10,000’</td>
<td>400’</td>
</tr>
<tr>
<td>32162017</td>
<td>7/14</td>
<td>Tu</td>
<td>7:00 AM - 5:00 PM</td>
<td>Mt. Goliath*</td>
<td>3.5 mi</td>
<td>11,540’</td>
<td>612’</td>
</tr>
<tr>
<td>32162018</td>
<td>7/22</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Columbine Lake*</td>
<td>5.8 mi</td>
<td>10,046’</td>
<td>1,334’</td>
</tr>
<tr>
<td>32162019</td>
<td>7/28</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Mayflower Gulch</td>
<td>5.6 mi</td>
<td>10,996’</td>
<td>1,433’</td>
</tr>
<tr>
<td>32162020</td>
<td>8/5</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Straight Creek</td>
<td>4.6 mi</td>
<td>11,200’</td>
<td>1,700’</td>
</tr>
<tr>
<td>32162021</td>
<td>8/11</td>
<td>Tu</td>
<td>7:00 AM - 5:00 PM</td>
<td>East Inlet Trail*</td>
<td>1.11 mi</td>
<td>8,400’</td>
<td>1,000’</td>
</tr>
<tr>
<td>32162022</td>
<td>8/19</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Lake Isabelle*</td>
<td>3.0 mi</td>
<td>10,500’</td>
<td>300’</td>
</tr>
<tr>
<td>32162023</td>
<td>8/25</td>
<td>Tu</td>
<td>7:00 AM - 5:00 PM</td>
<td>Ute Trail Tundra*</td>
<td>4.0 mi</td>
<td>11,796’</td>
<td>250’</td>
</tr>
</tbody>
</table>

*Bring your Golden Pass or $10 for park entrance.

Easy Hikes

<table>
<thead>
<tr>
<th>Number</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Elevation</th>
<th>Near</th>
</tr>
</thead>
<tbody>
<tr>
<td>32163011</td>
<td>6/24</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Buchanan Pass</td>
<td>8,600’</td>
<td>Lyons</td>
</tr>
<tr>
<td>32163012</td>
<td>7/1</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Kenosha Pass</td>
<td>10,000’</td>
<td>Jefferson</td>
</tr>
<tr>
<td>32163013</td>
<td>7/28</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Mayflower Gulch</td>
<td>10,996’</td>
<td>Leadville</td>
</tr>
<tr>
<td>32163014</td>
<td>8/11</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Adams Fall*</td>
<td>8,400’</td>
<td>Grand Lake</td>
</tr>
<tr>
<td>32163015</td>
<td>8/19</td>
<td>W</td>
<td>7:00 AM - 5:00 PM</td>
<td>Long Lake*</td>
<td>10,500’</td>
<td>Ward</td>
</tr>
</tbody>
</table>

*Bring your Golden Pass or $10 for park entrance.

City of Englewood is an equal opportunity service provider and employer. City of Englewood operates under special use permit from the USDA Forest Service, White River National Forest.
AQUATICS

Hours
M – Th: 5:30 AM – 9:30 PM
Fr: 5:30 AM – 7:30 PM
Sa/Su: 8:00 AM – 4:30 PM

Pool Safety Guidelines
Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children. No diving. No breath-holding games, please.

The Swim Test
Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

Pool Features
• 8 lanes, 25 meters
• Body slide (must pass a swim test)
• 2 – 3 ft. shallow children’s area with easy access stairs
• Small slides
• Family changing rooms
• Dry sauna 180 – 200º
• ADA accessible
• Pool temp 86º year-round

Rec Swim
Head on down for an afternoon of fun. Toss the ball, dive for rings, or take a ride down the slides. Rec Swim is not available Saturday mornings.

Lap Swim
One to two lanes are available most days and times. Two swimmers, split the lane. Three or more, circle swim.

AQUATICS

ENGLEWOOD RECREATION CENTER POOL SCHEDULE

<table>
<thead>
<tr>
<th>CLASS</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Masters</td>
<td>5:30 AM</td>
<td>5:30 AM</td>
<td>5:30 AM</td>
<td>5:30 AM</td>
<td>5:30 AM</td>
<td>5:30 AM</td>
<td>5:30 AM</td>
</tr>
<tr>
<td>Lap Swim (2 – 3 lanes)</td>
<td></td>
<td>8:00 AM</td>
<td>11:00 AM</td>
<td>11:00 AM</td>
<td>11:00 AM</td>
<td>11:00 AM</td>
<td>11:00 AM</td>
</tr>
<tr>
<td>Modified Lap (2 – 3 lanes)</td>
<td>1:00 – 4:30 PM</td>
<td>1:00 – 9:30 PM</td>
<td>1:00 – 9:30 PM</td>
<td>1:00 – 9:30 PM</td>
<td>1:00 – 9:30 PM</td>
<td>1:00 – 9:30 PM</td>
<td>8:30 AM – 4:30 PM</td>
</tr>
<tr>
<td>Rec Swim</td>
<td>1:00 AM</td>
<td>1:00 AM</td>
<td>1:00 AM</td>
<td>1:00 AM</td>
<td>1:00 AM</td>
<td>1:00 AM</td>
<td>1:00 AM</td>
</tr>
<tr>
<td>Water Fitness</td>
<td>9:00 AM</td>
<td>8:00 AM</td>
<td>5:30 AM</td>
<td>8:00 AM</td>
<td>5:30 AM</td>
<td>5:30 AM</td>
<td>5:30 AM</td>
</tr>
<tr>
<td>Swim Lessons</td>
<td>7:00 AM</td>
<td>7:00 AM</td>
<td>7:00 AM</td>
<td>7:00 AM</td>
<td>7:00 AM</td>
<td>7:00 AM</td>
<td>7:00 AM</td>
</tr>
<tr>
<td>Water Walking</td>
<td></td>
<td>OPEN</td>
<td>OPEN</td>
<td>OPEN</td>
<td>OPEN</td>
<td>OPEN</td>
<td>OPEN</td>
</tr>
<tr>
<td>Tot Area</td>
<td></td>
<td>OPEN</td>
<td>OPEN</td>
<td>OPEN</td>
<td>OPEN</td>
<td>OPEN</td>
<td>OPEN</td>
</tr>
</tbody>
</table>

Very limited lap lanes during swim lessons.

WATER FITNESS

Aqua Power
Ages: 16 yrs +
Add water to your everyday routine and see the difference.
6/4 – 6/15 Th 5:30 – 6:30 PM $23/$19 31250211
7/2 – 7/23 Th 5:30 – 6:30 PM $23/$19 31250211
7/30 – 8/13 Th 5:30 – 6:30 PM $17/$14 31250231

HIIT Aqua
Ages: 16 yrs +
High intensity followed by active recovery = all gain with no pain.
6/2 – 6/15 Tu 5:30 – 6:30 PM $23/$19 31250611
6/30 – 7/21 Tu 5:30 – 6:30 PM $23/$19 31250621
7/28 – 8/11 Tu 5:30 – 6:30 PM $17/$14 31250631

Senior Aqua
Ages: 55 yrs +
Rediscover the fountain of youth where splashing and smiling isn’t just for kids.
6/1 – 8/24 M, W, F 9:00 – 10:00 AM $53/$42 31260112
6/2 – 8/24 Tu, Th, F 8:00 – 9:00 AM $53/$42 31260113
6/2 – 8/24 Tu, Th, F 9:00 – 10:00 AM $53/$42 31260114

Arthritis Aqua
Ages: 55 yrs +
Do you suffer from arthritis? One of the best ways to control pain, increase flexibility, and improve daily function is through aquatic exercise.
6/2 – 8/14 Tu, Th, F 11:00 AM – NOON $53/42 31260211

HIIT Aqua
Ages: 16 yrs +
High intensity followed by active recovery = all gain with no pain.
6/2 – 6/15 Tu 5:30 – 6:30 PM $23/$19 31250611
6/30 – 7/21 Tu 5:30 – 6:30 PM $23/$19 31250621
7/28 – 8/11 Tu 5:30 – 6:30 PM $17/$14 31250631

Splash Aqua
Ages: 55 yrs +
Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength and endurance conditioning.
6/2 – 8/14 Tu, Th, F 10:00 – 11:00 AM $53/42 31260311

World’s Largest Swim Lesson: Thursday, 7/16
Drowning remains the second leading cause of unintended injury-related death of children 1-14. Pirates Cove is proud to be one of hundreds of facilities around the globe promoting “Learn to Swim.” Come to Pirates Cove on 7/16 for a free half-hour swim lesson.

Wellness Insurance Programs =

IT’S ALWAYS THE PERFECT SEASON FOR A POOL PARTY!

PARTY WITH US!

If you’re not ready to chase your kids at the waterpark, enjoy the laid-back vibe of the ERC pool. Just the right size for your little ones.

All parties include a host, paper products, lemonade, and your choice of cake and ice cream or pizza.

Pool Parties
Ages 13 yrs +
Saturdays and Sundays
12:30 PM or 2:30 PM
• All parties begin in the party room for 1 hour with your host, and end with unlimited swimming until close.
• Parties for children under 8 years old require 3 – 5 adults actively supervising in the water with swimsuits on.
$135: 1 – 15 guests • $150: 16 – 20 guests

Flip and Dip Parties
Ages 2 – 6 yrs
Sundays at 10:00 AM
• Kids will have a flipping good time that finishes with a splash! With this option, they’ll spend the first hour tumbling, spend one hour in the party room, and then head off to the pool for more fun.
• This party requires 3 adults actively supervising in the water with swimsuits on.
$185: 1 – 10 guests

For your convenience, reserve online at www.englewoodrec.org. Parties must be booked at least 10 days in advance. Full payment is due at booking.
**SWIMMING LESSONS**

Englewood Recreation Center • 1155 W. Oxford Ave.

---

## Infant and Toddler

### Babes & Tots (6 mos – 3 yrs)

Introduction to the water with a focus on safety and primary water skills including submersion, bubbles and water play in a fun, family environment.

### Jellyfish (2½ – 3½ yrs)

The next step for a toddler ready to explore the pool on their own, with an instructor. These little ones must be adventurous and ready to take instruction. These are graduates of the infant program and go under water willingly.

## Preschool

### Seahorse (3 – 5 yrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games is used to help them gain confidence and trust.

### Seal (3 – 5 yrs)

These little ones are happiest going under water and are just starting to float on their own.

### Otter (3 – 5 yrs)

These little ones can float for 10 seconds, roll over and kick 10 meters to safety.

### Sea Lion (3 – 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

## School Age

### Stingray (6 – 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking, and breathing will be mastered here.

### Dolphin (6 – 14 yrs)

Dolphin will be conditioned to float, kick and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15-25 meters.

### Swordfish (6 – 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

### Barracuda/Shark (6 – 14 yrs)

Swimmers working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time and advanced safety skills are included.

### Shark (6 – 14 yrs)

Swimmers completing this class will have all the skills necessary to swim for fitness, join a swim team or take lifeguard training.

---

## Aquatic Personal Training

Need to kick it up a notch, somewhere to start or rehabilitate an injury?

## Private Swim Lessons

If you need more flexibility or an individualized approach to your unique needs, sign up for private swim lessons. Please allow up to 2 weeks for placement with an available instructor.

Submit your request online at [www.digiquatics.com/accounts/s320/private_lessions/new](http://www.digiquatics.com/accounts/s320/private_lessions/new)

---

### Masters Swim Team

**Ages: 15 yrs +**

Coach-led workouts to fit the goals of novice swimmers or longtime devotees to the 5 am workout. Must love flip flops and early mornings. **Instructor: David Lee, ASCA Certified**

**T/Th**

6:30 - 7:00 am

Daily: $8/$10 - 20 punches: $150/$210

---

### Tidal Waves Swim Team

**Ages: 6-13 yrs**

Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters. Location: ERC Pool 6/1 - 7/30 7:00 - 8:00 am M - Th $94/$75 31230913

---

### HIRING LIFEGUARDS AND SWIM INSTRUCTORS

Looking for a stable year-round position? **APPLY NOW!**

---

**MORNING SWIM LESSONS AT ERC**

<table>
<thead>
<tr>
<th>Fee: $55/$44</th>
<th>Session</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>M</th>
<th>Th</th>
<th>2-weeks</th>
<th>8 lessons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Babes &amp; Tots (6 mos – 3 yrs)</td>
<td>10:35 - 11:05 AM</td>
<td>31210111</td>
<td>—</td>
<td>31210112</td>
<td>—</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jellyfish (2½ – 3½ yrs)</td>
<td>8:50 - 9:15 AM</td>
<td>31210221</td>
<td>31210222</td>
<td>—</td>
<td>31210223</td>
<td>—</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Seahorse (3 – 5 yrs)</td>
<td>9:20 - 9:50 AM</td>
<td>31220111</td>
<td>31220112</td>
<td>—</td>
<td>31220113</td>
<td>31220141</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Seal (3 – 5 yrs)</td>
<td>10:00 - 10:30 AM</td>
<td>31220111</td>
<td>31220112</td>
<td>—</td>
<td>31220132</td>
<td>31220142</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Otter (3 – 5 yrs)</td>
<td>11:10 - 11:40 AM</td>
<td>31210221</td>
<td>31210222</td>
<td>—</td>
<td>31210232</td>
<td>31220242</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stingray (6 – 14 yrs)</td>
<td>8:30 - 9:15 AM</td>
<td>31230311</td>
<td>—</td>
<td>31230311</td>
<td>—</td>
<td>—</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Dolphin (6 – 14 yrs)</td>
<td>10:35 - 11:05 AM</td>
<td>31230311</td>
<td>—</td>
<td>31230311</td>
<td>—</td>
<td>—</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Swordfish (6 – 14 yrs)</td>
<td>10:35 - 11:05 AM</td>
<td>31230311</td>
<td>—</td>
<td>31230311</td>
<td>—</td>
<td>—</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Barracuda/Shark (6 – 14 yrs)</td>
<td>8:30 - 9:15 AM</td>
<td>31230411</td>
<td>—</td>
<td>31230411</td>
<td>—</td>
<td>—</td>
<td>—</td>
<td></td>
</tr>
</tbody>
</table>

* World’s Largest Swim Lesson. No class Thursday, 7/16. Makeup class on Friday, 7/17.

**EVENING SWIM LESSONS AT ERC**

<table>
<thead>
<tr>
<th>Fee: $55/$44</th>
<th>Session</th>
<th>M/W</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Babes &amp; Tots (6 mos – 3 yrs)</td>
<td>4 weeks – 4 lessons</td>
<td>6:05 – 6:35 PM</td>
<td>31210221</td>
<td>31210222</td>
<td>31210223</td>
<td>31210223</td>
</tr>
<tr>
<td>Jellyfish</td>
<td>5:00 - 5:25 PM</td>
<td>31210221</td>
<td>31210222</td>
<td>31210223</td>
<td>31210243</td>
<td></td>
</tr>
<tr>
<td>Seahorse</td>
<td>5:00 - 5:25 PM</td>
<td>31210221</td>
<td>31210222</td>
<td>31210223</td>
<td>31210243</td>
<td></td>
</tr>
<tr>
<td>Seal</td>
<td>5:30 - 6:00 PM</td>
<td>31210221</td>
<td>31210222</td>
<td>31210223</td>
<td>31210243</td>
<td></td>
</tr>
<tr>
<td>Otter/Sea Lion</td>
<td>6:05 - 6:35 PM</td>
<td>31210221</td>
<td>31210222</td>
<td>31210223</td>
<td>31210243</td>
<td></td>
</tr>
<tr>
<td>Stingray</td>
<td>5:30 - 6:00 PM</td>
<td>31210221</td>
<td>31210222</td>
<td>31210223</td>
<td>31210243</td>
<td></td>
</tr>
<tr>
<td>Dolphin</td>
<td>6:05 - 6:35 PM</td>
<td>31210221</td>
<td>31210222</td>
<td>31210223</td>
<td>31210243</td>
<td></td>
</tr>
<tr>
<td>Swordfish</td>
<td>6:40 - 7:10 PM</td>
<td>31230333</td>
<td>31230332</td>
<td>31230331</td>
<td>31230343</td>
<td></td>
</tr>
<tr>
<td>Barracuda/Shark</td>
<td>6:40 - 7:10 PM</td>
<td>31230433</td>
<td>31230432</td>
<td>31230431</td>
<td>31230432</td>
<td></td>
</tr>
</tbody>
</table>

**SATURDAY SWIM LESSONS AT ERC**

<table>
<thead>
<tr>
<th>Fee: $55/$44</th>
<th>Session</th>
<th>4 weeks - 4 lessons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Babes &amp; Tots (6 mos – 3 yrs)</td>
<td>10:00 - 10:30 AM</td>
<td>31210114</td>
</tr>
<tr>
<td>Jellyfish</td>
<td>9:30 - 9:55 AM</td>
<td>31210224</td>
</tr>
<tr>
<td>Seahorse</td>
<td>10:00 - 10:30 AM</td>
<td>31210224</td>
</tr>
<tr>
<td>Seal</td>
<td>10:00 - 10:30 AM</td>
<td>31220224</td>
</tr>
<tr>
<td>Otter</td>
<td>8:50 - 9:20 AM</td>
<td>31220342</td>
</tr>
<tr>
<td>Sea Lion</td>
<td>11:10 - 11:50 AM</td>
<td>31220424</td>
</tr>
<tr>
<td>Stingray</td>
<td>9:15 - 9:55 AM</td>
<td>31230144</td>
</tr>
<tr>
<td>Dolphin</td>
<td>11:10 - 11:50 AM</td>
<td>31230155</td>
</tr>
<tr>
<td>Swordfish</td>
<td>8:30 - 9:10 AM</td>
<td>31230244</td>
</tr>
<tr>
<td>Barracuda/Shark</td>
<td>8:30 - 9:10 AM</td>
<td>31230444</td>
</tr>
</tbody>
</table>

---

**Tidal Waves Swim Team**

**Ages: 6-13 yrs**

Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters. Location: ERC Pool 6/1 - 7/30 7:00 - 8:00 am M - Th $94/$75 31230913

---

**Hiring Lifeguards**

Looking for a stable year-round position? **APPLY NOW!**

---

[englewoodrec.org](http://englewoodrec.org)
Ahoy ye Mateys! We want to welcome you to a swashbuckling good time at Pirates Cove Waterpark! Pirates Cove offers a leisure pool with a large interactive play structure, a 25-meter, 6-lane pool with drop slides and diving board, a 35-foot slide tower with three slides, a lazy river, concessions and more. Pirates Cove has National Pool and Waterpark trained lifeguards licensed by Jeff Ellis and Associates to ensure your safety. Rules and regulations are online at piratescovecolorado.com.

During the week we have a couple of areas equipped with tables and umbrellas. It’s the perfect spot to host family and friends. Call 303-783-6924 to reserve.

Posters inside Pirates Cove all season long for more information on swim and sun safety.

Pirates Cove has you covered. Located inside the entrance, we carry swim goggles, sunscreen, towels, sunglasses, swim diapers, disposable cameras, souvenirs and of course Pirates Cove T-shirts and hats. Stop by The Treasure Chest and stock up on your favorite items or to enjoy some Dippin’ Dots.

**Avoid the Lines**

Pre-purchase tickets for Pirates Cove to spend more time making a splash. Pre-purchase tickets at the Englewood Recreation Center, as you leave the Cove, or online at piratescovecolorado.com.

**Upcoming Summer Events**

**World’s Largest Swim Lesson: Thursday, 7/16**

Drowning remains the second leading cause of unintended injury-related death of children 1-14. Pirates Cove is proud to be one of hundreds of facilities around the globe promoting “Learn to Swim.” Come to Pirates Cove on 7/16 for a free half-hour swim lesson.

**Christmas in July: 7/25**

Celebrate Christmas, Pirates style! Pirates Cove will be decked out in Christmas style and yes, you can expect a special visit from Santa.

**Christmas in July: 7/25**

This night is reserved for those 18 yrs. and older. Enjoy Pirates Cove without the little buccaneers. Concessions will be open, so bring your appetite.

**Food Drive: 7/15 - 7/11**

Bring a nonperishable food item and receive a free 22-oz soda. Donated items will be given to Integrated Family Community Services.

**Parties and Rentals at Pirates Cove!**

Pirates Cove is a great place to celebrate birthdays, teams, sporting groups, corporate events and more. Choose from:

- **Captain Cook party for 1-15 guests for only $294**
- **Billy Bones package for 16-25 guests for $374**

Party packages include full-day admission to Pirates Cove, private tables on our party patio, courtyard or riverside for 2 hours, cake, ice cream, soda, paper products, goodie bag, Big Squirt for the Birthday person. Pizza can be added to all party packages. Visit piratescovecolorado.com to book your party today.

**Cove Cabanas**

Rent a private cabana for up to 8 people. Cabanas include 2 lounge chairs, 2 regular chairs and a small table. Weekday pricing: $95/$115. Weekend and holiday pricing: $105/$115. Price does not include park admission. Reserve online or call 303-783-6924.

**Patio Rental**

During the week we have a couple of areas that are available to call your own. Each area is equipped with tables and umbrellas. It’s the perfect spot to host family and friends. Call 303-783-6924 to reserve.

**Water and Sun Safety**

At Pirates Cove our #1 priority is your safety. Although we have lifeguards stationed throughout the park, it is important that you remain with your child at all times if they are under eight years of age or unable to swim. Skin cancer is the fastest growing form of cancer in the United States with one million new cases diagnosed each year. It’s widely known that protection from the sun’s rays could prevent about 90% of all skin cancer cases. Youth are the most at risk for overexposure and have the highest rates of disease due to overexposure before the age of 18. Look for posters inside Pirates Cove all season long for more information on swim and sun safety.

**2020 Daily Admission Rates**

<table>
<thead>
<tr>
<th>Child/Sr (2 – 17 / 55+ yrs)</th>
<th>Adult (18 – 54 yrs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Res</td>
<td>Res</td>
</tr>
<tr>
<td>Weekends/ Holidays</td>
<td>$16</td>
</tr>
</tbody>
</table>

**SEASON PASS**

- Child/Senior: $103 / $71
- Adult: $115 / $78

**FAMILY SEASON PASS**

- Up to 4 in same household: $263 / $175
- Each additional person/pers. in same household: $35

**Classes**

Pirates Cove is proud to be one of hundreds of facilities around the globe promoting “Learn to Swim.” Come to Pirates Cove on 7/16 for a free half-hour swim lesson.

**World’s Largest Swim Lesson: Thursday, 7/16**

Drowning remains the second leading cause of unintended injury-related death of children 1-14. Pirates Cove is proud to be one of hundreds of facilities around the globe promoting “Learn to Swim.” Come to Pirates Cove on 7/16 for a free half-hour swim lesson.

**Christmas in July: 7/25**

Celebrate Christmas, Pirates style! Pirates Cove will be decked out in Christmas style and yes, you can expect a special visit from Santa.

**Christmas in July: 7/25**

This night is reserved for those 18 yrs. and older. Enjoy Pirates Cove without the little buccaneers. Concessions will be open, so bring your appetite.

**Food Drive: 7/15 - 7/11**

Bring a nonperishable food item and receive a free 22-oz soda. Donated items will be given to Integrated Family Community Services.

**Parties and Rentals at Pirates Cove!**

Pirates Cove is a great place to celebrate birthdays, teams, sporting groups, corporate events and more. Choose from:

- **Captain Cook party for 1-15 guests for only $294**
- **Billy Bones package for 16-25 guests for $374**

Party packages include full-day admission to Pirates Cove, private tables on our party patio, courtyard or riverside for 2 hours, cake, ice cream, soda, paper products, goodie bag, Big Squirt for the Birthday person. Pizza can be added to all party packages. Visit piratescovecolorado.com to book your party today.

**Cove Cabanas**

Rent a private cabana for up to 8 people. Cabanas include 2 lounge chairs, 2 regular chairs and a small table. Weekday pricing: $95/$115. Weekend and holiday pricing: $105/$115. Price does not include park admission. Reserve online or call 303-783-6924.

**Patio Rental**

During the week we have a couple of areas that are available to call your own. Each area is equipped with tables and umbrellas. It’s the perfect spot to host family and friends. Call 303-783-6924 to reserve.

**Water and Sun Safety**

At Pirates Cove our #1 priority is your safety. Although we have lifeguards stationed throughout the park, it is important that you remain with your child at all times if they are under eight years of age or unable to swim. Skin cancer is the fastest growing form of cancer in the United States with one million new cases diagnosed each year. It’s widely known that protection from the sun’s rays could prevent about 90% of all skin cancer cases. Youth are the most at risk for overexposure and have the highest rates of disease due to overexposure before the age of 18. Look for posters inside Pirates Cove all season long for more information on swim and sun safety.

**2020 Daily Admission Rates**

<table>
<thead>
<tr>
<th>Child/Sr (2 – 17 / 55+ yrs)</th>
<th>Adult (18 – 54 yrs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Res</td>
<td>Res</td>
</tr>
<tr>
<td>Weekends/ Holidays</td>
<td>$16</td>
</tr>
</tbody>
</table>

**SEASON PASS**

- Child/Senior: $103 / $71
- Adult: $115 / $78

**FAMILY SEASON PASS**

- Up to 4 in same household: $263 / $175
- Each additional person/pers. in same household: $35

All passes expire 9/7/20. For discount price, each individual must present a current Englewood Recreation ID. South Suburban residents can receive discount price on daily admission by each person presenting a South Suburban Recreation ID. South Suburban residents can receive discount price on daily admission by each person presenting a South Suburban Recreation ID Card.

**Swim Classes**

Class registrations are taken at the Englewood Recreation Center, 1125 W. Oxford Ave. and online at englewooodrec.org. Drop-off registrations are accepted at Pirates Cove. Classes not meeting the minimum requirement will be canceled three days prior to the class start date. Class full? Ask to be on the waiting list. Classes are often added if a sufficient number of names appear on the waitlist. Please check the Accelerated Swimming Class descriptions on page 34 prior to enrolling in a class. If you have questions on your child’s placement for Pirates Cove classes contact Desiree at 303-762-2682.
CULTURAL, ENRICHMENT & EDUCATION PROGRAMS

Social Ballroom
Ages: 55 yrs +
Incorporate how to move around the dance floor, proper placement of hands and arms, and specific footwork. You will practice with Latin and American dance styles. A new dance is taught each month. June – Blues; July – Foxtrot; August – Tango.
Location: MRC
Instructor: Lila Horton
6/1 - 8/31 M 3:00 – 4:30 PM $58/$56 31860311

Ultra Beginner Line Dance
Ages: 55 yrs +
This class is a good place to start for those interested in learning how to line dance and enjoy moving to a variety of music.
Location: MRC
Instructor: Judy Curtis
6/1 - 6/29 M 5:30 – 6:30 PM $18/$15 31860311
7/6 – 7/27 M 5:30 – 6:30 PM $11/$15 31860312
8/3 – 8/31 M 5:30 – 6:30 PM $18/$15 31860313
6/3 – 6/24 W 8:15 – 9:00 AM $21/$18 31860314
7/1 – 7/29 W 8:15 – 9:00 AM $21/$18 31860315
8/5 – 8/26 W 8:15 – 9:00 AM $11/$8 31860316

Beginning Line Dance
Ages: 55 yrs +
Step up the pace. Learn more difficult steps to new choreography and continue learning.
Location: MRC
Instructor: Judy Curtis
6/3 – 6/24 W 9:00 – 10:00 AM $15/$11 31860411
7/1 – 7/29 W 9:00 – 10:00 AM $18/$15 31860412
8/5 – 8/26 W 9:00 – 10:00 AM $15/$11 31860413

Advanced Line Dance
Ages: 55 yrs +
This dance level will build on your endurance and memory by using steps already learned in different combinations to faster music, thus increasing your cardio and calorie output. We’ll exercise your body and mind, improve your mood, and have a blast!
Location: MRC
Instructor: Judy Curtis
6/3 – 6/24 W 10:15 – 11:15 AM $15/$11 31860611
7/1 – 7/29 W 10:15 – 11:15 AM $18/$15 31860612
8/5 – 8/26 W 10:15 – 11:15 AM $11/$8 31860613

Beginning Piano Lessons
Ages: 55 yrs +
Whether you are just beginning your piano journey and/or have been playing for a while, this class is for you. Class time is tailored to meet your personal needs and learning styles; teaching piano by ear and/or reading music. Students can choose supplemental pieces throughout the course; however, book and music selection will be determined on an individual basis.
Location: MRC
Instructor: Gill Hamilton
6/5 – 6/26 F 10:00 – 11:00 AM $51/$48 31861511
7/10 – 7/31 F 10:00 – 11:00 AM $51/$48 31861512
8/7 – 8/28 F 10:00 – 11:00 AM $51/$48 31861513

Chocolate & Canvas
Ages: 10 yrs +
Participants follow along step-by-step to complete their own beautiful painting while enjoying a piece of chocolate. We provide the supplies and chocolate while participants learn the painting process. Materials fee: $20 per class, payable to instructor.
Location: MRC
Instructor: Lonnie Pihajlic
6/17 W 6:00 – 8:00 PM $13/$10 31750612
7/15 W 6:00 – 8:00 PM $13/$10 31750612
8/19 W 6:00 – 8:00 PM $13/$10 31750612

Crochet Class
Ages: 16 yrs +
Even if you’ve never held a hook before or don’t know a slip knot from a single crochet, use this class to pick up basic techniques and tips. By the end of the class you will be ready to crochet in rows, which is all you need to make a scarf or even a simple blanket. Bring a J-hook and yarn to class.
Location: MRC
Instructor: Julie McCreary
6/13 – 6/27 Sa 9:30 – 11:30 AM $41/$33 31737510
7/11 – 7/25 Sa 9:30 – 11:30 AM $41/$33 31737510
8/8 – 8/22 Sa 9:30 – 11:30 AM $41/$33 31737510

Encaustics
Ages: 16 yrs +
Learn to make your own greeting cards using an ancient Egyptian art form that involves heating colored wax with a small iron and applying it to a heavy glossy paper. You’ll leave the class with 5 cards and an 8x10” picture. Material fee: $25, payable to the instructor.
Location: MRC
Instructor: Camille Scott
6/20 Sa 9:30 AM – 12:30 PM $15/$12 31760211

Wellness Insurance Programs

Creative Pottery
Ages: 55 yrs +
Use different methods of handbuilding and/or sculpting to create 3 pieces of art. Clay and glazes included. Open to all skill levels. Supply fee: $11 per lb. of clay used, payable to instructor.
Location: MRC
Instructor: Michael McGrath
6/2 – 7/7 Tu 10:00 AM – 12:00 NOON $72/$67 31760411
6/2 – 7/7 Tu 1:00 – 3:00 PM $72/$67 31760412
7/14 – 8/18 Tu 1:00 – 3:00 PM $72/$67 31760412

Drawing and Painting Class
Ages: 55 yrs +
Whether you like to paint, smatter, draw or sketch, this class will bring out creativity. Different mediums such as watercolors, acrylics, or pencils—pick your favorite and enrich your skills in this class. All levels of experience welcome. Bring any works in progress or start something new.
Location: MRC
Instructor: Eilee Hoffman
6/4 – 7/9 Th 9:30 – 11:30 AM $55/$44 31761011
6/4 – 7/9 Th 1:00 – 3:00 PM $55/$44 31761012
7/16 – 8/20 Th 9:30 – 11:30 AM $40/$32 31761012
7/16 – 8/20 Th 1:00 – 3:00 PM $55/$44 31761012

Encaustics Unusual Projects
Ages: 16 yrs +
This class will cover using encaustics in very different ways! You will see them made and have an opportunity to use the hotplate, and practice transferring the prints to fabric. Some of the other ways can be a paper mache heart, wooden box or paper bookmarks. Material fee: $25, payable to the instructor. Also, instructor will bring items to wax for an additional cost $1.00 per piece.
Location: MRC
Instructor: Camille Scott
7/18 Sa 9:30 AM – 12:30 PM $15/$12 31760212

The Willmaker Legal Seminar
In a single sitting, you’ll complete a simple will. You will also complete a living will, medical power of attorney, financial power of attorney with the help of a licensed attorney. Fee includes all material, witnessing, notarizing, individual review and time for questions. Bring your ID and a snack. Cost $100/payable to Rebecca Bennett at the workshop.
Location: MRC
Instructor: Rebecca Bennett
7/15 W 1:00 – 4:30 PM $15/$12 31460511
8/6 Th 1:00 – 4:30 PM $15/$12 31460511

Dementia
No one wants to have memory loss; however, it happens. From diagnosis to treatment and understanding what’s happening, there are services and programs to help all involved. Learn about dementia from expert Mary Archer and see that there can be a shining light.
Location: MRC
Instructor: Mary Archer
8/5 W 10:00 – 11:00 AM $7/$5 31461011

Continuing Bridge
Ages: 55 yrs +
Take your bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture and supervised playing.
Location: MRC
Instructor: James Buck
6/3 – 7/8 W 10:00 AM – NOON $57/$46 31465011
7/15 – 8/19 W 10:00 AM – NOON $57/$46 31465012

Spanish III
Ages: 55 yrs +
Beginners! Continue to sharpen your Spanish speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation and a variety of new vocabulary. A background in Spanish is recommended.
Location: MRC
Instructor: Jean Kunkel
6/1 – 8/17 M 8:30 – 10:30 AM $56/$56 31461011

MRC = Malley Recreation Center

Cultural, Enrichment & Education Programs

Engelewood Recreation Guide — englewoodrec.org
Gait & Balance
Want to improve your coordination, endurance, mobility and balance? Learn how to prevent falls, stay safe in your home, therapy techniques that promote safety, and what devices you may need. Individual evaluations provided by a physical therapist directly after seminar; sign up for a time.

Location: MRC Instructor: Michelle Clompton, Julie Temple, Outpatient Therapy Services
6/8 M 1:00 – 3:00 PM FREE 31460111

Medicare 101
Making a decision can be hard! Attend this presentation to learn all your plan options and review the A, B, C, and D of Medicare. Allen will share important dates to remember and how to save money on prescriptions.

Location: MRC Instructor: Allen McGil
6/11 Th 1:30 – 3:00 PM FREE 31460211
7/9 Th 6:00 – 8:00 PM FREE 31460311
8/13 Th 3:00 – 5:00 PM FREE 31460611

The Top Benefits You May Not Know About
Do you feel that you are not receiving all the benefits that you are owed? Is it possible that you are missing out on benefits that would make your life easier or would save you from paying out-of-pocket costs? Sound like you? Don’t miss this talk. Stuart will share with you benefits that are available and that could make a difference to your lifestyle.

Location: MRC Instructor: Stuart Swartz, Next Step for Seniors
6/11 Th 1:30 – 3:00 PM FREE 31461211

Active Minds
Participate in this mind-stimulating program that delves into a current topic of interest in the world. Deepen your understanding and engage in thoughtful discussion of how the events have changed the world. Active Minds provides instructor-led educational seminars for seniors. Monthly topics, announced monthly, are determined based upon what is happening in the world.

Location: MRC Instructor: Active Minds Instructor
6/26 F 10:00 – 12:00 AM FREE 31467411
7/24 F 10:00 – 12:00 AM FREE 31467412
8/28 F 10:00 – 12:00 AM FREE 31467413

Creating Your Life Story
Learn how your life story can benefit you and your loved ones. We will discuss ways to share your family history, stories and anecdotes which may include pictures, family records and health history to name a few. A panel of experts will be here to share the process.

Location: MRC
Instructors: Kim Evans, RoadMap for Aging, Guest Panelist, Euget Dawson, Jr. PhD, Social Gerontologist
6/16 Tu 10:30 AM – NOON FREE 31460711

AARP Driving Class
AARP Driving Safety Program: This course is designed for motorists age 50 and older to help refine existing skills and develop safe, defensive, driving techniques. Upon successfully completing the course, you may be eligible to receive a discount on your auto insurance premium. Material fee: $15 AARP members/$20 nonmember payable to instructor, cash or check only. Call 303-762-2660.

Location: MRC
7/9 Th 12:30 – 4:30 PM FREE 31467511

Dizziness: Is It Just Aging or Something More?
Have you ever been told that dizziness is just part of getting old? Or that your problems with balance are just a normal part of aging? This program will explain the various causes of dizziness and how it affects your balance. We will discuss the ways in which dizziness can be treated to improve function and get your lifestyle back.

Location: MRC
Instructor: Tonya Fuller, MSPT, Dynamic Mobility & Balance Center
7/16 Th 10:30 – 11:30 AM FREE 31460911

Update on Frauds and Scams – Protect Yourself!
How to keep yourself, family and friends safe from all the new scams and fraud. With all the mail, email and unsolicited phone calls, it is becoming more and more difficult to determine what is legitimate and what is a scam. Come hear from the experts on how to identify and protect yourself. Plus, what to do if it happens!

Location: MRC
Instructor: Kim Evans and RoadMap for Aging
7/21 Tu 10:30 AM – NOON FREE 31460811

Party to the End – How To Do It!
What do you want your end of life to look like? Do you want to be at home? Who do you want around you? How do you ensure your wishes are followed? What about a living will? It takes planning today to create the ending you want! Make the most of each day and especially the last one! Join our panel of experts.

Location: MRC
7/16 Th 10:30 AM – NOON FREE 31461111

FREE PROGRAMS!
Registration is required.

KNOCK OUT SUMMER BOREDOM!
Just a few reasons to choose KidConnections!
• A FUN, SAFE, environment for your child
• Opportunities for growth both socially and emotionally
• Create social connections with new friends and a loving and caring staff
• Healthy and active experiences
• Weekly, unique field trips included in cost (local/regional sites/parks/pools)
• Engaging arts, crafts, games and sports programs
• Quality trained, caring, fun and energetic staff

General Information
Sessions run May 26-August 7, Monday–Friday, 7:00 am – 3:00 pm. Just a few reasons to choose KidConnections!
• Engaging arts, crafts, games and sports programs
• Quality trained, caring, fun and energetic staff

Fees/Payment
Non-Resident Resident
M-F Daily M-F Daily
1st Child $210 $55 $170 $45
2nd Child $185 $50 $150 $40

Annual Registration Fee: $10 per child due at registration (camp T-shirt included).

Registration
Back again: Daily and Weekly Registrations. Pick only the days you need or choose the 5-days-a-week option for a discounted rate. Register online at englewoodrec.org/summercamp. Contact Sara Stant at sstant@englewoodgov.org for inquiries.

PIRATE YOUTH SPORTS
Building community, tradition and excellence! Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs. BASEBALL - BASKETBALL - CHEERLEADING - FOOTBALL - FLAG FOOTBALL - LACROSSE - SOFTBALL - VOLLEYBALL - WRESTLING - SOCCER Join our email list and register for all youth sports programs at pirateyouthsports.com Contact us at president@pirateyouthsports.com or 303-907-3667

KNOCK OUT SUMMER BOREDOM!
Just a few reasons to choose KidConnections!
• A FUN, SAFE, environment for your child
• Opportunities for growth both socially and emotionally
• Create social connections with new friends and a loving and caring staff
• Healthy and active experiences
• Weekly, unique field trips included in cost (local/regional sites/parks/pools)
• Engaging arts, crafts, games and sports programs
• Quality trained, caring, fun and energetic staff

General Information
Sessions run May 26-August 7, Monday–Friday, 7:00 am – 3:00 pm. Just a few reasons to choose KidConnections!
• Engaging arts, crafts, games and sports programs
• Quality trained, caring, fun and energetic staff

Fees/Payment
Non-Resident Resident
M-F Daily M-F Daily
1st Child $210 $55 $170 $45
2nd Child $185 $50 $150 $40

Annual Registration Fee: $10 per child due at registration (camp T-shirt included).
**ACTIVE KIDS**

**Toddler and Me Dance**
*Ages: 2 – 3 yrs*
Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one who participates with the little dancer. Our teachers will keep the music and curriculum moving while parents take an active role in encouraging, supporting and keeping the little dancer on track.

**Location:** ERC

**PeeWee Dance**
*Ages: 2½ – 3 yrs*
Classes are focused on dance techniques, safety, fun, movement, coordination and self-esteem. Dancers develop the basics of tap, jazz and ballet steps while working on following directions and working well with others. Parents of children who may require help changing their shoes are asked to remain outside of the classroom to assist with a mid-class shoe change.

**Location:** ERC

**Youth Dance**
*Ages: 6 – 8 yrs*
Youth dance classes are designed to help your child become a well-rounded dancer in different styles of dance including tap, jazz, hip-hop and ballet in a fun and energetic class! Classes focus on dance fundamentals and technique.

**Location:** ERC

**Tumbling Tykes**
*Ages: 3 – 5 yrs*
Join this interactive class and young tumbler will enhance their balance, strength, and learn beginning tumbling skills. While this class is designed for children to take independently, parents are asked to remain in the building.

**Location:** ERC

**Gymnast Jubilee**
*Ages: 6 – 8 yrs*
Kids will learn rolls, cartwheels and balance, all while having a blast and meeting new friends. While this class is designed for children to take independently, parents are asked to remain in the building.

**Location:** ERC

**Youth Theatre Class**
*Ages: 8 – 12 yrs*
This theater class will inspire children of all abilities to act, sing and dance. Self-esteem, confidence and creativity will be built through instructions in vocals, dance and acting. Makeup and stage design will be taught. It’s a great way to participate in live theater. The actors will perform a show of their own on the final day of class.

**Location:** Malley Recreation Center

<table>
<thead>
<tr>
<th>Activity #</th>
<th>Ages</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Res Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>31820011</td>
<td>2 – 3 yrs</td>
<td>6/1 – 6/22</td>
<td>M/W 3:45 – 4:15 PM</td>
<td>ERC</td>
<td>$15</td>
<td>$12</td>
<td></td>
</tr>
<tr>
<td>31820012</td>
<td>2 – 3 yrs</td>
<td>6/2 – 6/23</td>
<td>Tu</td>
<td>3:45 – 4:15 PM</td>
<td>ERC</td>
<td>$15</td>
<td>$12</td>
</tr>
<tr>
<td>31820014</td>
<td>2 – 3 yrs</td>
<td>6/7 – 6/29</td>
<td>W</td>
<td>10:15 – 10:45 AM</td>
<td>ERC</td>
<td>$15</td>
<td>$12</td>
</tr>
<tr>
<td>31820015</td>
<td>2 – 3 yrs</td>
<td>6/6 – 6/27</td>
<td>Sa</td>
<td>9:00 – 9:30 AM</td>
<td>ERC</td>
<td>$15</td>
<td>$12</td>
</tr>
<tr>
<td>31820016</td>
<td>2 – 3 yrs</td>
<td>7/7 – 8/1</td>
<td>Sa</td>
<td>9:00 – 9:30 AM</td>
<td>ERC</td>
<td>$15</td>
<td>$12</td>
</tr>
<tr>
<td>31820111</td>
<td>2½ – 3 yrs</td>
<td>6/6 – 6/8*</td>
<td>Sa</td>
<td>9:30 – 10:00 AM</td>
<td>ERC</td>
<td>$30</td>
<td>$24</td>
</tr>
<tr>
<td>31820112</td>
<td>3 – 5 yrs</td>
<td>6/2 – 7/28*</td>
<td>Tu</td>
<td>4:15 – 5:00 PM</td>
<td>ERC</td>
<td>$36</td>
<td>$29</td>
</tr>
<tr>
<td>31820113</td>
<td>3 – 5 yrs</td>
<td>6/3 – 7/29*</td>
<td>W</td>
<td>10:45 – 11:30 AM</td>
<td>ERC</td>
<td>$36</td>
<td>$29</td>
</tr>
<tr>
<td>31820114</td>
<td>3 – 5 yrs</td>
<td>6/6 – 8/1*</td>
<td>Sa</td>
<td>10:00 – 10:45 AM</td>
<td>ERC</td>
<td>$36</td>
<td>$29</td>
</tr>
<tr>
<td>31820115</td>
<td>3 – 5 yrs</td>
<td>6/7 – 7/28*</td>
<td>Tu</td>
<td>10:00 – 10:45 AM</td>
<td>ERC</td>
<td>$36</td>
<td>$29</td>
</tr>
<tr>
<td>31820116</td>
<td>6 – 8 yrs</td>
<td>6/2 – 7/28*</td>
<td>Sa</td>
<td>12:45 – 1:45 PM</td>
<td>ERC</td>
<td>$34</td>
<td>$27</td>
</tr>
<tr>
<td>31820211</td>
<td>6 – 8 yrs</td>
<td>6/3 – 7/29*</td>
<td>W</td>
<td>11:30 AM – 12:30 PM</td>
<td>ERC</td>
<td>$42</td>
<td>$34</td>
</tr>
<tr>
<td>31820212</td>
<td>6 – 8 yrs</td>
<td>6/6 – 6/8*</td>
<td>Sa</td>
<td>10:45 – 11:45 AM</td>
<td>ERC</td>
<td>$42</td>
<td>$34</td>
</tr>
<tr>
<td>31820213</td>
<td>6 – 8 yrs</td>
<td>7/7 – 7/29</td>
<td>Sa</td>
<td>12:45 – 1:45 PM</td>
<td>ERC</td>
<td>$42</td>
<td>$34</td>
</tr>
<tr>
<td>31820214</td>
<td>1 – 3 yrs</td>
<td>6/1 – 6/22</td>
<td>M</td>
<td>9:30 – 10:00 AM</td>
<td>ERC</td>
<td>$23</td>
<td>$18</td>
</tr>
<tr>
<td>31820215</td>
<td>1 – 3 yrs</td>
<td>6/2 – 6/23</td>
<td>M</td>
<td>9:30 – 10:00 AM</td>
<td>ERC</td>
<td>$23</td>
<td>$18</td>
</tr>
<tr>
<td>31820216</td>
<td>1 – 3 yrs</td>
<td>6/7 – 7/27</td>
<td>M</td>
<td>3:00 – 3:29 PM</td>
<td>ERC</td>
<td>$23</td>
<td>$18</td>
</tr>
<tr>
<td>31820217</td>
<td>1 – 3 yrs</td>
<td>7/7 – 7/28</td>
<td>Tu</td>
<td>3:00 – 3:29 PM</td>
<td>ERC</td>
<td>$23</td>
<td>$18</td>
</tr>
<tr>
<td>31820218</td>
<td>1 – 3 yrs</td>
<td>6/3 – 6/24</td>
<td>W</td>
<td>9:30 – 10:00 AM</td>
<td>ERC</td>
<td>$23</td>
<td>$18</td>
</tr>
<tr>
<td>31820219</td>
<td>1 – 3 yrs</td>
<td>7/7 – 7/29</td>
<td>W</td>
<td>9:30 – 10:00 AM</td>
<td>ERC</td>
<td>$23</td>
<td>$18</td>
</tr>
<tr>
<td>32010111</td>
<td>3 – 5 yrs</td>
<td>6/1 – 6/22</td>
<td>M/W</td>
<td>10:00 – 10:45 AM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
<tr>
<td>32010112</td>
<td>3 – 5 yrs</td>
<td>6/2 – 6/23</td>
<td>Tu</td>
<td>3:45 – 4:15 PM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
<tr>
<td>32010113</td>
<td>3 – 5 yrs</td>
<td>6/6 – 6/27</td>
<td>Sa</td>
<td>3:30 – 4:15 PM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
<tr>
<td>32010114</td>
<td>3 – 5 yrs</td>
<td>6/7 – 7/18</td>
<td>Tu</td>
<td>3:30 – 4:15 PM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
<tr>
<td>32010115</td>
<td>3 – 5 yrs</td>
<td>6/3 – 6/24</td>
<td>W</td>
<td>10:00 – 10:45 AM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
<tr>
<td>32010116</td>
<td>3 – 5 yrs</td>
<td>7/7 – 7/29</td>
<td>W</td>
<td>10:00 – 10:45 AM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
<tr>
<td>32010311</td>
<td>6 – 8 yrs</td>
<td>6/2 – 6/23</td>
<td>Tu</td>
<td>4:15 – 5:30 PM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
<tr>
<td>32010312</td>
<td>6 – 8 yrs</td>
<td>6/7 – 7/28</td>
<td>Tu</td>
<td>4:15 – 5:30 PM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
<tr>
<td>32010313</td>
<td>6 – 8 yrs</td>
<td>6/3 – 6/24</td>
<td>W</td>
<td>10:45 – 11:30 AM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
<tr>
<td>32010314</td>
<td>6 – 8 yrs</td>
<td>7/7 – 7/12</td>
<td>W</td>
<td>10:45 – 11:30 AM</td>
<td>ERC</td>
<td>$29</td>
<td>$24</td>
</tr>
</tbody>
</table>

*No class 6/29, 6/30, 7/1 & 7/4*  

**ERC = Englewood Recreation Center**

englewoodrec.org
ADULT ATHLETICS

The City of Englewood offers Men’s and Women’s Adult Athletic Leagues. Adult league schedules, standings and registration: www.teamsideline.com/englewoodrec

ADULT ATHLETICS

Class Activity #  Ages Dates Days Time Location Fee Res Fee
Youth Beginner Tennis Lessons 32356011 6 – 15 yrs 6/2 – 6/25 Tu, Th 5:00 – 6:00 PM EHS $44 $35
32356012 6 – 15 yrs 7/7 – 7/30 Tu, Th 5:00 – 6:00 PM EHS $44 $35
Youth Beginner Tennis Lessons 32356013 6 – 15 yrs 8/4 – 8/27 Tu, Th 5:00 – 6:00 PM EHS $44 $35
Adult Beginner Tennis Lessons 32356021 16 yrs + 6/2 – 6/25 Tu, Th 6:00 – 7:00 PM EHS $44 $35
32356022 16 yrs + 7/7 – 7/30 Tu, Th 6:00 – 7:00 PM EHS $44 $35
Adult Intermediate Tennis Lessons 32356031 16 yrs + 6/2 – 6/25 Tu, Th 7:00 – 8:00 PM EHS $44 $35
32356032 16 yrs + 7/7 – 7/30 Tu, Th 7:00 – 8:00 PM EHS $44 $35
32356033 16 yrs + 8/4 – 8/27 Tu, Th 7:00 – 8:00 PM EHS $44 $35

Pickleball Beginners Camp
Ages: 40 yrs +
A 6-week, progressive course designed to teach the new pickleball player the rules, strategies and shots. We break down each step and create a solid foundation for understanding the game. This class is a great way to learn how to play one of the most popular sports! No previous experience is needed.
Location: ERC
Instructor: Kate Shapland
6/16 – 7/20 M 2:30 – 4:00 PM $92/44 32358011

Pickleball Intermediate Clinic
Ages: 40 yrs +
Join us for a one-day, intermediate clinic. For the seasoned player who is looking to improve their game with new strategies or better shot selections. This is a great clinic if you are thinking of tournament play. Take your game from 2.5 to the next level!
Location: ERC
Instructor: Kate Shapland
6/8 M 2:00 – 4:00 PM $125/10 3235811

ADULT FITNESS

Drop-in Rates
Daily Group Fitness / Yoga Pass $10/$8
Drop-in not available for Plates Reformer, Tai Chi for Balance, or Group Personal Training Classes.

Child Watch
Conveniently located on site at the Englewood Recreation Center, the drop-in child care is a fun environment for children 6 months to 8 years while parents/guardians utilize the Recreation Center.

Personal Training
Get inspired, boost your confidence and accomplish your goals! The benefits of working with a personal trainer include:
- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, posture, endurance, balance, coordination and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training

To schedule an appointment, please call our Personal Training line at 303-762-2678. Each session is 60 minutes.

The City of Englewood offers Men’s and Women’s Adult Athletic Leagues. Adult league schedules, standings and registration: www.teamsideline.com/englewoodrec

ADULT FITNESS

ERC Fitness Orientation
Ages: 13 yrs +
Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to assure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center.
Location: ERC

Consumers looking to learn something new or take their tennis game to the next level? Register today for our beginner or intermediate tennis lessons. Beginning students will learn the basics of the forehand, backhand, serve and scoring. Intermediate students should be proficient in and looking to enhance these skills. Students must provide their own racquets and tennis shoes; tennis balls will be provided.

Don’t have a team? Go to www.teamsideline.com/englewoodrec to be added to the Free Agent List. If you have any questions regarding team registration, please call Sara Stant at 303-762-2694 or email sstant@englewoodco.gov.

Racquet Sports
Looking to learn something new or take your tennis game to the next level? Register today for our beginner or intermediate tennis lessons. Beginning students will learn the basics of the forehand, backhand, serve and scoring. Intermediate students should be proficient in and looking to enhance these skills. Students must provide their own racquets and tennis shoes; tennis balls will be provided.

ADULT & YOUTH ATHLETICS

Englewood Recreation Guide — englewoodrec.org

Englewood Recreation Guide — englewoodrec.org
TRX Boot Camp
Ages: 13 yrs +
Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX Suspension Trainers will be incorporated into the workout.
Instructor: Libby Butler

Zumba
Ages: 13 yrs +
Zumba is a Latin-inspired dance-fitness class that combines energy music and easy-to-follow moves for a fun, effective cardiovascular workout. Rhythms in this class will tone and sculpt your body.
Instructor: TBA (Tuesday), Erica Krier (Wednesday) and Libby Butler

Essentrics
Ages: 13 yrs +
A low-impact, moving and stretching class with a full body workout.
Instructor: Paulette Faro-Schembri

TRX Suspension Trainers will be incorporated into the workout.

Barre Sculpt
Ages: 13 yrs +
Use the ballet barre, light weights, isometric exercises and your body’s balance, to firm, lengthen, lift and sculpt graceful lines. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.
Instructor: Stacy Lochowicz

Pop Pilates
Instructor: Lisa Pope

Instructor: Kate Shapland

Fit Body Express
Ages: 13 yrs +
A high-intensity endurance-based workout. Shed fat, define muscle; transform the look of your entire physique and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort—this class is for you!
Instructor: Libby Butler

Fitness Fusion
Ages: 13 yrs +
You will never get bored with this eclectic blend of exercises. TRX Suspension and Rig Training will be used along with BOSU, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.
Instructor: Libby Butler

Belly Dance Fitness
Ages: 13 yrs +
Get a great core and aerobic fitness workout without even noticing! Explore the art of dance and movement through belly dance. Focus on body mechanics and core strength with fun and a twist. Learn technique and skills which will include props and musicality. No prior dance experience necessary.
Instructor: Adina Shapland

Pop Pilates
Instructor: Lisa Pope

Instructor: Libby Butler

Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX Suspension Trainers will be incorporated into the workout.

Zumba Toning
Ages: 13 yrs +
Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core... and have fun!
Instructor: Lisa Pope

Barre Sculpt
Ages: 13 yrs +
Use the ballet barre, light weights, isometric exercises and your body’s balance, to firm, lengthen, lift and sculpt graceful lines. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.
Instructor: Paulette Faro-Schembri

TRX Suspension Trainers will be incorporated into the workout.

Barre Sculpt
Ages: 13 yrs +
Use the ballet barre, light weights, isometric exercises and your body’s balance, to firm, lengthen, lift and sculpt graceful lines. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.
Instructor: Stacy Lochowicz

Pop Pilates
Instructor: Lisa Pope

Instructor: Kate Shapland

Fit Body Express
Ages: 13 yrs +
A high-intensity endurance-based workout. Shed fat, define muscle; transform the look of your entire physique and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort—this class is for you!
Instructor: Libby Butler

Fitness Fusion
Ages: 13 yrs +
You will never get bored with this eclectic blend of exercises. TRX Suspension and Rig Training will be used along with BOSU, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.
Instructor: Libby Butler

Belly Dance Fitness
Ages: 13 yrs +
Get a great core and aerobic fitness workout without even noticing! Explore the art of dance and movement through belly dance. Focus on body mechanics and core strength with fun and a twist. Learn technique and skills which will include props and musicality. No prior dance experience necessary.
Instructor: Adina Shapland

Pop Pilates
Instructor: Lisa Pope

Instructor: Libby Butler

Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX Suspension Trainers will be incorporated into the workout.

Zumba Toning
Ages: 13 yrs +
Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core... and have fun!
Instructor: Lisa Pope

Barre Sculpt
Ages: 13 yrs +
Use the ballet barre, light weights, isometric exercises and your body’s balance, to firm, lengthen, lift and sculpt graceful lines. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.
Instructor: Paulette Faro-Schembri

TRX Suspension Trainers will be incorporated into the workout.

Barre Sculpt
Ages: 13 yrs +
Use the ballet barre, light weights, isometric exercises and your body’s balance, to firm, lengthen, lift and sculpt graceful lines. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.
Instructor: Stacy Lochowicz

Pop Pilates
Instructor: Lisa Pope

Instructor: Kate Shapland

Fit Body Express
Ages: 13 yrs +
A high-intensity endurance-based workout. Shed fat, define muscle; transform the look of your entire physique and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort—this class is for you!
Instructor: Libby Butler

Fitness Fusion
Ages: 13 yrs +
You will never get bored with this eclectic blend of exercises. TRX Suspension and Rig Training will be used along with BOSU, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.
Instructor: Libby Butler

Belly Dance Fitness
Ages: 13 yrs +
Get a great core and aerobic fitness workout without even noticing! Explore the art of dance and movement through belly dance. Focus on body mechanics and core strength with fun and a twist. Learn technique and skills which will include props and musicality. No prior dance experience necessary.
Instructor: Adina Shapland
**ACTIVE ADULT FITNESS**

All of the classes on this page are designed for ages 55 and older; there is space available for ages 18-54.

### Fitness Club
**Ages: 55 yrs +**
Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises. SilverSneakers welcome.

- **Location:** MRC
- **Instructor:** Marty Grims

### SilverSneakers Classic
**Ages: 55 yrs +**
Increase strength and range of movement. Handheld weights, elastic tubing with handles and a ball will be used. A chair is used for support. Class is open to all.

- **Location:** MRC
- **Instructor:** Marty Grims

### Total Body Fitness
**Ages: 55 yrs +**
Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers welcome.

- **Location:** MRC
- **Instructor:** Stacy Lochowicz

### Parkinson’s & MS Fitness
**Ages: 55 yrs +**
This class incorporates exercises targeting deficits specific to people with Parkinson’s Disease, multiple sclerosis, stroke recovery or movement disorders by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. The class includes a head-to-toe seated warmup, followed by unique standing exercises and routines. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous, and new participants can join at any time.

- **Location:** ERC
- **Instructor:** Liz Shepard

### Continuing Weight Training
**Ages: 55 yrs +**
This self-guided class allows you to workout in the weight room with access to a personal trainer between 8:15-10:30 AM, M-Th. Prerequisite: Three months of Beginning Weight Training or fitness staff approval. SilverSneakers members use the special number listed to register in person, and swipe your card each time you come in. All others, please use the class number to register.

- **Location:** MRC
- **Instructor:** Marty Grims

### Step Smart
**Ages: 55 yrs +**
Focus on walking basics through motion and body awareness. Students learn to improve their gait, posture and balance in a safe and fun community atmosphere. Liz is a B.Sc., Certified Exercise Physiologist and international masters USAATF Race Walker.

- **Location:** ERC
- **Instructor:** Liz Shepard

### Walk for Fitness
**Ages: 40 yrs +**
Powerful walking is a great way to burn calories while improving your cardiovascular fitness. Join Exercise Physiologist and International masters USAATF Race Walker, Liz Shepard, in learning to walk a mile in 25 minutes or less.

- **Location:** ERC
- **Instructor:** Liz Shepard

### Total Body Fitness (STARRED)
**Ages: 55 yrs +**
Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises. This is not a weight training class.

- **Location:** MRC
- **Instructor:** Marty Grims

### Wellness Insurance Programs

---

**ACTIVE ADULT FITNESS**

<table>
<thead>
<tr>
<th>Class</th>
<th>Activity #</th>
<th>Date Range</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Res Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fitness Club</strong></td>
<td>32260111</td>
<td>6/1 – 6/29</td>
<td>M, W</td>
<td>9:00 – 10:00 AM</td>
<td>MRC</td>
<td>$30</td>
<td>$24</td>
</tr>
<tr>
<td></td>
<td>32260112</td>
<td>7/1 – 7/29</td>
<td>M, W</td>
<td>9:00 – 10:00 AM</td>
<td>MRC</td>
<td>$30</td>
<td>$24</td>
</tr>
<tr>
<td></td>
<td>32260113</td>
<td>8/3 – 8/31</td>
<td>M, W</td>
<td>9:00 – 10:00 AM</td>
<td>MRC</td>
<td>$30</td>
<td>$24</td>
</tr>
<tr>
<td><strong>SilverSneakers Classic</strong></td>
<td>32261011</td>
<td>6/1 – 6/29</td>
<td>M, W</td>
<td>10:15 – 11:15 AM</td>
<td>MRC</td>
<td>$30</td>
<td>$24</td>
</tr>
<tr>
<td></td>
<td>32261012</td>
<td>7/1 – 7/29</td>
<td>M, W</td>
<td>10:15 – 11:15 AM</td>
<td>MRC</td>
<td>$30</td>
<td>$24</td>
</tr>
<tr>
<td></td>
<td>32261013</td>
<td>8/3 – 8/31</td>
<td>M, W</td>
<td>10:15 – 11:15 AM</td>
<td>MRC</td>
<td>$30</td>
<td>$24</td>
</tr>
<tr>
<td><strong>Total Body Fitness</strong></td>
<td>32260711</td>
<td>6/3 – 6/24</td>
<td>W</td>
<td>9:30 – 10:30 AM</td>
<td>Free</td>
<td>$22</td>
<td>$17</td>
</tr>
<tr>
<td></td>
<td>32260712</td>
<td>7/1 – 7/29</td>
<td>W</td>
<td>9:30 – 10:30 AM</td>
<td>Free</td>
<td>$22</td>
<td>$17</td>
</tr>
<tr>
<td></td>
<td>32260713</td>
<td>8/3 – 8/26</td>
<td>W</td>
<td>9:30 – 10:30 AM</td>
<td>Free</td>
<td>$22</td>
<td>$17</td>
</tr>
<tr>
<td><strong>Step Smart</strong></td>
<td>32261011</td>
<td>8/1 – 8/29</td>
<td>W</td>
<td>11:00 AM – NOON</td>
<td>Free</td>
<td>$22</td>
<td>$17</td>
</tr>
<tr>
<td></td>
<td>32261012</td>
<td>7/1 – 7/29</td>
<td>W</td>
<td>11:00 AM – NOON</td>
<td>Free</td>
<td>$22</td>
<td>$17</td>
</tr>
<tr>
<td></td>
<td>32261013</td>
<td>8/3 – 8/26</td>
<td>W</td>
<td>11:00 AM – NOON</td>
<td>Free</td>
<td>$22</td>
<td>$17</td>
</tr>
<tr>
<td><strong>Walk for Fitness</strong></td>
<td>32260911</td>
<td>8/1 – 8/29</td>
<td>Sa</td>
<td>10:45 – 11:45 AM</td>
<td>ERC</td>
<td>$33</td>
<td>$26</td>
</tr>
<tr>
<td></td>
<td>32260913</td>
<td>8/3 – 8/31</td>
<td>Sa</td>
<td>10:45 – 11:45 AM</td>
<td>ERC</td>
<td>$33</td>
<td>$26</td>
</tr>
<tr>
<td></td>
<td>32261111</td>
<td>9/1 – 9/29</td>
<td>Tu, Th</td>
<td>9:45 – 10:45 AM</td>
<td>ERC</td>
<td>$30</td>
<td>$24</td>
</tr>
<tr>
<td></td>
<td>32261112</td>
<td>9/1 – 9/29</td>
<td>Tu, Th</td>
<td>9:45 – 10:45 AM</td>
<td>ERC</td>
<td>$30</td>
<td>$24</td>
</tr>
<tr>
<td></td>
<td>32261113</td>
<td>8/4 – 8/27</td>
<td>Tu, Th</td>
<td>9:45 – 10:45 AM</td>
<td>ERC</td>
<td>$26</td>
<td>$21</td>
</tr>
<tr>
<td><strong>Parkinson’s &amp; MS Fitness</strong></td>
<td>32260911</td>
<td>6/6 – 6/27</td>
<td>Sa</td>
<td>10:45 AM – NOON</td>
<td>MRC</td>
<td>$16</td>
<td>$13</td>
</tr>
<tr>
<td></td>
<td>32260912</td>
<td>7/11 – 7/25</td>
<td>Sa</td>
<td>10:45 AM – NOON</td>
<td>MRC</td>
<td>$16</td>
<td>$13</td>
</tr>
<tr>
<td></td>
<td>32260913</td>
<td>8/1 – 8/29</td>
<td>Sa</td>
<td>10:45 AM – NOON</td>
<td>MRC</td>
<td>$21</td>
<td>$17</td>
</tr>
<tr>
<td><strong>Beginning Weight Training</strong></td>
<td>32263211</td>
<td>6/1 – 6/29</td>
<td>M, W</td>
<td>9:00 – 11:00 AM</td>
<td>MRC</td>
<td>$32</td>
<td>$26</td>
</tr>
<tr>
<td></td>
<td>32263212</td>
<td>7/1 – 7/29</td>
<td>M, W</td>
<td>9:00 – 11:00 AM</td>
<td>MRC</td>
<td>$32</td>
<td>$26</td>
</tr>
<tr>
<td></td>
<td>32263213</td>
<td>8/3 – 8/31</td>
<td>M, W</td>
<td>9:00 – 11:00 AM</td>
<td>MRC</td>
<td>$32</td>
<td>$26</td>
</tr>
<tr>
<td><strong>Continuing Weight Training</strong></td>
<td>32263311</td>
<td>6/1 – 6/30</td>
<td>M – Th</td>
<td>8:15 – 10:30 AM</td>
<td>MRC</td>
<td>$33</td>
<td>$26</td>
</tr>
<tr>
<td></td>
<td>32263312</td>
<td>7/1 – 7/30</td>
<td>M – Th</td>
<td>8:15 – 10:30 AM</td>
<td>MRC</td>
<td>$33</td>
<td>$26</td>
</tr>
<tr>
<td></td>
<td>32263313</td>
<td>8/3 – 8/31</td>
<td>M – Th</td>
<td>8:15 – 10:30 AM</td>
<td>MRC</td>
<td>$33</td>
<td>$26</td>
</tr>
<tr>
<td><strong>Beginning Weight Training</strong></td>
<td>32263231</td>
<td>6/2 – 6/30</td>
<td>M, W</td>
<td>9:00 – 11:00 AM</td>
<td>MRC</td>
<td>$32</td>
<td>$26</td>
</tr>
<tr>
<td></td>
<td>32263232</td>
<td>7/2 – 7/30</td>
<td>M, W</td>
<td>9:00 – 11:00 AM</td>
<td>MRC</td>
<td>$32</td>
<td>$26</td>
</tr>
<tr>
<td></td>
<td>32263233</td>
<td>8/4 – 8/27</td>
<td>M, W</td>
<td>9:00 – 11:00 AM</td>
<td>MRC</td>
<td>$32</td>
<td>$26</td>
</tr>
<tr>
<td><strong>Step Smart</strong></td>
<td>32260311</td>
<td>6/3 – 6/24</td>
<td>W</td>
<td>8:00 – 9:00 AM</td>
<td>ERC</td>
<td>$22</td>
<td>$17</td>
</tr>
<tr>
<td></td>
<td>32260312</td>
<td>7/1 – 7/15</td>
<td>W</td>
<td>8:00 – 9:00 AM</td>
<td>ERC</td>
<td>$16</td>
<td>$13</td>
</tr>
<tr>
<td></td>
<td>32260313</td>
<td>8/5 – 8/26</td>
<td>W</td>
<td>8:00 – 9:00 AM</td>
<td>ERC</td>
<td>$22</td>
<td>$17</td>
</tr>
<tr>
<td><strong>Walk for Fitness</strong></td>
<td>32260711</td>
<td>6/3 – 6/24</td>
<td>W</td>
<td>9:00 – 10:00 AM</td>
<td>ERC</td>
<td>$22</td>
<td>$17</td>
</tr>
<tr>
<td></td>
<td>32260712</td>
<td>7/1 – 7/15</td>
<td>W</td>
<td>9:00 – 10:00 AM</td>
<td>ERC</td>
<td>$16</td>
<td>$13</td>
</tr>
<tr>
<td></td>
<td>32260713</td>
<td>8/5 – 8/26</td>
<td>W</td>
<td>9:00 – 10:00 AM</td>
<td>ERC</td>
<td>$22</td>
<td>$17</td>
</tr>
</tbody>
</table>

**STARRED CLASSES (●) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 23.**
YOGA & TAI CHI

GENTLE YOGA AND TAI CHI

Tai Chi for Better Balance
Ages: 55 yrs +
Improve your balance while enhancing your agility and coordination with tai chi-based movements. The class format and design are one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor. Location: MRC Instructor: Patty Vogt

Light Yoga
Ages: 55 yrs +
For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses feel light on your feet. You must be able to get down and up from the floor. SilverSneakers welcome. Location: MRC Instructor: Barbara Meadows

Chair Yoga
Ages: 55 yrs +
Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity. Location: ERC Instructor: Catherine Glenn

Gentle Yoga
Ages: 55 yrs +
Let go of stress through a full spectrum of gentle standing, seated and floor poses. Practice with your body. Get detailed explanations of the poses, with time to listen to your body and focus on your alignment in each pose. Focus more on the breath and practice breath work (pranayama). Finish your practice in Savasana with guided relaxation. Location: MRC Instructor: Erin Mathiason

Wellness Insurance Programs

YOGA & TAI CHI

Therapeutic Tai Chi
Ages: 55 yrs +
Better manage chronic health conditions and improve overall well-being based on a variety of true evidence-based tai chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, improve posture and balance while integrating the mind, body and spirit. Location: MRC Instructor: Sri Shiva

ACTIVE YOGA AND TAI CHI

Tai Chi Yoga Fusion
Ages: 16 yrs +
Blending the best of both ancient arts, your practice will be filled with gentle, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness and more. Location: MRC Instructor: Erin Mathiason

Energize Yoga
Ages: 16 yrs +
Start your day energized, without the caffeine jitters. This combination of hatha and vinyasa moves will leave you stretched, focused and balanced for the day ahead. Location: MRC Instructor: Phred Hall

Foundations Yoga
Ages: 13 yrs +
Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience. Location: MRC Instructor: Erin Mathiason

Hatha Yoga
Ages: 16 yrs +
Increase flexibility, build strength, calm the mind and open the heart with hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-levels class. Location: MRC Instructor: Erin Mathiason

Core Yoga
Ages: 13 yrs +
Improve flexibility, balance and strength, especially in the core to protect the back. Modifications and props available. Appropriate for beginner to intermediate. Location: MRC Instructor: Stephanie Turner

ERC = Englewood Recreation Center, MRC = Malley Recreation Center

GENTLE YOGA & TAI CHI

Beginning Tai Chi for Better Balance
Class Activity # Dates Days Time Location Fee Res Fee
32253511 6/2 - 8/13 Tu, Th 2:15 - 3:15 PM MRC $103 $83
32258313 8/4 - 8/27 Tu, Th 4:45 - 5:45 PM MRC $43 $35

Advanced Tai Chi for Better Balance
Class Activity # Dates Days Time Location Fee Res Fee
32255411 6/2- 8/13 Tu, Th 1:15 - 2:15 PM MRC $103 $83

Light Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32258212 6/2 - 6/30 Tu, F 8:45 - 10:00 AM MRC $49 $40
32258213 7/3 - 7/31 Tu, F 8:45 - 10:00 AM MRC $43 $35
32258212 8/4 - 8/28 Tu, F 8:45 - 10:00 AM MRC $43 $35

Gentle Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32258511 6/2 - 6/30 Tu 10:30 - 11:30 AM MRC $40 $31
32258513 7/7 - 7/27 Tu 10:30 - 11:30 AM MRC $31 $25
32258511 8/4 - 8/25 Tu 10:30 - 11:30 AM MRC $31 $25

Chair Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32258312 6/2 - 6/30 Tu, Th 11:00 am – NOON ERC $47 $37
32258312 7/2 - 7/30 Tu, Th 11:00 am – NOON ERC $47 $37
32258313 8/4 - 8/27 Tu, Th 11:00 am – NOON ERC $42 $33

Therapeutic Tai Chi
Class Activity # Dates Days Time Location Fee Res Fee
32255111 6/4 - 6/25 Th 10:00 - 11:00 AM MRC $40 $31
32255112 7/2 - 7/30 Th 10:00 - 11:00 AM MRC $31 $25
32255113 8/6 - 8/27 Th 10:00 - 11:00 AM MRC $31 $25

Chair Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32258321 6/5 - 6/26 F 8:30 - 9:30 AM MRC $16 $13
32258322 7/10 - 7/31 F 8:30 - 9:30 AM MRC $16 $13
32258323 8/7 - 8/28 F 8:30 - 9:30 AM MRC $16 $13

ACTIVE YOGA & TAI CHI

Tai Chi Yoga Fusion
Class Activity # Dates Days Time Location Fee Res Fee
32255511 6/1 - 6/29 M 4:00 - 5:00 PM ERC $40 $31
32255512 7/6 - 7/27 M 4:00 - 5:00 PM ERC $31 $25
32255513 8/3 - 8/24 M 4:00 - 5:00 PM ERC $40 $31

Energize Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32258011 6/1 - 6/29 M 7:00 - 8:00 AM ERC $50 $40
32258012 7/6 - 7/27 M 7:00 - 8:00 AM ERC $39 $31
32258013 8/3 - 8/24 M 7:00 - 8:00 AM ERC $39 $31

Foundations Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32256211 6/3 - 6/24 W 6:45 - 8:00 PM ERC $34 $27
32256212 7/1 - 7/29 W 6:45 - 8:00 PM ERC $42 $33
32256213 8/5 - 8/26 W 6:45 - 8:00 PM ERC $34 $27

Hatha Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32256911 6/3 - 6/24 W 4:00 - 5:00 PM MRC $34 $27
32256912 7/1 - 7/29 W 4:00 - 5:00 PM MRC $42 $33
32256913 8/5 - 8/26 W 4:00 - 5:00 PM MRC $34 $27

Core Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32257111 6/6 - 6/27 Sa 9:15 - 10:30 AM MRC $34 $27
32257112 7/11 - 7/25 Sa 9:15 - 10:30 AM MRC $25 $21
32257113 8/11 - 8/29 Sa 9:15 - 10:30 AM MRC $42 $33

Energize Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32256911 6/3 - 6/24 W 6:45 - 8:00 PM ERC $34 $27
32256912 7/1 - 7/29 W 6:45 - 8:00 PM ERC $42 $33
32256913 8/5 - 8/26 W 6:45 - 8:00 PM ERC $34 $27

Hatha Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32256911 6/3 - 6/24 W 4:00 - 5:00 PM MRC $34 $27
32256912 7/1 - 7/29 W 4:00 - 5:00 PM MRC $42 $33
32256913 8/5 - 8/26 W 4:00 - 5:00 PM MRC $34 $27

Core Yoga
Class Activity # Dates Days Time Location Fee Res Fee
32257111 6/6 - 6/27 Sa 9:15 - 10:30 AM MRC $34 $27
32257112 7/11 - 7/25 Sa 9:15 - 10:30 AM MRC $25 $21
32257113 8/11 - 8/29 Sa 9:15 - 10:30 AM MRC $42 $33

ERC = Englewood Recreation Center, MRC = Malley Recreation Center
Step One: Essential Pilates Orientation
Ages: 26 yrs +
Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance.

Step Two: Pilates Reformer Principles
Ages: 26 yrs +
In these two private sessions learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into the Beginning Pilates Reformer class, and as an extra benefit receive a $10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session.

Step Three: Beginning Pilates Reformer
Ages: 16 yrs +
Beginning Pilates Reformer will start you on your Pilates road to success. Beginning Pilates Reformer is designed for those who have taken at least two sessions of Essential Pilates Principles or instructor’s permission.

Step Four: Continuing Pilates Reformer
Ages: 16 yrs +
Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes or instructor’s permission.

Pilates Personal Training
Perfect for: beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes wanting to improve performance and individuals in post-rehab following an injury. Each session is 60 minutes. To schedule, call 303-762-2678. Your call will be returned within two business days. Yoga Personal Training is also available.

Private: One-on-One

<table>
<thead>
<tr>
<th>Fee</th>
<th>1 Session</th>
<th>3 Sessions</th>
<th>6 Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>$59</td>
<td>$163</td>
<td>$300</td>
<td></td>
</tr>
</tbody>
</table>

Res. Fee

<table>
<thead>
<tr>
<th>Fee</th>
<th>1 Session</th>
<th>3 Sessions</th>
<th>6 Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>$47</td>
<td>$130</td>
<td>$240</td>
<td></td>
</tr>
</tbody>
</table>

Small group sessions of 2-3 people are available. Please call the Personal Training line for pricing. Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.

PILATES

Class Activity # Dates Days Time Instructor Location Fee Res Fee

STEP ONE Essential Pilates Orientation
32254111 6/1 M 7:10 - 8:10 PM Catherine G. MRC $86 $69
32254112 6/2 Tu 2:30 - 3:30 PM Catherine G. MRC $86 $69
32254113 7/1 W 7:10 - 8:10 PM Catherine G. MRC $86 $69
32254114 7/7 Tu 2:30 - 3:30 PM Catherine G. MRC $86 $69
32254115 8/3 M 7:10 - 8:10 PM Catherine G. MRC $86 $69
32254116 8/4 Tu 2:30 - 3:30 PM Catherine G. MRC $86 $69

PILATES

Class Activity # Dates Days Time Instructor Location Fee Res Fee

STEP ONE Essential Pilates Orientation
32254111 6/1 M 7:10 - 8:10 PM Catherine G. MRC $86 $69
32254112 6/2 Tu 2:30 - 3:30 PM Catherine G. MRC $86 $69
32254113 7/1 W 7:10 - 8:10 PM Catherine G. MRC $86 $69
32254114 7/7 Tu 2:30 - 3:30 PM Catherine G. MRC $86 $69
32254115 8/3 M 7:10 - 8:10 PM Catherine G. MRC $86 $69
32254116 8/4 Tu 2:30 - 3:30 PM Catherine G. MRC $86 $69

PILATES

Class Activity # Dates Days Time Instructor Location Fee Res Fee

STEP TWO Pilates Reformer Principles
32254211 6/1 - 6/31 M-F TBD TBD MRC $86 $69
32254311 6/3 - 6/24 W 6:05 - 7:05 PM Michael M. MRC $64 $51
32254312 7/1 - 7/29 W 6:05 - 7:05 PM Michael M. MRC $80 $64
32254313 8/5 - 8/26 W 6:05 - 7:05 PM Michael M. MRC $64 $51
32254321 6/5 - 6/26 F 9:40 - 10:40 AM Catherine G. MRC $64 $51
32254322 7/3 - 7/31 F 9:40 - 10:40 AM Catherine G. MRC $80 $64
32254323 8/7 - 8/28 F 9:40 - 10:40 AM Catherine G. MRC $64 $51
32254331 6/5 - 6/26 F 11:50 AM - 12:50 PM Catherine G. MRC $64 $51
32254332 7/3 - 7/31 F 11:50 AM - 12:50 PM Catherine G. MRC $80 $64
32254333 8/7 - 8/28 F 11:50 AM - 12:50 PM Catherine G. MRC $64 $51
32254341 6/2 - 6/30 Tu 11:50 AM - 12:50 PM Catherine G. MRC $80 $64
32254342 7/7 - 7/28 Tu 11:50 AM - 12:50 PM Catherine G. MRC $64 $51
32254343 8/4 - 8/25 Tu 11:50 AM - 12:50 PM Catherine G. MRC $64 $51
32254411 6/1 - 6/29 M 9:00 - 10:00 AM Michael M. MRC $64 $51
32254412 7/6 - 7/27 M 9:00 - 10:00 AM Michael M. MRC $64 $51
32254413 8/3 - 8/31 M 9:00 - 10:00 AM Catherine G. MRC $80 $64
32254421 6/1 - 6/29 M 5:00 - 6:00 PM Michael M. MRC $80 $64
32254422 7/6 - 7/27 M 5:00 - 6:00 PM Michael M. MRC $80 $64
32254423 8/3 - 8/31 M 5:00 - 6:00 PM Michael M. MRC $64 $51
32254431 6/1 - 6/29 M 6:05 - 7:05 PM Michael M. MRC $80 $64
32254432 7/6 - 7/27 M 5:00 - 6:00 PM Michael M. MRC $64 $51
32254433 8/3 - 8/31 M 5:00 - 6:00 PM Michael M. MRC $64 $51
32254441 6/2 - 6/30 Tu 12:15 - 1:15 PM Catherine G. MRC $80 $64
32254442 7/7 - 7/28 Tu 12:15 - 1:15 PM Catherine G. MRC $64 $51
32254443 8/4 - 8/25 Tu 12:15 - 1:15 PM Catherine G. MRC $64 $51
32254451 6/3 - 6/24 W 5:00 - 6:00 PM Michael M. MRC $64 $51
32254452 7/1 - 7/29 W 5:00 - 6:00 PM Michael M. MRC $80 $64
32254453 8/5 - 8/26 W 5:00 - 6:00 PM Michael M. MRC $64 $51
32254461 6/5 - 6/26 F 10:45 - 11:45 AM Michael M. MRC $80 $64
32254462 7/3 - 7/31 F 10:45 - 11:45 AM Michael M. MRC $80 $64
32254463 8/7 - 8/28 F 10:45 - 11:45 AM Catherine G. MRC $64 $51

MRC = Malley Recreation Center

Englewood Recreation Guide — englewoodrec.org
Excursion fee includes escort, transportation, tour, admission tickets unless otherwise stated. Restaurant meals and snack/treats are on your own, unless noted. For outdoor excursions bring closed-toed shoes, jacket, hat, sunscreen and water.

Some excursions include significant walking. Please do not register for an excursion if you are unable to walk more than ¼ mile.

EXCURSIONS

JUNE

**History of Englewood Town**

Something happened right here in Englewood in July of 1858 that changed the course of American history. Join Englewood historian and citizen, Doug Cohn, and hear the story. Then we will set off to see the first house, the Santa Fe train depot, light rail system, the site of General Iron Works, the first bridge across the Platte River south of Denver and other historic places. Englewood has been home to many innovative thinkers and inventors. Bring a sack lunch. We will tour an Englewood park.

6/5 F 10:00 - 3:00 PM $34/$27 32063011

**Black Hawk and Central City**

Let’s go gambling! The bus will drop you off and pick you up in the heart of it all. Choose to visit your favorite casino, visit historic sites, and buildings that opened in 1920 and ride the train. Replicas include The Fort, Argo Gold Mill, and Coney Island Hot Dog. Shop at the gift store for a souvenir or enjoy an ice cream treat.

6/16 Tu 11:30 AM - 4:45 PM $36/$30 32060511

**Tiny Town & Mac Nation – Morrison**

Tucked in the foothills and featuring State-themed dishes, dig into the cheesiest, most delectable mac-n-cheese ever. Try the St. Louis (with ribs) or the Iowa (bacon & blue cheese). Then see the miniature-sized village of 125 tiny replicas of Colorado landmarks and buildings that opened in 1950 and ride the train. Replicas include the Fort, Argo Gold Mill, and Coney Island Hot Dog. Shop at the gift store for a souvenir or enjoy an ice cream treat.

6/16 Th 11:00 AM - 2:45 PM $17/$13 32060611

**Ifly Indoor Skydiving – Lone Tree**

Enjoy the adventure of a lifetime and float on a cushion of air! No jumping or falling. Perfect for anyone age 3-10! Your experience will include a demo from special guest competitive indoor skydiver Kiana (Cheryl’s daughter). Also included will be a first-time flyer course, flight gear and two flight rotations with an instructor in the wind tunnel. A link to your flight video and a personalized certificate will be provided. Lunch at Mimi’s Café.

6/11 Th 10:15 AM - 2:35 PM $80/$70 32063281

**Into America’s Wild – Denver – RTD**

A fun summer visit to the Museum of Nature and Science! View the museum’s exhibits and enjoy the highlight of the IMAX film. From the acclaimed hit film National Parks Adventure comes an unforgettable cross-country adventure. A nonstop ride via kayak, bike, train, hot air balloon, zip-line, kite-board and more. The film visits some of the most beautiful and untamed landscapes of America.

6/16 Tu 11:30 AM - 4:45 PM $36/$30 32060511

**Red Granite Ranch – Livermore**

Just west of Ft. Collins, we’ll spend the day with 400 baby and adult alpacas, plus horses. Take a 4-wheel ride out to see an old stagecoach homestead, walk the grounds and feed the alpacas. They like lettuce, broccoli and strawberries. Bring a sack lunch as Marc & Sharon open their home to us. Wear long pants, comfy shoes and a jacket.

6/29 M 8:30 AM - 4:30 PM $32/$26 32061211

**JULY**

**Cripple Creek Mayhem**

Enjoy the ride to Cripple Creek, a historic gambling and mining town that’s one of the most scenic destinations in Colorado. The restored Old West brick buildings along Bennett Avenue, surrounded by majestic mountains, boast nine casinos as well as great restaurants and shops. Spend the day sightseeing, wandering the town or visiting a casino. All activities on your own.

7/11 Th 8:30 AM - 6:00 PM $36/$30 32061311

**Mob Tour**

Guide and Historian, Tom Hackett, will take you on an exciting 20-stop tour through Denver. Explore the crime and murder scenes, social clubs, homes of bootleggers and some of Denver’s most influential mobsters while uncovering the truths behind those legends. A special mob lunch at Gaetano’s, authentic Italian food.

7/7 Tu 10:15 AM - 3:30 PM $42/$34 32061411

**A Summer Day in Vail**

Spend the day in the incredibly gorgeous mountain town of Vail! We’ll start with sightseeing, shopping and lunch in the Village. Then enjoy the concert, Kila & Beethoven, by the Azur Quartet in the Vail Interfaith Chapel part of Bravo Vail. Stroll through and smell the flowers in the Betty Ford Alpine Gardens.

7/9 Th 8:00 AM - 5:30 PM $34/$27 32061511

**Terry Bison Ranch – Cheyenne**

If you want to see bison, this narrated tour is the way to go. Ride one of our custom-built trains and see 2,000 head of American bison along with ostriches, camels and other fun farm animals. Lunch on your own at the Senator’s Steakhouse & Brass Buffalo Saloon. Shop at the Post Gift Shop and stroll around the ranch. On our way north, we’ll stop by Johnson’s Corner, home of the infamous cinnamon rolls.

7/15 W 8:45 AM - 5:45 PM $57/$46 32061111

**Summerfest – Evergreen**

A family-friendly festival of art, crafts, music, food and drinks in Buchanan Park. With 120 artists and craftspeople from across the country, view and shop the handmade treasures of ceramics, digital art, fiber, glass, jewelry, metal, mixed media, painting, photography, sculpture, wood and more. Sit back, enjoy a cold drink and listen to the bands.

7/18 Sa 9:30 AM - 1:45 PM $24/$20 32061711

**Wilderness on Wheels & Geargetown – Grant**

Roll, stroll and walk your way up the 1-mile, 8 ft. wide wooden boardwalk that rises to 9,000 ft. Enjoy the beautiful outdoors on the edge of the Continental Divide and the base of Kenosha Pass. Enjoy the trout stream, wetland tundra, mountain peaks, wildflowers, moss-covered rocks and aspen trees. Plenty of places to rest along the way! Bring a sack lunch for a picnic. The drive home will be over Guanella Pass with a stop in Georgetown for an ice cream treat.

7/20 M 9:30 AM - 3:30 PM $32/$19 32061811

**SeaQuest & Cheesecake Factory – Littleton**

Immerse yourself in a world of discovery! Go on an adventure through rainforests, deserts and the depths of the seas. With exciting exhibits for folks of all ages, watch the stingrays, feed the tuna, and encounter the caimans, marvel at the sharks and more. Connect with amazing animals from all over the planet. Lunch at the Cheesecake Factory and time to Mall shop; check out the Local Maker’s Market.

7/23 Th 9:45 AM - 3:15 PM $37/$30 32061911

**Reawakening – RMNP**

Where else can you ride through meadows filled with wildflowers in the morning and canyons of snow in the afternoon? Guide Dave will share how Mother Nature awakes from her blanket of snow as we climb out of the valley on Trail Ridge Road, the nation’s highest continuous paved road. Experience the thrill of riding through walls of snow higher than the bus. Lunch will be at a restaurant of your choice in Grand Lake.

7/29 W 8:00 AM - 6:00 PM $78/$63 32060911

**The Cereal Box & Colorado Railroad Museum – Arvada/Golden**

With more than 120 cereals from around the world, a variety of toppings, gallons of crazy milk, and shelves of collectible vinyl toys, The Cereal Box is a place where you can build your dream bowl. Let’s lose track of time! At the 1880s-replica Depot Museum and 15-acre rail yard, you will find over 100 engines, cabooses, coaches, a garden railway and a renovated library. The roundhouse restoration facility with working turntable is a popular place.

7/30 Th 9:30 AM - 2:15 PM $30/$24 32062111
Green Mountain Falls & Manitou Springs

Enjoy! The Pantry’s large all-you-can-eat Cowboy Breakfast Buffet of pancakes, sausage, fruit, bacon, potatoes, cinnamon rolls and more while listening to live music. Spend time in Historic Manitou Springs browsing and shopping galleries, boutiques and shops. A perfect way to spend a Saturday!

8/1
Sa 8:30 AM - 4:00 PM
$27/$32 32062211

Batter Up!

Take me out to the ballgame! Root for the home team as our Rockies take on the New York Mets! Seating along the 3rd base line. Food and drinks are available for purchase at the ballpark. Need a special seat? See Cheryl. Early cancellation date: July 22.

8/5
W 11:30 am - 5:00 pm
$35/$26 32062211

Flying W Chuckwagon Dinner & Show – Colorado Springs

After a devastating forest fire, they are open again! Enjoy a western Y’All Gettin’ Hungry! Yet experience at the historic ranch surrounded by red rock formations, hiking trails and ranch animals, and demos including Navajo rug weaving, horse shoeing and hat making. Lick your fingers from the BBQ meats, the foil-wrapped potato, veggies, sauces, spices and all your grilling needs. For lunch, enjoy homemade German-Russian pastry, pocket-filled krautburgers and Grandma Schreibvogel’s Carrot Cake for dessert!

8/7
M 3:45 PM - 11:00 pm
$83/$67 32062311

Littleton Museum & Historic Downtown

Taking you back to the 1860s, the museum has working farms, livestock and costumed interpreters. Walk throughout 20 historic and replica buildings, hearloom livestock and crops. The farm hosts stay in 1860s and 1890s character while churning butter, plowing fields, and working as blacksmiths. The main building houses exhibits, historic memorabilia and art from Littleton’s past and present. Lunch and shopping on your own in charming downtown Historic Littleton.

8/20
Th 8:45 AM - 2:00 PM
$16/$13 32062411

Lulu’s Farm & Lauer-Kratz – Brighton

With over 100 fresh produce options, Lulu’s is not your ordinary farmers market. Shop til you drop for peppers, meats, fruit, veggies, sauces, spices and all your grilling needs. For lunch, enjoy homemade German-Russian pastry, pocket-filled krautburgers and Grandma Schreibvogel’s Carrot Cake for dessert!

8/26
W 10:30 AM - 2:30 PM
$15/$12 32062711

Central Park & Glenmere Park – Greeley

Step back in time and experience history at this park that features over 35 historical buildings, costumed interpreters, heritage farm animals and eight acres of landscaped grounds. Live demos may include rope-making, corn shucking or scrub-board laundry techniques. Don’t miss visiting Selma’s Store. Enjoy a picnic lunch under the trees or by the lake and watch the ducks, turtles and squirrels at Greeley’s loveliest place, Glenmere Park!

8/24
M 9:00 AM - 2:45 PM
$31/$25 32062511

Centennial Park & Glenmere Park – Greeley

Ever wish you lived in the pioneer days? Have the inspiration to cross Utah trails to camp by Colorado’s largest lake? Have the courage and adaptability to live in a cave while digging to divert water out of the Grand River? You might see the Arapahoe men on horseback wandering through what would become RMNP. Join Dave and explore many wild experiences. You will be inspired to preserve the Wilderness, Wildlife and Wonder of Rocky Mountain National Park’s west side.

Location: Malley Recreation Center
Sponsored in part by Jai Senior Services Concierge

GUEST SPEAKER: The Black Aspen Paranormal Team “Experiences with Spirit Phenomena”

With 20 years of research and investigations in many states and Ontario, Jennifer and Daniel Clayburg have stories to share. Focusing on the audio recording of spirit phenomena, as well as spirit photography, they have investigated private residences, hotels, inns, hospitals, morgues, taverns, battlefields, cemeteries, schools and sanitariums. Through video, photos, audio and gear they will share the myths and history of paranormal phenomena around the world.

Location: Malley Recreation Center
Sponsored in part by Jai Senior Services Concierge

Malley Appreciation Ice Cream Social

FREE! Wednesday, 8/12 • 2:00 – 3:00 PM
Help us celebrate YOUR senior center! Enjoy an ice cream sundae with sprinkles, syrups and whipped cream while enjoying live entertainment. Sign up at the Front Desk to attend.
Sponsored in part by: Allen McGirl Insurance & Hallmark Nursing

ENGLEWOOD FARM AND TRAIN AT BELLEVIEW PARK

5001 S. Inca Dr. • 303-798-6927

$2.50 per person (under 24 months old free)

Open Saturday, 6/7 through Monday, 9/7
NEW HOURS: Sunday - Saturday, 9:30 AM - 3:30 PM
Follow us on Facebook for scheduled story times at the Farm.

Buckaroo discount pass coming soon!

Come meet our farm animals! Our farm hosts: rabbits, pigs, goats, chickens and more. All of our barn animals are loaned to us from area farms and then returned to their owners at the end of summer. Children must be accompanied by an adult at all times.

All Aboard! Come ride our train and enjoy the scenic views of Bellevue Park!
OPENING DAY

SUNDAY, JUNE 7

Pirates Cove and the Farm and Train at Belleview Park open June 7 for summer fun! Take a splash, meet a new furry friend and ride the train! See pages 36 & 57 for details.

CELEBRATE GOLF DAY – JUNE 17

Guests of all ages and abilities are invited to join our annual day on the greens! Free range, putting contest, food, fun and more! See page 30 for details. brokenteegolf.com