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As a new year turns to spring, we all look forward to new beginnings. Changes in leadership on our City Council are creating renewed focus and energy. I am genuinely optimistic in the future of Englewood. As many of you know, I am resigning as our Mayor and Council Member from District 1 due to my recent election as Englewood Municipal Judge. I will be replaced by a new representative from District 1 and a Council Member will be elected Mayor by our Council.

I am very proud of the work that our City Council, management and staff have accomplished over the years to strengthen our neighborhoods and economy. We have made great strides to improve the perception of our community as a desirable place to live and work. Englewood is blessed with a uniquely high quality of life, including our bustling business community, innovative school districts, distinctive community history, world-class cultural arts, wonderful natural resources, renowned recreational amenities and so much more.

As your presiding judge, I will have a very different role, but one that serves an equally important function in our community. Our judge oversees the Englewood Municipal Court that is established by Charter, and it is the only elected municipal judge in Colorado. This accountability ensures local trust in our judicial system. Our court has jurisdiction over Charter and Municipal Code issues, and must carry out its functions with professional efficiency and service.

One of the court's primary functions is to deter and punish crimes. This helps create, define and enforce social norms through a legal public process. However, our court also has a restorative function. On an individual level, this is accomplished with interventions for individuals who find themselves on self-destructive, violent or harmful paths. Our goal is not just to punish crimes, but also to refocus an individual on education, personal responsibility and rehabilitation. On a community level, this restorative function provides opportunities for victims to play a meaningful role in the legal process, including sentencing and also provides opportunities for the defendants to make restitution and reduce social fears among neighbors, in order to strengthen our community bonds. As Judge, I want to explore opportunities for expanding constructive community service generally, with a particular focus on those that provide meaningful restorative opportunities and youth participation.

Thank you all for being a part of the same community that I'm proud to call home. Our people and our relationships are what define us as a small town in the big city. Your combined engagement and contributions to our community as a resident, business, employee or friend are what make Englewood so great.

As always, I invite your comments, questions, or concerns by e-mail or phone.

Respectfully,

Joe Jefferson, Former Mayor and Presiding Municipal Judge
jefferson@inglewoodco.gov • 720-373-3639

It is a privilege and honor to serve you, the residents of Englewood, Colorado. Thank you! Principled, servant leadership requires an open heart and mind to first strive to understand, then try to be understood. Learning to learn and understand are the pinnacle of making informed and prudent decisions regardless of context or topic.

Yearning to learn and understand are the pinnacle of making informed and prudent decisions regardless of context or topic.

There are immutable characteristics inherent in the goals previously mentioned. In order for me to be most effective, I pledge to be available, to learn which areas of the City’s services can best meet an individual’s needs, and to improve upon the processes. To be courteous and respectful, we need to exemplify that behavior in our own lives, between council members, and with our citizens. High functioning teams and sustainable organizations are built on nothing less than each member bringing their very best to the table to solve problems for the betterment of the community. Each pitches in as they are able – citizen, City staff, and Council – for the overall well being of our great community, Englewood, Colorado.

Again, thank you for the opportunity to serve you. It is an honor.

Cheryl Wink, Council Member at Large
cwink@inglewoodco.gov • 720-409-0876

The new Police Headquarters will resolve all these issues, and more! It will be ADA compliant, far more energy efficient, and better support data, voice and other communication applications. And, a new security systems will improve safety for the public, police officers, and those who are detained.

The new building is funded by a $27 million bond measure that passed by Englewood voters with almost 60% support in November 2016. It’s estimated that the bond will cost homeowners $3.00 per month for each $100,000 home value. Tax increases are rarely popular, so it speaks to the character of Englewood citizens that this measure passed with such strong support.

I would like to extend deep thanks to my Englewood neighbors for investing in public safety infrastructure and providing a 21st century workplace for the brave officers of Englewood that safeguard our wonderful city everyday. I would also like to express profound gratitude to all the members of the Englewood Police Department for the phenomenonal, and often, thankless diligence they show in performing their admirable and critical duties.

The new Englewood Police Headquarters is a true win for everyone in the community.

Dave Cuesta, Council Member, District 4
dcuesta@inglewoodco.gov • 720-634-6133

On December 12, 2017, the City broke ground on Englewood’s new Police Headquarters. Constructed in 1972, the current building served its purpose well for several decades, but its best days are now behind it. The shortcomings of the current police headquarters include a leaky roof and walls, insect infestations, inadequate evidence storage and office space, poor locker rooms and training areas, unsecured parking lots, and only two usable holding cells, leading to overcrowding and safety risks.

One of the more compelling reasons a new headquarters is needed involves the station’s only closed interview room that shares a wall with two holding cells. This poor design has led to suspects overhearing interviews, which is not conducive to witness confidentiality.

What I understand to be true is to accomplish our community’s goals we must be accountable, transparent, candid and respectful. I am, and we are, a council made up of average citizens who just want to do what’s best for the entire populace. That said, predicting outcomes and measuring the effect of actions in the community is a discipline that I bring to the council chambers.

Thank you for your service to our City.

Dave Cuesta, Council Member, District 4

dcuesta@inglewoodco.gov • 720-634-6133

COUNCIL'S CORNER
Sustainability. This is one word that conjures a variety of emotions and has different meanings depending on who you ask. For the City of Englewood, sustainability means the assurance of a successful tomorrow.

Our community has been diligently and quietly working to build a balance between the economy, environment, and our residents. Whether it has been the move toward the use of biofuels, the agreement to work with Xcel’s Partners in Energy Program, or the plan to recapture methane and other resources at our wastewater treatment plant, Englewood has been hard at work setting the groundwork to become even more energy efficient well into the future.

These decisions make sense for a variety of reasons:

• Economically, we expect to see a reduction in our operational expenses;
• Environmentally, as we reduce our carbon footprint, we’re in a better position to enhance, rather than detract, from our natural environment;
• Socially, we know that these efforts align with the constituency of our community, which is made up of people who are passionate about ensuring a bright future.

This edition of the Englewood Magazine is all about sustainability. Inside, you will see an update on the Xcel Partners in Energy program as well as hear about the plans to recapture biogas at the Littleton-Englewood Wastewater Treatment Plant. There are some very exciting projects proposed for 2018, including the plan to work with City Council to create a financial sustainability strategy. Stay tuned, stay informed and be engaged!

Thank you for reading and for your feedback on how to make the Englewood Citizen magazine even better.

Eric A. Keck, City Manager
ekeck@englewoodco.gov • 303-762-2310

This Memorial Day, the Englewood Historic Preservation Society will host the Englewood Veterans Memorial at Englewood High School for the first time since Kay Howard started the event in 2015.

Kay built the event from the ground up, by first installing a 3-ton Colorado Rose Granite monument stone at the high school in 2014 and then producing three Memorial Day events to honor veterans.

The first event, in 2015, honored WWII veterans. In 2016, the event honored Korean War veterans and in 2017, Vietnam veterans were honored at the event.

Kay credits former Englewood Schools Superintendent Brian Ewert for his cooperation and support in installing the monument stone and pavers at Englewood High School.

She is also grateful for the event’s benefactor Colonel Douglas Russell Hols (EHS class of 1959). Doug, who lives in Annapolis, MD, was interested in hearing more about Kay’s idea to create a monument, so he and his wife visited Kay twice. After their second visit, Kay received a check for $20,000 in the mail.

Over the years, Kay worked hard, with the help of Ida May Nicholls, to raise roughly $60,000 toward the monument project and Memorial Day event.

In 2018, Kay was honored with the “Citizens Award” from the Daughters of the American Revolution and in 2016, she received the “Proud to Be an American” award from the American War Veterans Post.

After all her years of hard work in making the event a success, the Englewood Historic Preservation Society is pleased to continue the important tradition that Kay has set forth in Englewood, to honor our veterans.

Please join us on Sunday, May 27 to celebrate Memorial Day at Englewood High School.
Currently when wastewater enters the plant, bacteria break down the organic matter, like human feces, releasing methane gas. This methane gas is then burned off as waste. What the Biogas to Renewable Natural Gas (RNG) Project proposes is to clean out the impurities from the methane – things like carbon dioxide, hydrogen sulfide, and siloxanes - thereby transforming the methane into natural gas that can be sold to companies like Xcel Energy to heat homes, power vehicles and generate electricity.

“The beauty of the project is that it’s using something we’re wasting anyway,” said Blair Corning, Deputy Director of Strategic Programs for Littleton/Englewood Wastewater Treatment Plant (L/E WWTP). “So we’re helping the environment, generating revenue, and because we have the gas and infrastructure already, it’s all very feasible.”

In addition to the revenue from selling the gas itself, there is also the potential for selling credits to fuel refineries to meet their EPA obligations to reduce the use of fossil fuels. Both streams of revenue will lead to lower rates for residents.

While the potential financial gain for the City is exciting, there’s another important aspect of the project to consider, according to L/E WWTP Director John Kuosman.

“The project will help minimize emissions released from the facility into the community, as well as minimizing the City’s carbon footprint as a whole,” he said. “But it also really sets the stage for the City adopting even more innovative practices going forward. The success of this project will build desire to do more of these types of activities in the future.”

The Biogas Project is part of a larger shift in thinking when it comes to wastewater treatment and the industry in general. Facilities across the country are changing their names from wastewater plants to water resource recovery facilities, as communities are viewing the treatment of water not as a burden but as an opportunity to recover valuable resources and offset the cost of protecting public health and safeguarding the environment – places like the South Platte River.

The technology to make the methane gas suitable for use in natural gas pipelines already exists, and similar programs have successfully been implemented in Grand Junction, Boulder and Longmont. The L/E WWTP is scheduled to finalize agreements and financing in the first half of 2018 for construction to begin in Q3.

“Wastewater is beginning to be looked at as a resource instead of a problem,” said Corning. “Before it was just something we had to deal with, but now we’re looking at it as a potential resource. It isn’t just waste if we can figure out ways to recycle and reuse it beneficially.”

A new project being pioneered by the Littleton/Englewood Wastewater Treatment Plant will transform what you flush down the toilet into usable natural gas – and turn that gas into dollars.
COMMUNITY CONNEXIONS AT EVERY TURN

Jani Larson moved to Englewood when she was 11, and apart from a six-year stint away, has called Englewood home ever since.

With her children in Lakewood and Parker, and her twin sister in California, she’s thought about moving; but since she can’t think of anywhere else she’d like to live, her roots remain firmly planted here. “I really like the central location,” she said. “It’s a community with differences. Not all houses look the same.”

She also likes to see the new restaurants and businesses going in. “It’s nice to have options in Englewood,” she said.

After 24½ years as a social worker for Denver Human Services, she retired, but didn’t slow down. She enjoys being retired and stays busy with a monthly dinner with a friend at The South, lunch and movies at her church, reading – mostly fiction – and writing.

In 2015, she self-published a book of poetry, that she spent decades writing, entitled Pebble in a Boat.

Now, she is teaching herself to play the harmonica from a book, but she’s thinking about switching back to the ukulele now that her joint pain has subsided.

She also volunteers with an inner healing group at her church.

Her list is long, but Jani wouldn’t have it any other way. “What makes our life rich is relationships,” she said. “My relationship with God is the most important one. And then my relationships with other people.”

GET TO KNOW A LOCAL BUSINESS

In 2010, former professional boxer DaVarryl Williamson opened his own boxing studio – Touch of Sleep - named after his nickname in the ring.

Dubbed “Touch of Sleep” for his ability to deal out a “lights out” punch to his opponents, it doesn’t take long to see that nicknames come with the territory.

DaVarryl, who also goes by “D,” “Touch,” “JuJu,” “The Commander,” and “SportsPage” is quick to administer nicknames to his clients as well.

“Everyone has a nickname,” he said, scrolling down a mental list, which included names like “Captain American,” “Michelangelo” and “Baby Jesus.”

The surrounding business owners – who don’t have nicknames, yet – are the highlight of his location.

“We all look out for each other,” DaVarryl explained, noting that they often will accept packages for other businesses if the owners aren’t around.

Inside the gym, DaVarryl works out clients of all ages, including kids as young as five.

“Boxing gives you so much,” he said. “It gives you confidence. It gives you swagger. It always gives you another goal.”

Due to his self-imposed family rule, he and his wife raised their two children in the boxing gym. “They had to be into it,” he explained. “It gives them confidence.”

Workouts include running, jumping rope, speedbag, pull ups, sit ups, squats, wall sits, hula hoops and stations with punching bags and focus mitts.

“We aim to please,” DaVarryl said. “We want to give you exactly what you want plus a little bit more.”
The City of Englewood, its businesses and local residents are making huge strides in sustainability in 2018

The City
Energy Efficient Englewood
Englewood has long been a champion of sustainability, with the City itself leading the way. Municipal energy use has decreased every year since 2013 - which is even more impressive when you consider the near-constant growth. The decrease is largely credited to significant reductions in natural gas consumption after a two-year effort to reschedule heating and cooling systems in City facilities.

But the City isn’t done yet – not even close. The Englewood Energy Action Plan lays out the objective to increase annual energy savings for municipal operations by 3 to 4 percent – an audacious but attainable goal with the help of several new projects in the works to reduce electricity consumption, including an LED lighting upgrade at the Civic Center and a City of Englewood energy conservation pledge. Look for more information on these projects, among others, later this year.

The Citizens
Earth Day Celebration
Englewood residents aren’t afraid to get their hands a little dirty to keep the South Platte River clean.

In celebration of Earth Day (April 22), the Littleton/Englewood Wastewater Treatment Plant will be hosting a river walk and community clean-up project for families, scout troops, service groups and anyone who would like to lend a hand.

The walk will cover a one-mile section of the river, starting at the plant at 2900 S. Platte River Drive. Trash bags, safety gloves, vests, and trash pickers will be provided, along with a light lunch after the clean-up. For more information, contact Deb Parker at 303-762-2638.

Ditching the dump
No matter what piles up from your spring cleaning or home improvements this year, there’s a home for all hazardous materials in Englewood.

Citizens Alliance for a Sustainable Englewood (CASE) rounded up a list of local businesses that have made it their job to recycle items that should be kept out of the drain or dump, where they can become much more dangerous.

Paint: The GreenSheen Paint staff will not only reuse the paint itself, but they’ll also recycle the cans. Its product, GreenSheen Eco-Friendly Paint, is primarily shipped out to Habitat for Humanity ReStore retail stores across the country.

Antifreeze, oil and car batteries: Advance Auto Parts has a safe receptacle for coolant and motor oil (though you’ll need to take the containers elsewhere for disposal, as they’re flammable) and even recycles car batteries, which contain heavy metals and toxic chemicals.

Concrete, wood and asphalt: Oxford Recycling recycles approximately a half ton of concrete, wood and asphalt every year. The concrete and asphalt is crushed on site to become new road base, particles to fill behind retaining walls, or rocks for truck tracking at construction sites. The untreated, unpainted wood, including branches and leaves, is shredded and made into mulch. The fees are comparable and sometimes less to those of the landfill.

In 2016, GreenSheen processed 2.4M pounds of product. 97% of the paint received was recycled into premium quality latex paint.
Help Your Child Write their Life Story

In 2017, the Englewood Public Library was awarded a $500 Ezra Jack Keats Mini-Grant. With the award, the library will conduct a two-part program where children will create a book that captures the story of their life through art, pictures, and words. The library is one of only 64 school and library organizations across the country awarded mini-grants to provide an inventive learning experience.

The program will tie together two aspects of Ezra Jack Keats’ literary work: Family and community life, the basis of most of Keats’ stories; and art techniques used by Keats in his award-winning books.

The characters in Keats’ books come from the community around him. Many of his stories portray family life, and the simple pleasures and more complex problems that children encounter every day. To celebrate this aspect of his books, each registered child will receive a disposable camera to take pictures of their lives, including family, friends, school, neighborhoods and community.

Keats used many different art techniques to illustrate his children’s books including collage, gouache, and marbled paper. During the first program on Thursday, March 1, children will make different types of paper, using several of these art techniques.

During the second program on Thursday, March 15, children will use the pictures they took and the paper they made to create the story of their life through a collage of pictures and words.

Space is limited and pre-registration is required. Stop by the Englewood Library between February 12 – 28 to register and pick up a camera. This opportunity is ideal for elementary students.

The Ezra Jack Keats Foundation fosters children’s love of reading and creative expression by supporting arts and literacy programs in public schools and libraries.

FAREWELL FROM JUDGE VINCENT ATENCIO

A Career Filled with Gratitude

As my final term as presiding judge for the Englewood Municipal Court is drawing to a close, I wish to thank everyone who has helped me during the past twenty years. First, I give my heartfelt thanks to the citizens of Englewood. As the only fully elected judge in the state of Colorado, it is you, the citizens, who have given me the opportunity to serve in this position. In every other Colorado city, it is the City Council who selects the municipal judge. If you remember your basic civics class, you may remember hearing about the separation of powers. Government has three branches: legislative, executive and judicial. Englewood is the only city where the judicial branch is truly separate from the other branches of government.

The head of the judicial branch of government is an awesome responsibility. I have tried every day to do my job in a way that respects the trust given to me by citizens of our city. I definitely mean our city because I have been a lifelong resident of this community. I know that not everyone will be happy with the difficult decisions I have made. But, I hope that everyone understands that I am guided by principles that must be followed. Some of these principles are legal. Some are principles of respect and dignity for everyone who appears in court. Most of all, they are principles of how someone who holds the public trust should act.

I have a firm belief that the actions of a municipal judge can have a huge impact on society. Some of that impact is at a local level, affecting the daily lives of our citizens. Even more important is the role I can have in establishing respect for the entire court system of our country. Far more people are likely to have contact with a municipal court than any other court. It is humbling when I stop and think that I have been given the opportunity to have that effect on people. On a daily basis, I approach every individual case with the understanding that for the time they are in contact with the court, it is likely to be the most important experience in their life.

Second, I would like to thank all the people who have worked with me over the last twenty years. My contact with each of them has sometimes been substantial, sometimes indirect and sometimes almost non-existent, but it has always been important. In particular, I want to thank all the court employees. It is an extremely difficult job, with new challenges daily. Our staff works extremely hard and seldom receives recognition for the job they do. It would have been impossible for me to do my job without the efforts of every court employee. There is no way I can express the depth of my gratitude to each of you.

Finally, I want to give my best wishes to our new municipal judge, Joe Jefferson. I know that he appreciates the importance of the job ahead. It will be challenging, at times frustrating, but always rewarding.

Sincerely,

Vincent Atencio
INTERSECTING FORMATIONS

Visit MOA’s latest indoor gallery exhibition, INTERSECTING FORMATIONS, featuring twelve collaborations with Colorado painter, Craig Marshall Smith. During his fall 2017 residency in the MOA studio, Smith teamed individually with ten artists to produce artworks for this exhibition. In addition to the collaborative works, Smith created diptychs as tribute to late artists Richard Diebenkorn and Jan Stüssy by combining their techniques with his. Smith studied with them while at UCLA. Collaborating artists include Smith’s contemporaries, friends, former students, and mentors. This exhibition is one of Smith’s final projects as he scales back his visual art career to focus on writing. On exhibit through March 30, 2018.

ART APPRENTICESHIPS AT MOA

Paid summer art apprenticeships are available at the Museum of Outdoor Arts (MOA). Work in an art studio on collaborative art projects this summer. Open to undergraduates who are majoring in the arts. Application deadline is March 30. Learn more at moaonline.org/design-and-build.

What’s Your Vision for Englewood?

Do you have ideas on what you’d like to see Englewood become? Or how you would like it to stay? Plan to attend a community workshop March 7 and March 15. Check the City’s website homepage at englewoodco.gov for more details coming soon.

Energy Efficient Englewood is holding an E3 Summit

WHAT: Help City of Englewood and Xcel Energy celebrate Englewood’s successes in energy savings and get inspired to save more!
WHERE: Englewood Civic Center Community Room, 1000 Englewood Pkwy.

Energy Efficient Englewood

Your Opinion Matters

The City of Englewood is conducting a resident survey and wants to hear from you! The survey provides residents the opportunity to rate the quality of life in the City, neighborhood amenities, service delivery, and satisfaction with local government operations. Your feedback is very valuable and helps the City plan for the future. Residents are invited to take the survey online by visiting bit.ly/englewood18 by Feb. 28. Results will be shared with the community this spring.

HEX, ENGLEWOOD!

Show Us Your Best Side!

City staff selected these great images from our community.

A DAY IN THE LIFE... Englewood Staff Photo Contest

Sunrise:
Steam rises from a primary water tank in the early morning hours at the Littleton/Englewood Wastewater Treatment Plant.

Sunset:
Clouds are reflected in the holding tanks of the Littleton/Englewood Wastewater Treatment Plant as the sun goes down on another beautiful day in Englewood.

COMMUNITY SPOTLIGHT

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COMMUNITY SPOTLIGHT
LOOK FOR ENERGY EFFICIENCIES AT POLICE HEADQUARTERS, TOO!

In addition to the benefits outlined by Councilmember Cuesta on p. 5, the new Englewood Police Headquarters will see energy efficiencies in three areas:

Exterior Enhancements: 15% more efficient than the 2015 International Energy Conservation Code (IECC) standard, which is the most stringent code to date. This savings is from additional wall and roof insulation, and airtight skylights with high performing glass.

Electrical systems: 39% more efficient than IECC standards through all LED lighting, automatic lighting controls (lights dim if there’s enough sunlight), and vacancy sensors – requiring you to hit the switch to turn the light on, so it won’t turn on if someone is just walking by.

Mechanical systems: High efficiency, hydronic rooftop units for AC and heat. Heat through high efficiency boilers, which are 95 – 97% more efficient than other heating methods. And heat recovery for the exhaust fan that will warm the incoming air as it pushes air out.

During his tenure, Jim approached his role with a “can-do” attitude and a smile. “It’s more important to approach the challenge of a situation and find ways to get something done instead of responding with why it can’t be done,” he said.

In 2007, Jim’s peers selected him to receive the Walter Weers Outstanding Achievement Award for his many contributions to operator training and education.

Under Jim’s leadership, the plant received more than 30 awards and has often been recognized by agencies such as the United States Environmental Protection Agency.

His years of leadership played a big role in helping to protect the watershed where Englewood residents live and play.

In 1977, Jim Tallent joined the City of Englewood as a Plant Operator at the wastewater treatment plant.

Forty years later, he retired as Treatment Division Manager from the Littleton/Englewood Wastewater Treatment Plant (L/E WWTP).

Over the years, Jim saw a lot of changes. In his early days with the City, he assisted with the start-up of a new treatment plant in partnership with Littleton, which became the L/E WWTP.

He watched as Cinderella City was redeveloped into what is now the Englewood Civic Center, which houses the Englewood Public Library, City administration and the Museum of Outdoor Arts, and witnessed the steady growth of both Swedish Medical Center and Craig Hospital.

Jim noticed that over the years, community members started using the South Platte River more and more for recreation.

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In 2007, Jim’s peers selected him to receive the Walter Weers Outstanding Achievement Award for his many contributions to operator training and education.

Under Jim’s leadership, the plant received more than 30 awards and has often been recognized by agencies such as the United States Environmental Protection Agency.

His years of leadership played a big role in helping to protect the watershed where Englewood residents live and play.

In addition to the benefits outlined by Councilmember Cuesta on p. 5, the new Englewood Police Headquarters will see energy efficiencies in three areas:

Exterior Enhancements: 15% more efficient than the 2015 International Energy Conservation Code (IECC) standard, which is the most stringent code to date. This savings is from additional wall and roof insulation, and airtight skylights with high performing glass.

Electrical systems: 39% more efficient than IECC standards through all LED lighting, automatic lighting controls (lights dim if there’s enough sunlight), and vacancy sensors – requiring you to hit the switch to turn the light on, so it won’t turn on if someone is just walking by.

Mechanical systems: High efficiency, hydronic rooftop units for AC and heat. Heat through high efficiency boilers, which are 95 – 97% more efficient than other heating methods. And heat recovery for the exhaust fan that will warm the incoming air as it pushes air out.

During his tenure, Jim approached his role with a “can-do” attitude and a smile. “It’s more important to approach the challenge of a situation and find ways to get something done instead of responding with why it can’t be done,” he said.

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Under Jim’s leadership, the plant received more than 30 awards and has often been recognized by agencies such as the United States Environmental Protection Agency.

His years of leadership played a big role in helping to protect the watershed where Englewood residents live and play.
GET OUT AND PLAY!

USING YOUR PARKS

Park Hours: City parks are open seven days a week from 6:00 AM – 11:00 PM.

Pavilion Reservations: Available April 16 through October 15. Restrooms in parks are open mid-April through mid-October, weather permitting.

Park Use Permits: No charge for groups of 15+ people who will use the park but do not require a shelter. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit and a fee of $100. Evidence of additional insurance also required.

Park Permit Limits: No more than four Park Use Permits will be issued to the same group or individual during a calendar year in order to ensure equitable access for everyone.

Special Event Licenses: A Special Event License may be required for events that are open to the public. Additional insurance, fees, and vendor licenses may apply.

Dogs in our parks: All dogs must be on a leash except as permitted at designated parks. Please pick up after your dog and follow posted guidelines.

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for information and availability.

Drug and Alcohol Policy: Alcohol & marijuana use are not allowed in any City park or open spaces.

Residents can register starting Wednesday, February 7
All others can register starting Friday, February 9

Visit englewoodrec.org or call 303-762-2680 for more information.
Englewood Business ID Card
Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for an Englewood Business Resident ID. This ID allows the holder use of recreation facilities and programs at the discounted resident rate. Applications are accepted at the Englewood Recreation Center, 1155 W. Oxford Ave.

Online Registration
If you wish to register online, you will need a Household Account established in our registration system. Please call the Recreation Center at 303-762-2680 during operating hours for assistance.

Individuals with Disabilities Program
The City of Englewood strives to consider and include individuals with disabilities into future recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation in order to receive equal opportunity of inclusion. Learn more by contacting Jeff Jones at 303-762-2682.

Financial Assistance
If you need financial assistance, please contact Jeff Jones for more information at 303-762-2682.

Lockers
Lockers are day use only. If you plan to use lockers, please bring your own lock.

Age Descriptions
Youth 2 - 17 Years
Adult 18 - 64 Years
Senior 65+ Years

Refund Policy
Unable to attend an activity for which you have registered? If you paid on credit card, we will refund your full dollar amount back on your credit card. If you paid in cash or by check, you can transfer your dollar amount to another class/program or retain a household credit to be used in the future. Please note that transfers/credits pertaining to the Outdoor Adventures or Excursions program areas have different policies.

Englewood Recreation Center - The Zone
1155 W. Oxford Ave., 303-762-2680

HOW TO REGISTER
ONLINE: Register at englewoodrec.org.

DROP OFF: Your registration is accepted at the Englewood Recreation Center during regular operating hours.

MAIL: Mail your registration form to: Englewood Recreation Center, 1155 W. Oxford Ave., Englewood, CO 80110.

PHONE: 303-762-2680 during regular operating hours.

Refund Policy

Center Admission
Admission includes use of available amenities (pool, weight rooms, cardio room, running track and gymnasium).

<table>
<thead>
<tr>
<th>Type</th>
<th>Youth/ Senior Fee</th>
<th>Adult Fee</th>
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<tr>
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<td>Yoga Drop-In</td>
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</tr>
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<td>12-Visit Punch Card</td>
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<td>$204.00</td>
</tr>
</tbody>
</table>

SilverSneakers®
Fitness Program Eligible SilverSneakers® members (check with guest service staff to verify eligibility) can participate in specialized non-impact SilverSneakers® fitness classes and other activities for free or at a reduced rate. Just look for the SilverSneakers® Logo next to class descriptions.

TetroPerformance.com
Check out the new HOIST Fitness Motion Cage! This is a functional training system like no other, offering exercise stations that can be custom configured to best suit your workout. Get your HIIT workout here! With stations that include a squat rack, rogue station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform, and dozens of attachment points for straps and accessories, the Motion Cage offers limitless opportunities. Englewood has teamed up with TETRO PERFORMANCE to offer fitness classes to suit you! Check out the classes online at TetroPerformance.com and read more on page 43.

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Englewood Recreation Center
1155 W. Oxford Ave., 303-762-2680

HOW TO REGISTER
ONLINE: Register at englewoodrec.org.

DROP OFF: Your registration is accepted at the Englewood Recreation Center during regular operating hours.

MAIL: Mail your registration form to: Englewood Recreation Center, 1155 W. Oxford Ave., Englewood, CO 80110.

PHONE: 303-762-2680 during regular operating hours.
MALLEY RECREATION CENTER
FOR AGES 55 AND BETTER • 3380 S. Lincoln St. • 303-762-2660

Program Supervisor:
Allison Boyd • aboyd@englewoodco.gov • 303-762-2667
Facility Supervisor:
Jeff Jones • j Jones@englewoodco.gov • 303-762-2692

The Malley Recreation Center and programs promote healthy aging and social activity. Staff strives to offer enriching programs including: fitness, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities, arts and crafts and more. Stop in for a tour.

Participation is open to Englewood residents and non-residents. Englewood residents living within the legal City limits must obtain a resident ID card for each member of your family, to receive the Resident Fee rate. Resident IDs are available for $3 and are valid for three years from the date of purchase. See page 22 for more information.

Those over 55 years of age receive priority when registering and adults 18 years and older may register for classes and activities on a space available basis. The Malley Fitness Center and Computer access are not open to those under age 55.

HOUSRS OF OPERATION
M – Th: 8:00 AM – 7:00 PM
F: 8:00 AM – 5:00 PM
Sa: 9:00 AM – 1:00 PM
Su: Closed except for scheduled activities

Center Clauses – Annual/Maintenance: 2/26 – 3/4
Easter 3/4, Memorial Day 5/28

Daily Fitness Center Drop-in
Drop-in not available for Beginning and Continuing Weight Training and Tai Chi for Balance. Day Yoga drop-in rates vary. SilverSneakers® members may drop-in to classes with the SilverSneakers® logo for free by swiping their card at the front desk. Malley Daily Drop-in: $5

Fitness Program Eligible SilverSneakers® members (check with the front counter to see if you are eligible) can participate in specialized non-impact SilverSneakers® fitness classes and other activities for free or at a reduced rate. Look for the SilverSneakers® logo next to class descriptions.

Volunteers of America (VOA) Nutrition Program
Malley Center and Volunteers of America team up to serve a great lunch Monday through Friday in the Malley Center Ballroom 11:30 AM – 1:00 PM. Reservations are required and must be made by noon two days in advance at the front desk or by calling 303-762-2660. Reservations for Monday and Tuesday must be made by noon on the previous Thursday. Monthly menus are available online at englewoodco.gov or at Malley. Suggested donation is $2.50 for ages 60 or over or a person under 60 who is a spouse of an eligible person. Under 60 is $8.50. First time visitors must complete a VOA registration form.

M - F Malley Ballroom

Visiting Nurse Association
The VNA provides quality, affordable health care including foot care, blood pressure checks, and monitoring of chronic conditions. Appointment only. Call 303-698-6496. 3/15, 4/19, 5/17

Americans with Disabilities
We are committed to supporting and complying with the Americans with Disabilities Act. If you require special accommodations, please notify us at least two weeks in advance of the activity.

Facility Rentals
The Center features a large multipurpose room with attached catering kitchen, classrooms and full-sized gymnasium for rental. For information, call 303-762-2660.

Center Admission
Includes use of available facilities (fitness center, game room, computers, Bridge, Bunco, Billiards, lobby access, table tennis, Pickleball or drop-in gym)

Daily:
Senior $4
Senior Resident $2
Adult $5
(Only for Billiards, Pickleball and table tennis)

Annual:
Senior $55
Senior Resident $44
SilverSneakers® $25
SilverSneakers® Resident $20

Pickleball Drop-in Play
See page 34 for classes. This low-impact, easy-to-learn, active game combines elements of badminton, tennis and table tennis. Players use paddles and a plastic ball using a low net. Equipment is available. Annual or daily pass required.

Table Tennis
The sport can be played single or doubles and is great for beginners. Annual or daily pass required.

Retirement Support Group
Gather with other retirees and share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose and much more. Annual or daily pass required.

AARP Driving Safety Program
This driving course is specially designed for motorists age 50 and older. The course helps drivers refine existing skills and develop safe, defensive, driving techniques. Upon successfully completing the course, you may be eligible to receive a discount on your auto insurance premium. Choose ONE of the following:

Tu 4/5 12:30 – 4:30 PM
Th 5/4 12:30 – 4:30 PM

Bunco Bash Fridays
Have fun, be social and play an easy-to-learn, yet exciting game! Played with only dice and a score sheet, all you need to do is roll the dice and add the points! Partners rotate. Annual or daily pass required. Refreshments and prizes included.
1st, 3rd, 5th Fridays Monthly 1:00 – 3:00 PM

Mahjong
Join us for this Chinese-originated game using various designed tiles. No partner needed. Bring your Mahjong set if you have one. Annual or daily pass required.
F 12:30 – 4:30 PM

Movie Time
Join us twice monthly to watch a free movie on the big screen. Popcorn available for $1. Watch for flyers each month with the movie title or call 303-762-2660 the week of the movie.
2nd and 4th Fridays Movies start at 1:00 PM
NEW RELEASE MOVIE TIME: 3/9 / 4/13 / 5/11

Drop-in Woodcarving
For carvers with some experience. A carving glove and thumb guard are required. There is no instructor, however, fellow carvers are willing to help.
3/7 – 5/23 W 6:00 – 8:00 PM $13/$10 21762512

DROP-IN PICKLEBALL SCHEDULE
Sunday Monday Tuesday Wednesday Thursday Friday Saturday
Malley Rec Center
Begin/Inter 1:15 AM – 1:30 PM 1:15 AM – 1:30 PM 1:30 – 5:00 PM 2:30 – 5:00 PM 1:30 – 5:00 PM 1:00 – 4:00 PM
Advanced 1:30 – 5:00 PM 1:30 – 5:00 PM 1:30 – 5:00 PM 9:00 AM – 1:00 PM
Englewood Rec Center
Begin/Inter 1:00 – 5:00 PM 1:00 – 5:00 PM 1:00 – 5:00 PM
Advanced 1:00 – 5:00 PM 1:00 – 5:00 PM

Courses are first come, first serve and subject to availability.

CFHSC – Colorado’s Finest High School of Choice, 300 W. Chenango Ave. (courses are located along Grand Ave.)

The Center features a large multipurpose room with attached catering kitchen, classrooms and full-sized gymnasium for rental. For information, call 303-762-2660.

Drop-in not available for Beginning and Continuing Weight Training and Tai Chi for Balance. Day Yoga drop-in rates vary. SilverSneakers® members may drop-in to classes with the SilverSneakers® logo for free by swiping their card at the front desk.

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Have fun, be social and play an easy-to-learn, yet exciting game! Played with only dice and a score sheet, all you need to do is roll the dice and add the points! Partners rotate. Annual or daily pass required. Refreshments and prizes included.
1st, 3rd, 5th Fridays Monthly 1:00 – 3:00 PM

Bridge Group:
Enjoy Duplicate Bridge & bring a partner. Annual or daily pass required.
Tu 12:30 PM

Mahjong
Join us for this Chinese-originated game using various designed tiles. No partner needed. Bring your Mahjong set if you have one. Annual or daily pass required.
F 12:30 – 4:30 PM

Movie Time
Join us twice monthly to watch a free movie on the big screen. Popcorn available for $1. Watch for flyers each month with the movie title or call 303-762-2660 the week of the movie.
2nd and 4th Fridays Movies start at 1:00 PM
NEW RELEASE MOVIE TIME: 3/9 / 4/13 / 5/11

Drop-in Woodcarving
For carvers with some experience. A carving glove and thumb guard are required. There is no instructor, however, fellow carvers are willing to help.
3/7 – 5/23 W 6:00 – 8:00 PM $13/$10 21762512
Belly Dancing Basics
Age: 13 yrs. and older. This class teaches belly dance foundation, choreography and improvisational exercises using dance props. No prior dance experience necessary.

Piano Lessons
Age: 55 yrs. and older priority, 18 – 54 yrs. space available. From the beginning class through each progressing level, you will learn all of the basics needed to play whatever songs or pieces you want. The class works in piano and music theory books, along with supplemental music and pieces chosen by the students. The first Adult-All-in-One book that is appropriate for your skill level. This book can be found at the Music Box and costs approximately $15.

Location: MRC-Eldorado    Instructor: Gail Hamilton

ADVANCED PIANO
3/9 – 3/30 F 9:00 – 10:00 AM $33/$26 21861411
4/6 – 4/27 F 9:00 – 10:00 AM $33/$26 21861412
5/4 – 5/25 F 9:00 – 10:00 AM $33/$26 21861413

INTERMEDIATE PIANO
3/9 – 3/30 F 11:00 AM – NOON $33/$26 21861151
4/6 – 4/27 F 11:00 AM – NOON $33/$26 21861152
5/4 – 5/25 F 11:00 AM – NOON $33/$26 21861113

BEGINNING PIANO
3/9 – 3/30 F 1:45 – 2:45 PM $33/$26 21861711
4/6 – 4/27 F 1:45 – 2:45 PM $33/$26 21861712
5/4 – 5/25 F 1:45 – 2:45 PM $33/$26 21861713

Music Theory
This class takes a closer look into how music is made. Scale patterns, key signatures, intervals, chords, harmony, and rhythm are explored. After integration, the mystery of music dissolves leaving space for expanding into how to play piano by ear, creating personal arrangements, and having fun.

Location: MRC-Eldorado    Instructor: Gail Hamilton

3/9 – 3/30 F 10:00 – 11:00 AM $24/$20 21861811
4/6 – 4/27 F 10:00 – 11:00 AM $24/$20 21861812
5/4 – 5/25 F 10:00 – 11:00 AM $24/$20 21861813

NEW! Beginning Voice
Age: 55 yrs. and older priority, 18 – 54 space available. Enjoy singing with others while learning fundamental vocal skills. All experience levels are welcome. No books required.

Location: MRC-Eldorado    Instructor: Judy Curtis

3/7 – 3/25 W 8:15 – 9:00 PM $37/$30 21860512

NEW! Beginning Autoharp
Age: 55 yrs. and older priority, 18 – 54 yrs. space available. These classes focus on teaching basic concepts – how to strum, read chords, and play simple songs. Students can choose supplemental pieces throughout the course; however, book and music selections will be determined on an individual basis.

Location: MRC-Eldorado    Instructor: Gail Hamilton

4/6 – 4/27 F 1:45 – 2:45 PM $24/$20 21861011

CONTINUING BELLE DANCE
Age: 13 yrs. and older. Intermediate and performance level course. Continue focusing on developing technical dance skills, use of props and some performance skills and knowledge of the art of belly dance. Performance opportunities, but not a requirement. Must take basics class first and have approval for this course.

Location: ERC-A.A.#2    Instructors: Adina & Aziza of Trope D’Aliah

3/8 – 5/2 Th 6:30 – 8:00 PM $66/$53 21850112

SOCIAL BALLROOM
Age: 55 yrs. and older priority, 18 – 54 yrs. space available. Incorporate how to move around the dance floor, proper placement of hands and arms, how to tie steps together, and specific footwork. You will practice with Latin and American dance styles. A new dance is taught each month; March – Fox Trot, April – Night Club, May – Rumba.

Location: MRC-Ballroom    Instructor: Lila Horton

3/5 – 5/21 M 3:00 – 4:30 PM $45/$38 21860111

ADVANCED BELLE DANCE
Age: 55 yrs. and older priority, 18 – 54 yrs. space available. Learn basic universal dance level steps. Your mind and body will benefit from this class.

Daily drop-in.

Location: MRC-Ballroom    Instructor: Judy Curtis

3/5 – 5/21 M 3:00 – 4:30 PM $45/$38 21860111

BEGINNING LINE DANCE
Age: 55 yrs. and older priority, 18 – 54 yrs. space available. Step up the pace in this beginning class. Learn more steps while perfecting the vine, weave and shuffle. This class is for dancers who have some line-dance experience. $5 daily drop-in.

Location: MRC-Ballroom    Instructor: Judy Curtis

3/7 – 5/23 W 9:00 – 10:00 AM $44/$35 21860411

ADVANCED BEGINNING LINE DANCE
Age: 55 yrs. and older priority, 18 – 34 yrs. space available. This dance level will build on your endurance and memory by using steps already learned in different combinations to faster music thus increasing your cardio and calorie output. $5 daily drop-in.

Location: MRC-Ballroom    Instructor: Judy Curtis

3/7 – 5/21 W 10:15 – 11:15 AM $44/$35 21860611

Chocolate & Canvas
Age: 10 yrs. and older
Participants follow along step-by-step to complete their own beautiful painting. We provide the supplies and walk you through each step of the painting process. Material Fee: $30 per class, payable to instructor.

Projects: March – Waterfall, April – Van Gogh, May – Glow in the Dark

Location: MRC-Lookout Mtn. Art Room    Instructor: Laniene Pilajic

3/21 W 6:00 – 8:00 PM $33/$30 21750611
4/18 W 6:00 – 8:00 PM $33/$30 21750612
5/26 W 6:00 – 8:00 PM $33/$30 21750613

BYOC Crafters Group
Do you start projects and have difficulty finishing them? If you answered “yes” then this group is perfect for your! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided.

Location: MRC-Lookout Mtn. Art Room

3/5 – 5/21 M 1:00 – 3:00 PM $33/$30 21760611

Water Media Art
Watercolors and acrylics are taught in this versatile and exciting art class that is full of wonderful surprises! Bring your own paper, paint and brushes.

Location: MRC-Lookout Mtn. Art Room    Instructor: Eileen Hoffman

3/20 – 4/21 F 10:00 AM – NOON $33/$26 21762211
4/18 – 5/23 F 10:00 AM – NOON $33/$26 21762212

Drawing Class
Learn how to draw anything you like with this class! Learn about composition, lines, shapes and the secret of lights, darks, blending and shadowing. Bring a 2B or soft lead pencil, colored pencils, erasers and a sketchbook to class. All skill levels are welcome.

Location: MRC-Lookout Mtn. Art Room    Instructor: Eileen Hoffman

3/3 – 4/22 F 9:00 – 11:00 AM $66/$53 21760511
4/19 – 5/24 F 9:00 – 11:00 AM $66/$53 21760512
3/8 – 4/22 Th 1:00 – 4:00 PM $58/$46 21760512
4/19 – 5/24 Th 1:00 – 4:00 PM $58/$46 21760512

Knitting
Create new projects while learning new stitches and techniques with this knitting class. This class is for all skill levels. Supply list at the first class.

Location: MRC-Lookout Mtn. Art Room    Instructor: Megan Gold

3/6 – 5/20 Tu 5:30 – 7:30 PM $33/$30 21750611
5/11 – 5/15 Tu 5:30 – 7:30 PM $33/$30 21750613

NEW! Beginning Machine Sewing – Pillow
If you’re new to sewing, this is the class for you. Learn how to use a sewing machine, use different tools to cut fabric, and sewing vocabulary while you create a fun pillow. Material Fee: $35 payable to the instructor.

Location: MRC-Lookout Mtn. Art Room    Instructor: Jennifer Berger

3/7 – 3/14 Tu 6:00 – 8:30 PM $33/$30 21751615
4/28 Tu 6:00 – 8:30 PM $33/$30 21751615

Creative Pottery
Use different methods of hand building and/or sculpting to create three different pieces of art. No matter what skill level you are, you’ll enjoy this pottery class. Material Fee: $15 per 12 lbs. of clay, payable to instructor.

Location: MRC-Lookout Mtn. Art Room    Instructor: Michael McGrath

3/6 – 4/10 Tu 1:00 – 3:00 PM $72/$67 21760211
4/17 – 5/22 Tu 1:00 – 3:00 PM $72/$67 21760212

NEW! Figure Sculpture Class
Learn the art of figure sculpture with this new class using modeling clay, skeletons and sculpting tools. Material Fee: $35 payable to the instructor.

Location: MRC-Lookout Mtn. Art Room    Instructor: Michael McGrath

3/6 – 4/10 Tu 3:00 – 5:00 PM $72/$67 21760211

NEW! Leatherworking
Learn about the art of leatherworking including what tools to use. All skill levels welcome and students can expect to end the class with beautiful designs. Material Fee: $50 payable to instructor.

Location: MRC-Lookout Mtn. Art Room    Instructor: Michael McGrath

4/17 – 5/22 Tu 3:00 – 5:00 PM $72/$67 21760211
COMPUTER / TECH CLASSES

Computer Classes: 303-762-2555 • Personal Computer Training: 303-762-2660

PLEASE NOTE: Computer classes take place in the Englewood Public Library. Registration required: 303-762-2555. All computer classes in the library are free of charge. For fee-based, one-on-one computer training, please see Personal Computer Training.

Smartphones: What's the Deal?
Learn about the useful reasons to own a smartphone and some of the fun stuff too. NO computer experience required.
No registration required.

3/3 Sa 10:30 am – noon  Anderson Room
Facebook: Wanna Be Friends?
Join us to learn some of the reasons so many people use Facebook, get your questions answered and, if you'd like, sign up for a free account. Use one of our computers or bring your personal device.
Registration required.
3/21 W 6:30 – 8:00 pm  Library Tech Lab
5/5 Sa 10:30 am – noon  Library Tech Lab

eLibrary: Doing Downloadables
Step into the wonderful world of eResources! Learn about downloading audiobooks, eBooks, eMagazines, music and streaming movies using Hoopla.
No registration required.
4/7 Sa 10:30 am – noon  Anderson Room

Declutter Your Desktop
Do you have trouble finding that file you just created? Join us to learn how to organize your files and photos on your computer so you can find what you're looking for. Use one of our computers or bring your personal device.
Registration is required.
4/18 W 6:30 – 8:00 pm  Library Tech Lab

Computer Basics – Getting Started
Learn the basics of using a computer and practice using a mouse. NO computer experience required.
Registration required.
5/16 W 6:30 – 8:00 pm  Library Tech Lab

Open Tech Labs
Get help with job applications, resumes, Microsoft Office, eBooks and more.
M & Sa 10:30 am – 12:30 pm
Th 4:30 – 6:30 pm
F & Su 2:30 – 4:30 pm

Personal Computer Training
Need extra help with a computer challenge? We offer personalized help with email, photos, Excel, using your smartphone, or other computer-related programs. Call 303-762-2660 to make an appointment.
Location: Halley Center
Each session is 60 minutes

Private
Fee
1 Session $44  FMCOMNR1
3 Sessions $120  FMCOMNR3
5 Sessions $189  FMCOMNR5

Res. Fee
1 Session $40  FMCOMRE1
3 Sessions $112  FMCOMRE3
5 Sessions $175  FMCOMRE5

Semi-Private (2 – 3 people)
Fee
1 Session $58  FMCOSNR2
3 Sessions $148  FMCOSNR3
5 Sessions $224  FMCOSNR5

Res. Fee
1 Session $50  FMCOSRE1
3 Sessions $130  FMCOSRE3
5 Sessions $201  FMCOSRE5

Broken Tee Golf Course

BROKEN TEE GOLF COURSE

Broken Tee Golf Course • 303-762-2670 • 2101 W. Oxford Ave. • brokenteegolf.com

Englewood Parks and Recreation presents one of the finest public golf facilities in the Rocky Mountain region – Broken Tee Golf Course.

Choose from three different time options each week:

Week One Options: June 4, 5, 6, 7 and 8
8:30 – 9:30 AM  M – F $80/$75  22430411
9:35 – 10:35 AM  M – F $80/$75  22430412
10:40 – 11:40 AM  M – F $80/$75  22430413

Week Two Options: June 11, 12, 13, 14 and 15
8:30 – 9:30 AM  M – F $80/$75  22430422
9:35 – 10:35 AM  M – F $80/$75  22430423
10:40 – 11:40 AM  M – F $80/$75  22430424

Lessons on Monday through Thursday will be held at Broken Tee Golf Course’s driving range and practice area. Lessons on Friday will be held at Colorado Journey Miniature Golf. See www.brokenteegolf.com for current pricing of green fees, carts and driving range balls.

Advance Tee Times
Call 303-762-2670 after 2:00 pm, or book your tee times online.
Resident, 7 days in advance and Non-Resident, 6 days in advance.

Hole N’ One Junior Golf
Be a part of our award-winning Hole N’ One Junior Golf Program this summer for ages 5 – 15 years old! We focus on rules, etiquette, short game and instruction with an emphasis on fun. Children learn and build on fundamentals of golf in a positive environment.

2-Person Scramble Tournament
For those golfers with more experience and who want to play 18 holes. All tournament players will have a chance to win a new car, vacation getaways, free rounds of golf and more!
8:00 am shotgun start, $59 per player

4-Person Family Scramble Tournament
For families with beginner golfers or less experience, join in on the fun family shotgun on the Par 3, 9-Hole course.
9:00 am shotgun start, $20 per player over 18 or $15 per player 18 and under. Must have a valid driver’s license to drive golf carts.

As an extra bonus and part of this program, join us on Wednesday, June 20, for a Golf Day Celebration! All participants and their families are welcome from 11:00 am – 2:00 pm for a BBQ, games, contests, drawings and more!

More details to come at brokenteegolf.com

CELEBRATE GOLF AT BROKEN TEE ON JUNE 20!

Join us for the 2nd Annual Celebrate Golf Tournament! You won’t want to miss out on games, contests, activities and more!

2-Person Scramble Tournament
For those golfers with more experience and who want to play 18 holes. All tournament players will have a chance to win a new car, vacation getaways, free rounds of golf and more!
8:00 am shotgun start, $59 per player

4-Person Family Scramble Tournament
For families with beginner golfers or less experience, join in on the fun family shotgun on the Par 3, 9-Hole course.
9:00 am shotgun start, $20 per player over 18 or $15 per player 18 and under. Must have a valid driver’s license to drive golf carts.

Tournament fees include: Green fees, cart, warm-up bucket, breakfast burritos, contests on course, and a BBQ lunch at the conclusion of the tournament.

For those just wanting to learn more about golf, join in on the fun at the driving range and practice area from 11:00 AM – 2:00 PM

More details to come at brokenteegolf.com

Celebrate Golf at Broken Tee on June 20!
**ACTIVE KIDS**

**Toddler & Me Dance**

Toddler & Me dance classes are for children ages 2 to 3 years. Music, movement, balance and basic dance steps are introduced in a fun, friendly and positive atmosphere. This class also includes mom, dad or another loved one who participates with the little dancer. Our teachers will keep the music and curriculum moving along while parents take an active role in encouraging, supporting and keeping the little dancer on track. This program is not included in the recital.

- **Location:** Englewood Rec Center-A.A. #1
- **Fees:** $22/$18

<table>
<thead>
<tr>
<th>Class Activity #</th>
<th>Age Group</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Res Fee</th>
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<tbody>
<tr>
<td>22310101</td>
<td>3 – 4 yrs</td>
<td>3/3 – 3/24</td>
<td>Sa</td>
<td>8:30 – 9:00 am</td>
<td>ERC-AA</td>
<td>$22</td>
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<tr>
<td>22310111</td>
<td>18 – 36 mos</td>
<td>5/7 – 5/26</td>
<td>Sa</td>
<td>8:30 – 9:00 am</td>
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<td>22320201</td>
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**PeeWee Dance**

PeeWee dance classes are focused on dance techniques, safety, fun, movement, coordination, and self-esteem. Dancers develop the basics of tap, jazz and ballet steps while learning how to follow directions and work with others. Classes focus on dance fundamentals and technique building up to the summer and fall seasons, which include a recital. Parents of children who may require help changing their shoes will keep the music and curriculum moving along while parents take an active role in encouraging, supporting and keeping the little dancer on track. This program is not included in the recital.

- **Location:** Englewood Rec Center-A.A. #2
- **Fees:** $27/$21

<table>
<thead>
<tr>
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<td>3 – 5 yrs</td>
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<td>9:45 – 10:30 AM</td>
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<td>10:45 – 11:30 AM</td>
<td>ERC-AA</td>
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**Youth Dance**

Youth dance classes are designed to help your child become a well-rounded dancer in several different styles of dance including tap, jazz, hip-hop, and ballet in a fun and energetic class! Classes focus on dance fundamentals and technique building up to the summer and fall seasons, which include a recital. Beginners classes are designed to teach the basic fundamentals and technique. Recitals during summer and fall season classes require a costume rental fee, which is usually $15 for three costumes. Costume rental fee is not included in the class participation fee.

- **Location:** Englewood Rec Center-A.A. #2
- **Fees:** $27/$21

<table>
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<tr>
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**Theater 360**

**Ages 20 - 34**

Theater 360 encourages confidence by building theatre and life skills in a fun and supportive environment where it is easy to make new friends. In this class, the theatre process, rather than the end product, is emphasized. Theatre skills and beginning terminology are taught using developmentally-appropriate activities. Students will learn valuable life skills including self-confidence, how to be part of a team, and how to be creative collaborators.

- **Location:** Englewood Rec Center-A.A. #2
- **Instructor:** Amy Pyne

<table>
<thead>
<tr>
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**Englewood Recreation Center Drop-in Child Care**

Conveniently located on-site at the Englewood Recreation Center, drop-in child care offers a fun environment for children 6 months to 8 years to enjoy while parents/guardians utilize the Recreation Center.

- **Hours:**
  - M – Th: 4:00 pm – 8:00 pm
  - Sa: 8:00 am – 1:00 pm

- **Fees:**
  - $6 for up to 2 hours of care. Discounted rate of $5 for up to 2 hours for residents.

**Summer Drama Auditions!**

Friday, 4/27 • 5:00 – 9:00 PM
Saturday, 4/28 • 9:30 AM – noon

Calling all actors ages 8 to 98 to participate in the Englewood Summer Drama Program! The summer production will be a still-to-be-determined musical. If you are interested in auditioning, please prepare a one-minute song to perform. Audiences are welcome, but registration is not required. If you’d like to learn more, call Sara, 303-762-2600 for more information or visit: englewoodco.gov/EnglewoodHappenings

**Location:** MRC

**Save the Date:** The Curtain raises 7/27, Fisher Auditorium, The Englewood Campus

GET READY FOR SUMMER! See Summer Camp information on p. 41.
Writing Your Own Will
In a single sitting, you'll be able to complete a simple will. You will also complete a living will, medical power of attorney and financial power of attorney with the help of a licensed attorney. Fee includes all materials, witnessing, notarizing, individual review and time for questions. You will find that you know all the information you need to complete your will. Bring your ID and a snack. Cost: $100/payable to Rebecca Bennetti at the workshop.
Location: MRC-Eldorado
Instructor: Rebecca Bennetti
3/8 Th 1:00 – 4:30 pm $15/$12 21460411
3/21 Sa 10:00 – 2:00 pm $15/$12 21460412

Medicare 101
Making a decision can be hard. Attend this presentation and learn all your plan options and review the A, B, C and D’s of Medicare. Allow many important dates to remember and how to save money on prescriptions.
Location: MRC-Longs Peak
Instructor: Allen McGlory; McGlory Insurance
3/15 Tu 1:30 – 3:30 pm FREE 21460211
4/21 Sa 10:00 – 1:00 pm $15/$12 21460212
5/10 Th 1:30 – 3:30 pm FREE 21460213

Long Term Care Costs
How are you going to pay for long-term care? Given the rising costs of long-term care, what can you do to preserve your estate and protect your assets? Come learn about care options and common ways to pay for care. We'll discuss the types of long-term care insurance available and key elements to consider in evaluating policies. We'll talk about how and when Medicare can be part of your planning.
Location: MRC-Flatirons
Instructor: Ryan Scott; Glatstein & O'Brein LLP
3/13 Tu 10:30 – 1:30 AM FREE 21460811

Wills, Trusts & Power of Attorney
Planning for disability and death can give you peace of mind, reduce burdens for your loved ones, and help you leave a legacy instead of a mess. Learn about some of the tools available to you, including powers of attorney, advance medical directives, wills, and trusts. We'll also touch on the probate process and long-term care considerations.
Location: MRC-Flatirons
Instructor: Ryan Scott; Glatstein & O'Brein LLP
4/9 M 6:00 – 8:00 PM FREE 21460611

Adult/Pediatric CPR/AED
This class is for the layperson/volunteer who needs a traditional CPR/AED certification. Participants will learn how to recognize a cardiac arrest, agency, and respond with current first aid and CPR protocols. Participants will receive a 2-year certification card for adult/pediatric/infant CPR and reference materials. The cost is $30 per person. Please register at www.cfirstaidazeregister.com.
Location: MRC
4/14 Sa 8:30 – 10:30 AM $30

First Aid plus Adult/Pediatric CPR/AED
This class is for the layperson/volunteer who needs a traditional CPR/AED certification and basic first aid techniques for home and office. Participants will learn how to recognize an emergency, act appropriately, and respond with current first aid and CPR protocols. Participants will receive a 2-year certification card for adult/pediatric/infant CPR and reference materials. The cost is $45 per person. Please register at cfistaidazeregister.com.
Location: MRC
4/14 Sa 8:30 AM – 10:30 AM $45

Advanced First Aid/Remote Care
This class teaches the first aid you need to handle issues, illness, and injuries in remote or wilderness areas. First aid techniques in this class are more advanced than a standard first aid course. This first aid works anywhere, so you also learn the traditional “rapid” response protocols for everyday situations at the home or office. CPR/AED certification is included, for both adult and pediatric CPR. The cost is $130 per person.
Location: MRC
4/28 – 4/29 Sa & Su 8:00 AM – 5:00 PM $130

Stress-Busting Foods
Running on empty? Feeling frazzled, exhausted and burned out? You can reduce your stress levels using nutrition. Discover how to achieve consistent energy and moods throughout the day. Learn which foods support brain health and which minerals and nutrients are depleted during times of stress. Develop your personal stress reduction plan to spread the upper hand on stress.
Location: MRC-Eldorado
Instructor: Marva Jolly, PE, MNT
5/14 M 1:30 – 3:00 PM $15/$12 21460512

The Probate Process
What do you do when someone passes away? Do you need to open probate? If you are the personal representative or executor of the estate, what will be expected of you? What should you know if you are a beneficiary? We’ll answer these questions and talk about some of the tools available to you to avoid probate of your estate.
Location: MRC-Eldorado
Instructor: Ryan Scott, Ryan Scott, Glatstein & O’Brein LLP
5/17 Th 1:00 – 2:30 PM FREE 21460711

Basic Bridge Lessons
Come learn this fun and challenging game! This series teaches the basics of the game in a relaxed non-competitive atmosphere. Bidding, card play, and defense are taught with an emphasis on the enjoyable features of the game. Whether you are brand new or you have learned Bridge before, but it’s been awhile, this is a chance to update your skills.
Location: MRC-Longs Peak
Instructor: Jim Buck
3/7 – 4/11 W 1:00 – 3:00 PM $50/$40 21465511
4/18 – 5/23 W 1:00 – 3:00 PM $50/$40 21465512

Continuing Bridge Lessons
Take your Bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instructor on play and defense, bidding skills, some lecture and supervised playing.
Location: MRC-Longs Peak
Instructor: Jim Buck
3/7 – 4/11 W 10:00 AM – NOON $50/$40 21465511
4/18 – 5/23 W 10:00 AM – NOON $50/$40 21465512

Español para Beginners
¿Qué pasó? In this introductory Spanish class you will learn phrases and vocabulary. Practice pronunciation and simple conversations with your classmates. Printed learning materials are provided.
Location: MRC-Longs Peak
Instructor: Rissa Dickey
3/6 – 4/30 Tu 9:00 – 10:00 AM $41/$33 21466541
4/17 – 5/22 Tu 9:00 – 10:00 AM $41/$33 21466542

Spanish, the Next Level
This next level class expands your vocabulary with dialogue or conversation. We will review and work on the most commonly used verbs. As always, we will keep it fun, interactive and simple. Printed learning materials are provided.
Location: MRC-Longs Peak
Instructor: Rissa Dickey
3/6 – 4/30 Tu 10:00 – 11:15 AM $52/$41 21466551
4/17 – 5/22 Tu 10:00 – 11:15 AM $52/$41 21466552

Spanish III
Bienvenidos! Continue to sharpen your Spanish speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation, and a variety of new vocabulary. A background in Spanish is recommended.
Location: MRC-Flatirons
Instructor: Jean Kunkel
3/5 – 5/21 M 8:30 – 10:30 AM $70/$56 21465511

Active Minds
Participate in this mind-stimulating program that delves into a current topic of interest in the world. Deepen your understanding and engage in thoughtful discussion of how the events have changed the world. You are guaranteed to learn with eye-opening insights and understanding! Active Minds is a Denver based organization that provides instructor-led educational seminars for seniors. Monthly topics are announced at the beginning of each month and determined upon what is happening in the world. Please sign up at the Front Desk.
Location: MRC-Flatirons
Instructor: Active Minds Instructor
3/23 F 10:00 – 11:00 AM FREE 4/27 F 10:00 – 11:00 AM FREE 5/25 F 10:00 – 11:00 AM FREE

Basic Nutritional Strategies in the Kitchen
Sometimes we need to cook for better health. Learn how to incorporate more vegetables into your menus and dishes. You’ll even get to create a couple of dishes with more vegetables in this class.
Location: MRC Kitchen
Instructor: Marva Jolly, PE, MNT
4/17 Tu 3:30 – 5:30 PM $15/$12 21460511

NEW Tangle, Tangle, Tangle!
Unleash your inner artist through the Zentangle method. The belief that “anything is possible one stroke at a time” will become your belief as you experience firsthand your ability to take a pattern, break it down and create beautiful artwork! Different patterns will be taught in each class. Whether this is your first time or you're a repeat student, all are welcome. Materials used are simple and portable making this a great tool to take with you anywhere and use any time. Material Fee: $20 payable to the instructor.
Location: MRC-Lookout Mt. Art Room
Instructor: Susan Michalak
3/12 M 9:30 – 11:30 AM $13/$10 21750614
4/14 Sa 10:00 AM – NOON $13/$10 21750615

NEW Spill It! Creative Art Journaling Workshop
We all have a story. Let's add some flair to life, and maybe even a little healing, through creative journaling. You will create and bind your own art journal using Coptic stitch and high-quality watercolor paper. Then, you will be able to explore several different art techniques, using paints, paper and other art supplies. Let’s “Spill It” together and mess up our fresh journals, all after, life is messy! Material Fee: $25 payable to the instructor.
Location: MRC-Lookout Mtn. Art Room
Instructor: Active Minds Instructor
4/16 – 4/30 M 6:00 – 9:00 PM $25 21750616
ADULT ATHLETICS

Contact Lindsay at Lpeterson@englewoodco.gov or 303-762-2697.

ADULT ATHLETICS

Adult Summer Softball Leagues
Ages 18+. Thursday Men’s Rec, Thursday Men’s Comp. Deadline to register is by 5/4 or before leagues are full.

STARTS 5/17

5/17 – 5/22

8 GAMES + TOURNAMENT

Tues, Thurs, Wed.

$610/$575

32354011

Adult Men’s Fast Pitch Softball League
Ages 18+. Deadline to register is by 5/11 or before leagues are full.

STARTS 5/22 Tu

6 GAMES + TOURNAMENT

$660/$625

32354012

Men’s Adult Basketball Leagues
Ages 18+. Deadline to register is 3/30 or before leagues are full. Summer leagues are scheduled to start mid-July.

Monday Men’s Comp.

Deadlines to register is 3/30 or before leagues are full.

STARTS 5/11

8 GAMES + TOURNAMENT

Tues, Thurs, Wed.

$1450/$1200

32350012

Girl’s High School Volleyball League

STARTS 5/5 & 6/7

8 GAMES + TOURNAMENT

Tues, Thurs

$225/team

32330711

_Pickleball 101 is your opportunity to learn the ins and outs of Pickleball. Looking to learn how to play the fastest growing sport in America? Pickleball 101_ is your opportunity to learn the ins and outs of Pickleball.

Private Racquetball Lessons
Ages 18+. Deadline to register is by 5/11 or before leagues are full.

STARTS 5/17

32357211

10 GAMES + TOURNAMENT

Th, Tu

$610/$575

32354011

Intermediate Pickleball Clinic

STARTS 3/20

10 AM – NOON

COLOrado’s FINEST HIGH SCHOOL of choice (CFHSC)

$26

PICKLEBALL CLASSES

Class Activity # Ages Dates Days Time Location Fee Reg Deadline

Private Racquetball Lessons 22357211 16+ ONGOING VARY VARY ERC $26 $21 ONGOING

Youth Beginner Tennis Lessons

22356010 6 – 15 yrs 5/1 - 5/24 Tu & Th 5:00 – 6:00 pm BELLEVUE PARK $35 $28 4/27

22356009 6 – 15 yrs 6/5 - 6/28 Tu & Th 5:00 – 6:00 pm EHS $35 $28 6/1

Adult Tennis Lessons (Beginner)

22356111 16+ 5/1 - 5/24 Tu & Th 6:00 – 7:00 pm BELLEVUE PARK $35 $28 4/27

22356110 16+ 6/5 - 6/28 Tu & Th 6:00 – 7:00 pm EHS $35 $28 6/1

Adult Tennis Lessons (Intermediate)

22356012 16+ 5/1 - 5/24 Tu & Th 7:00 – 8:00 pm BELLEVUE PARK $35 $28 4/27

22356014 16+ 6/5 - 6/28 Tu & Th 7:00 – 8:00 pm EHS $35 $28 6/1

EHS = Englewood High School Tennis Courts, 3800 S. Logan St.

_Pickleball 101_ Looking to learn how to play the fastest growing sport in America? Pickleball 101 is your opportunity to learn the ins and outs of Pickleball.

Intermediate Pickleball Clinic

If you’ve played some Pickleball and learned the basics but want to increase your skills and knowledge of the sport then this is the class for you. You’ll meet twice each week for two weeks.

Class Activity # Ages Dates Days Time Location Fee Reg Deadline

Pickleball 101 22358010 50+ 3/16 F 10:00 AM – NOON COLOrado’s FINEST HIGH SCHOOL of choice (CFHSC) $5 $5 3/16

22358016 50+ 4/21 Sa 3:00 – 5:00 PM COLOrado’s FINEST HIGH SCHOOL of choice (CFHSC) $5 $5 4/18

22358017 50+ 5/19 Sa 10:00 AM – NOON COLOrado’s FINEST HIGH SCHOOL of choice (CFHSC) $5 $5 5/16

Intermediate Pickleball Clinic 22358012 50+ 3/20 - 3/29 Tu & Th 10:00 AM – NOON CFHSC $26 $20

PIRATE YOUTH SPORTS

Building community, tradition and excellence! Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.

BASEBALL • BASKETBALL • CHEERLEADING • FOOTBALL • LACROSSE • SOFTBALL • VOLLEYBALL • WRESTLING

Register for all spring youth sports at _pirateyouthsports.com_. Contact us at president@pirateyouthsports.com or 303-907-3667.

Englewood Soccer Association
Englewood Soccer is ready to begin the Spring 2018 Season!

Practices are usually two nights a week depending on the coach and team. Practices are held at various parks throughout Englewood. Games are every Saturday at various parks throughout the Denver Metro Area. Games will begin in March. If you’re interested in participating, register online at Englewoodsoccer.org. If you have any questions please contact us at 303-669-0402 or englewoodsoccer@live.com.

Pee wee Athletics Classes
In these four week long sessions, you and your child will learn basic skills of the sport along with teamwork and sportsmanship. Parents can play an active role in the class. Wear comfortable clothes, close-toed shoes, sunscreen and bring water and be ready for a lot of fun!

PEEWEE ATHLETICS CLASSES

Class Activity # Ages Dates Days Time Location Fee Reg Deadline

1. Little Kickers Soccer

22331011 3 – 5 YEARS 3/3 – 3/24 Sa 8:30 – 9:15 AM DUNCAN PARK $50 $40 3/1

22331012 3 – 5 YEARS 4/7 – 4/28 Sa 8:30 – 9:15 AM DUNCAN PARK $50 $40 3/29

2. Little Sluggers T-Ball


3. Sport Sampler*

22331211 3 – 5 YEARS 3/3 – 3/24 Sa 10:45 – 11:30 AM DUNCAN PARK $50 $40 3/1

22331212 3 – 5 YEARS 4/7 – 4/28 Sa 10:45 – 11:30 AM DUNCAN PARK $50 $40 3/29

*Kids will learn a different sport each week including soccer, t-ball, flag football, and basketball.

To register for the Pee wee Athletic Classes and Racquet Sports, go to www.englewoodco.gov/register and click the Athletics box. Contact Lindsay at Lpeterson@englewoodco.gov or 303-762-2697 for more information about the Pee wee Athletic Classes or Racquet Sports.

Check out p. 30 for Active Kids programs!
**AQUATICS**

**Englewood Recreation Guide — englewoodrec.org**

**Very limited lap lanes during swim lessons.**

### Lap Swim
- **Rec Swim**: 1:00 – 4:30 pm (2 – 3 lanes)
- **Rec Swim**: 8:00 am – 1:00 pm (3 – 5 lanes)

### Modified Lap Swim
- 1:00 – 3:00 pm
- Noon – 1:00 pm

### Rec Swim
- 1:00 – 4:30 pm
- 7:30 – 9:30 am
- 7:30 – 9:30 pm
- 3:30 – 5:30 pm
- Noon – 1:00 pm

### Water Fitness
- 7:00 – 8:00 am
- 8:00 am – noon
- 7:00 – 11:00 am

### Swim Lessons
- 5:00 – 7:15 pm
- 9:00 – 11:00 am
- 1:00 – 3:00 pm
- 9:00 – 11:00 am

### Water Walking
- Anytime
- Anytime
- Anytime
- Anytime
- Anytime
- Anytime

### Swim Team
- 6:00 – 8:00 pm
- Noon – 6:00 pm

### Tot Area
- Open – Close
- Noon – 4:30 pm

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**Pool Safety Guidelines**

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children! No diving. No breath holding, please.

**Pool Features**
- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2 – 3 ft. shallow children’s area with easy access stairs
- Small slides
- Family Changing Rooms
- Dry Sauna 180 – 200º
- ADA Accessible
- Pool temp 86º year-round

**Aquatic Exercise**

**WATER FITNESS**

### Aqua HIIT

**High intensity followed by active recovery = all gain with no pain.**

**Location:** ERC POOL

**Instructor:** Sara Mize

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### Splash Aqua

**Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength, and endurance conditioning.**

**Location:** ERC POOL

**Instructor:** Sara Mize

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**Senior Water Fitness**

Rediscover the fountain of youth where splashing and smiling isn’t just for kids. Location: ERC POOL

### Arthritis Aqua

Do you suffer from arthritis? One of the best ways to control pain, increase flexibility, and improve daily function is through aquatic exercise.

**Location:** ERC POOL

**Instructor:** Christi Slade

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**Instructor:** Sara Mize

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**PARTY WITH US!**

All parties include a host, paper products, lemonade, and your choice of cake & ice cream, or pizza.

### Flip & Dip Parties

**Ages 2 – 5 yrs & up**

- Saturdays & Sundays
- 12:30 pm to 2:30 pm
- **All parties begin in the party room for 1 hour with your host, and with unlimited swimming until close**
- **Parties for children under 8 years old require 3 – 5 adults actively supervising in the water with a swimsuit on.**

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**Fees:**
- Non-resident: $135 / $185
- Resident: $150 / $200
- SilverSneakers®: $200 / $250

**Contact Kathy Wallace to make your reservation. 303-762-2680 or kwallace@englewoodco.gov.**

**Flip & Dip Parties**

**Ages 2 – 5 yrs**

- Saturdays at 10:00 am
- **Kids will have a flipping good time that finishes with a splash! With this option, they’ll spend the first hour tumbling, spend one-hour in the party room and then head off to the pool for more fun.**
- **This party requires 3 adults actively supervising in the water with a swimsuit on.**

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**Fees:**
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- SilverSneakers®: $200 / $250

**Reservations require a $75 deposit or full payment if within 10 days.**

Contact Kathy Wallace to make your reservation. 303-762-2680 or kwallace@englewoodco.gov.
SWIMMING LESSONS

All swimming lessons on this page take place at the Englewood Recreation Center • 1155 W. Oxford Ave.

Infant and Toddler

Babes & Tots (6 months - 3 years)
Introduction to the water with a focus on safety and primary water skills including submersion, bubbles, and water play in a fun, family environment.

Jellyfish (2½ - 3½ years)
The next step for a toddler ready to explore the pool on their own, with an instructor. These little ones must be adventurous and ready to take instruction. These are graduates of the infant program and go under water willingly.

Preschool

Seahorse (3 - 5 years)
These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games is used to help them gain confidence and trust.

Sea Lion (4 - 5 years)
Swimmers will master freestyle and backstroke drills for 15 - 25 meters. These little ones can float for 10 seconds, roll over, and kick 10 meters to safety.

School Age

Stingray (6 - 14 years)
Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking, and breathing will be mastered here.

Dolphin (6 - 14 years)
Swimmers will be conditioned to float, kick, and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15 - 25 meters. Dolphin kick and treading water will be introduced.

Cautious and adventurous alike will find success in this class. Floating, kicking, and breathing will be mastered here.

Otter (6 - 14 years)
Swimmers at this level are well-conditioned and beginning to swim up to 25 meters of freestyle, backstroke, and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

Barracuda (6 - 14 years)
Swimmers are working towards 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time, and advanced safety skills are included.

Shark (6 - 14 years)
Swimmers completing this class will have all the skills necessary to swim for fitness, join a swim team, or take lifeguard training.

Tidal Waves Swim Team
Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters. Ages 6 – 17 years. Location: ERC POOL

Instructor: TBD

1/8 - 4/30 M/W 5:30 - 6:30 PM $85/$75 11230911

AQUATIC PERSONAL TRAINING

Aqurcal personal training can help kick your fitness plan up a notch, get you started with aquatic fitness or rehab an injury.

Private Swim Lessons
If you need more flexibility or an individualized approach to your unique needs, sign up for private swim lessons. Please allow up to 2 weeks for placement and exact class times.

Highly effective one-on-one instruction is provided for ages six months & up. Each lesson is individualized to your child's needs and abilities. ISR students are taught to perform survival skills independently and may advance into stroke work. To register call Mary Davison, R.N. 303-988-1422 or email at mary@swimcolorado.com

Open Paddle Boarding
Mondays 8:30 - 9:30 PM
Enjoy some practice time paddling on your own in the pool.
You must provide your own equipment and pay the regular daily fee.

New

Infant Swimming Resource

www.infantswim.com

Highly effective one-on-one instruction is provided for ages six months & up. Each lesson is individualized to your child's needs and abilities. ISR students are taught to perform survival skills independently and may advance into stroke work. To register call Mary Davison, R.N. 303-988-1422 or email at mary@swimcolorado.com

WEEKDAY SWIM LESSONS

4 weeks • 8 lessons

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<thead>
<tr>
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<td>Sea Lion</td>
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<td>Barracuda/Shark</td>
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SATURDAY MORNING SWIM LESSONS

4 weeks • 4 lessons

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Lessons

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<td>Barracuda/Shark</td>
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Not a Masters Swim Team
Age: 15+ yrs
Coach-led workouts to fit the goals of novice swimmers or long time devotees to the 5:00 am workout. Must love flip-flops & early mornings.
Instructor: David Lee, ASCA Certified
Tu/Th 5:30 - 7:00 am, Daily: $75/6
10 punches: $65/$50, 20 punches: $121/$50
PIRATES COVE
1225 W. Bellevue Ave • 303-762-COVE (2683) • piratescovecolorado.com
Facility Supervisor: Brad Anderson • banderson@englewoodco.gov • 303-762-2659

General Information:
- KidConnections Day Camp sessions are held May 29 – August 3, 2018, Monday–Friday, 7:00 am – 6:00 pm. Camp is closed for July 4th.
- KidConnections Day Camps are a fully licensed day care by the state of Colorado, Department of Human Services.
- Camp is held at Colorado’s Finest High School of Choice, 300 W. Chenango Ave.
- Participants must bring their own lunch, snacks and water bottle every day.
- Priority Registration Date for full week enrollment.
- NEW THIS YEAR: Camper T-shirts included in registration.

Benefits of KidConnections Camp
- A fun and safe environment for your child
- Opportunities for growth both socially and emotionally
- Create connections with new friends and a loving and caring staff
- Knock out summer boredom
- Social interaction
- A healthy, active summer
- New experiences

What Makes Us Unique
- A well-trained and experienced staff, who are caring, fun, energetic and organized
- A safe and welcoming environment
- Swimming at least once per week (either at Pirates Cove or ERC pool)
- At least one “big” field trip per week (an extra fee will be charged in addition to the daily fee). Past trips included: Denver Zoo, hiking and visiting area museums.
- Local field trips (price included in daily fee) to parks, hiking and Lilton Historical Museum.
- Weekly themes and projects
- Arts and crafts projects
- Games and sports
- Talent show and end of summer picnic
- Extra opportunities like golf, swim lessons and an overnight camping trip for the older campers
- Flexible registration

SUMMER CAMPS
Program Administrator: Sara Stant • sstant@englewoodco.gov • 303-762-2694
Look for the informational flyer out in March!

Registration and Payment
One-time non-refundable registration fee: $10 per child

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 Registration packets will be available online at englewoodrec.org by February 28. Packet must be filled out completely and returned in person to the Englewood Rec Center, 1155 W. Oxford Ave.

Immunization and a picture of your child is required to accompany your completed packet. Your packet will not be processed until all forms are submitted and information is completely filled out. Priority registration is given to participants signing up for full weeks. Full week registration will be processed starting March 1st. Individual day registration will begin April 13. Englewood residents must have a resident ID card ($3, purchased at the ERC).

Program Fees:
Extra opportunity fees can be found on the registration form.

The program does not have an hourly rate and unscheduled drop-in care is not permitted. Reservations for additional days need to be made 48 hours in advance to ensure proper staffing. Drop-ins must be approved prior to day of attendance. No credits or refunds will be given for missed days of camp.

This program is on a first-come, first-served basis and enrollment is subject to availability.

E-Club
Go to piratescovecolorado.com and join our e-club. Our e-club members receive monthly newsletters with offerings from Pirates Cove along with a notice of special unadvertised specials throughout the summer.

Parties at Pirates Cove
It’s not too early to book your birthday or sports party at Pirates Cove. We have two packages to choose from, the Captain Cook party for 1 – 15 guests for $294 or our Billy Bones package for 16 – 25 guests for $374. Parties include: admission, cake, ice cream, soda, paper goods, pirate goodie bag, and our party patio for 1 ½ hours. Book your party online by visiting our party web site: parties.piratescovecolorado.com

Teen Buccaneers
Enjoy Pirates Cove this summer by becoming a Jr. Lifeguard. Jr. Lifeguards assist patrons and lifeguards throughout the facility. This volunteer program is designed for youth 13 – 14 yrs. old who aspire to become a lifeguard when they reach the age of 15. For more information contact Melissa at 303-783-6924.

Online Tickets
Pirates Cove has on-line ticketing. Purchase your tickets at piratescovecolorado.com. Print off the ticket to avoid the pay line at the park.

Cove Cabana Rentals
Enjoy shade and a place to sit by renting your own cabana for up to 8 people. Cabanas are complete with 2 lounge chairs, 4 chairs and a small table. Visit our website for more information or to book your cabana. Price does not include admission into the park.

May is Swim Safety Month
May has been designated Swim Safety Month! Look for safety tips at the Recreation Center and at Pirates Cove during May and the entire summer. Swim staff will be happy to discuss the various tips on staying safe around the water at any time.

UPCOMING SUMMER EVENTS
Mark the following dates on your calendar this summer for a Pirate good time!

Open House: 5/30
Come see what Pirates Cove has to offer at no cost! We will also have area businesses on site. The facility will be open from 6:30 – 8:30 pm. Bring an appetite - the concession stand will be open.

World’s Largest Swim Lesson: 6/21
Drowning remains the second leading cause of unintended injury related death of children ages 1 – 14. Pirates Cove is proud to be one of hundreds of facilities around the globe promoting Learn to Swim. Come to Pirates Cove on 6/21 for a free half hour swim lesson. After the lesson, feel free to stay and work on the skills you learned and play for free.

Christmas in July: 7/25
Come celebrate Christmas - Pirate style - on the 25th. Pirates Cove will be decked out in Christmas style on this day. Yes, you can expect a special visit from Santa.

adult Night: 6/20 and 7/18
Adult night is back this year with two nights. This night is reserved for those 18 yrs. and older. It’s the opportunity for you to enjoy Pirates Cove without children from 6:30 – 8:30 pm. The concession stand will be open, so bring your appetite. Cost is only $6.00.

Food Drive: 7/8 – 7/14
Bring a non-perishable food item with you and receive a free 22 oz. soda. Items will be donated to Well-fed Inc.

operating Hours for 2018
10:00 am – 6:00 pm Daily 5/26 – 8/10
10:00 am – 6:00 pm Weekends only beginning 8/11
10:00 am – 6:00 pm Labor Day, 9/3

AULT MATEY! Purchase your season or family pass before May 1 and save 10%. Season and family pass holders are also eligible for a 10% discount on classes at Pirates Cove or either of our birthday party packages. Passes will be available to purchase at the Englewood Recreation Center, 1155 W. Oxford.

 Admission Rates

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SEASON PASS

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FAMILY PASS

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Resident I.D. Cards must be presented to receive discounts. Some restrictions apply on family passes.

What Makes Us Unique
- Extra opportunities like golf, swim lessons and an overnight camping trip for the older campers
- Flexible registration

Volunteer
Volunteer at Pirates Cove and receive a free 22 oz. soda. Items will be donated to Well-fed Inc.

The facility will be open from 10:00 am – 6:00 pm. Bring an appetite - the concession stand will be open, so bring your appetite. Cost is only $6.00.

Food Drive: 7/8 – 7/14
Bring a non-perishable food item with you and receive a free 22 oz. soda. Items will be donated to Well-fed Inc.

Admission Rates

<table>
<thead>
<tr>
<th>Fees</th>
<th>Fees</th>
<th>Fees</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily</td>
<td>$12</td>
<td>$7</td>
<td>$13</td>
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<tr>
<td>Weekend</td>
<td>$14</td>
<td>$8</td>
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SEASON PASS

<table>
<thead>
<tr>
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<th>Fees</th>
<th>Fees</th>
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</thead>
<tbody>
<tr>
<td>Child/Senior</td>
<td>$84</td>
<td>$57</td>
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<td>Adult</td>
<td>$93</td>
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FAMILY PASS

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<thead>
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<th>Fees</th>
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</thead>
<tbody>
<tr>
<td>3 or more in same household</td>
<td>$241</td>
<td>$158</td>
<td>$241</td>
</tr>
</tbody>
</table>

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OUTDOOR / HIKING

Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680

Mountain Hiking Adventures – All Levels

Enjoy Colorado as she blooms into spring with one of our many levels of hiking adventures (see below). For any hike, come prepared with: a daypack, hiking boots, sack lunch, water (more if it’s hot), rain gear, hat, sunscreen, insect repellent, whistle, walking stick, warm clothing and money for an ice cream stop. Please pick/hikes appropriate to your ability and fitness level. Hikes depart from the Malley Recreation Center, 3380 S. Lincoln St. Locations are subject to change depending on weather or trail conditions.

Fee: $21, Resident Fee: $17

<table>
<thead>
<tr>
<th>Number</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Length Ft.</th>
<th>Elev Start</th>
<th>Elev Gain</th>
<th>Difficulty</th>
<th>Near</th>
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</thead>
<tbody>
<tr>
<td>22162011</td>
<td>5/1</td>
<td>Tu</td>
<td>8:00 – 5:00 PM</td>
<td>Peaks to Plains</td>
<td>1 – 7 mi</td>
<td>6,775’</td>
<td>500’</td>
<td>E – M</td>
<td>Golden</td>
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<tr>
<td>22162012</td>
<td>5/9</td>
<td>W</td>
<td>8:00 – 5:00 PM</td>
<td>Garden of the Gods</td>
<td>1 – 5 mi</td>
<td>6,200’</td>
<td>300’</td>
<td>E – M</td>
<td>Colo Springs</td>
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<tr>
<td>22162013</td>
<td>5/15</td>
<td>Tu</td>
<td>8:00 – 5:00 PM</td>
<td>Bridal Veil Falls*</td>
<td>6.2 mi</td>
<td>7,280’</td>
<td>980’</td>
<td>Mod</td>
<td>RMNP Estes</td>
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<td>22162014</td>
<td>5/23</td>
<td>W</td>
<td>8:00 – 5:00 PM</td>
<td>Chief Mtn.</td>
<td>4.5 mi</td>
<td>10,800’</td>
<td>900’</td>
<td>Mod</td>
<td>Idaho Springs</td>
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<tr>
<td>22162015</td>
<td>5/29</td>
<td>Tu</td>
<td>8:00 – 5:00 PM</td>
<td>Ralph Price Reservoir</td>
<td>5.5 mi</td>
<td>5,940’</td>
<td>800’</td>
<td>E – M</td>
<td>Lyons</td>
</tr>
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*Bring your Golden Age Pass or $10 park entrance fee.

Easy Hikes

If you love to walk in the mountains, check out these easy hikes! The easy hikers will go with the other hikers, but will walk easier trails of 1 – 3 miles with little or no elevation gain. However, be aware of the starting elevations. Remember you are the one determining how long of a hike you can walk. Come prepared with: a daypack, hiking boots, sack lunch, water, rain gear, hat, sunscreen, insect repellent, whistle, walking stick, warm clothing and money for an ice cream stop. You’re welcome to bring a good book or sitting activity that you can do while enjoying the outdoors.

Fee: $21, Resident Fee: $17

<table>
<thead>
<tr>
<th>Number</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Length Ft.</th>
<th>Elev Start</th>
<th>Elev Gain</th>
<th>Difficulty</th>
<th>Near</th>
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<tbody>
<tr>
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<td>Tu</td>
<td>8:00 – 5:00 PM</td>
<td>Peaks to Plains</td>
<td>6,775’</td>
<td>Golden</td>
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<tr>
<td>22163012</td>
<td>5/9</td>
<td>W</td>
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<td>6,200’</td>
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<tr>
<td>22163013</td>
<td>5/29</td>
<td>Tu</td>
<td>8:00 – 5:00 PM</td>
<td>Ralph Price Reservoir</td>
<td>5,940’</td>
<td>Lyons</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

ADULT FITNESS

Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680

Drop-in Rates

- Daily Group Fitness: $5/$6
- Daily Yoga: $15/$18
- 12 Visit Group Fitness Pass: $75/$90
- 12 Visit Yoga Pass: $112/$130

Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women’s health issues and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

THE ZONE AT ERC CLASS SCHEDULE

<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>CLASS</th>
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</thead>
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<tr>
<td>M</td>
<td>6:30 AM</td>
<td>Kettlebells and Bodyweight</td>
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<tr>
<td>M</td>
<td>6:00 PM</td>
<td>Ultimate Fitness</td>
</tr>
<tr>
<td>Tu</td>
<td>9:30 AM</td>
<td>Low Impact/High Intensity</td>
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<tr>
<td>W</td>
<td>6:00 PM</td>
<td>Burn and Build</td>
</tr>
<tr>
<td>Th</td>
<td>10:00 AM</td>
<td>Intro to Balance and Core</td>
</tr>
<tr>
<td>F</td>
<td>7:30 AM</td>
<td>Sports Explosion</td>
</tr>
<tr>
<td>Sa</td>
<td>9:00 AM</td>
<td>Ultimate Fitness</td>
</tr>
</tbody>
</table>

Classes now in session! Only $10 per class!

Join TETRO Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit TetroPerformance.com/blog for class times and descriptions.

Looking for a Summer Job?

Join the City of Englewood Parks & Recreation team

Applications accepted beginning in March

Are you 15 years or older and looking for a seasonal summer job? Englewood Parks & Recreation will be accepting applications starting in March for summer job opportunities. Summer positions may include: lifeguards, coaches, youth program leaders, fitness instructors, park workers, and more. Visit the City’s website at englewoodco.gov for information and specific job opportunities.

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The City of Englewood Parks, Recreation and Library is an equal opportunity employer and provider authorized by Special Unit Permit to operate on the National Forest. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, age, sex or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination: write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave, SW, Washington, D.C. 20250-9410 or call 202-720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.
Barre Sculpt
Age: 13 yrs. and older
A workout that’s gentle on the joints but gives powerful results. Use the ballet barre, lightweights, isometrics exercises, and your body’s balance, to form, lengthen, lift, and sculpt graceful arms, thighs, abs, and glutes.
Instructor: Stacy Lochowicz

TRX Boot Camp
Age: 13 yrs. and older
Fire up your metabolism, burn calories and get stronger and leaner faster. TRX Suspension Trainers will be incorporated into the workout. Previous experience is not necessary.
Instructor: Rachael Helmers

NEW: Weights & More
Age: 18 yrs. and older
Increase strength and endurance while improving bone density. Expand your weight room workout in a group setting with the guidance of a personal trainer. Moderate fitness level and higher.
Instructors: Libby Butler

NEW: Zumba® (New lunch-time class)
Age: 13 yrs. and older
Join the party! Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. This class is a blend of fast and slow rhythms and dramatically enhance your overall health and athletic performance.
Instructor: Libby Butler

Fitness Fusion
A high-intensity, endurance-based workout consisting of a 15-minute exercise practice and a 30-minute interval training. Intervals will be three minutes of strength, two minutes of cardio and one minute of core.
Shred fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance.
Instructor: Libby Butler

Fitness Drop-in Rates
Daily Group Fitness $8/56
12-Visit Group Fitness Pass $75/560
Drop-in not available for Pilates Refomer, Tai Chi for Better Balance or Group Personal Training Classes. See page 31 for drop-in childcare.

NEW: Zumba® Toning
Age: 13 yrs. and older
Come to the party and have fun dancing with an extra emphasis on toning and sculpting to define those muscles! Adding light weights helps to focus on specific muscle groups, such as arms, core and lower body.
Instructor: Maureen Plotnicki

Essentrics®
Age: 13 yrs. and older
A dynamic workout to stretch, strengthen and rebalance the full muscular structure, leaving you more flexible and agile. Great for athletes seeking an increase in range-of-motion and an increase in speed and agility. Prepares muscles and tendons to withstand maximum demands.
Instructor: Paulette Fara-Schembri

NEW: Body Blitz
Age: 13 yrs. and older
Get fit in this quick, fun 30-minute midday class. Use a variety of equipment to increase strength, flexibility, and balance. Your personal trainer will keep you moving and laughing.
Instructor: Cliff Penny

NEW: POP Pilates
Age: 13 yrs. and older
A total body workout that sculps a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.
Instructor: Lisa Pope

Indoor Cycling
Age: 13 yrs. and older
Optimum fat burning awaits you on this journey! This class will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment set-up and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.
Instructors: Stacy Lochowicz & TBD (Tuesday), Melody Rodgers (Wednesday) and Libby Butler (Thursday & Saturday)

NEW: TRX Boot Camp
Age: 13 yrs. and older
A high-intensity, endurance-based workout consisting of a 15-minute exercise practice and a 30-minute interval training. Intervals will be three minutes of strength, two minutes of cardio and one minute of core.
Shred fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance.
Instructor: Libby Butler

NEW: Zumba® Toning
Age: 13 yrs. and older
You will never get bored with this eclectic blend of exercises. TRX Suspension and Rip Trainers will be used along with BOSUs, glides, dumbbells and body-weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.
Instructor: Libby Butler

NEW: Lunch Blast
Age: 13 yrs. and older
Taught by ERC Exercise Physiologist and personal trainer. Moderate fitness level and higher.

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Total Body Fitness
Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers® welcome.
Instructor: Doug Smith

Mobile & Agile
Improve your overall level of fitness while having fun. Focus on improving your mobility, agility and coordination with strengthening, balancing and toning exercises. This class uses bands, balls and a chair if needed. SilverSneakers® welcome.
Instructor: Kristy Lone

Beginning Weight Training
Age: 55 yrs. and older
A personal trainer will introduce you to the basics of weight training and teach you how to utilize both the circuit and free-weight equipment safely and effectively. Receive one-on-one attention in a group setting.
Instructor: Marty Grims

Continuing Weight Training
Age: 55 yrs. and older
This self-guided class allows you to workout in the weight room with access to a personal trainer who can assist with advancing your fitness regimen. You will have the flexibility to workout any time between 8:15 – 10:30 am, Monday – Thursday. Three months of Beginning Weight Training or fitness staff approval. SilverSneakers® members use the SilverSneakers® number listed to register and swipe your card each time you come in. All others, please use the regular class number to register. Instructor: Marty Grims

Malley Fitness Orientation
If you are new to the Malley Fitness Center, we suggest attending an orientation to learn about our new Technogym weight equipment. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight-training class.
Location: MRC-Eldorado
Instructor: Christl Slade (Tu) and Barbara Meadows (Th)

Mobile & Agile
Train & Stretch for Health
Move to the music through a variety of exercises designed to increase muscular strength and range of movement. Hand held weights, elastic tubing with handles and a ball will be used. A chair is used for support. Class is open to all.
Instructors: Stacy Lochowicz (M) and Kristy Lone (W)

Total Body Fitness
Improve your level of fitness with low impact aerobic and flexibility training followed by strengthening exercises. SilverSneakers® welcome.
Location: ERC-Fitness Rm & Walking Track
Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680
All of the classes on this page are designed for ages 55 and older; there is space available for ages 18 – 54.

NEW Walk & Stretch for Health
Age: 40 yrs. and older
Intentional and powerful walking is a great way to burn calories while keeping one mobile. Join Exercise Physiologist and International Masters USAFT Race Walker, Liz Shepard, for an hour. This includes stretching and proper walking technique for fitness and, interested, competition. Set your goal and challenge yourself in this unique community experience.
Location: ERC-Fitness Rm & Walking Track

SilverSneakers® Classic
Move to the music through a variety of exercises designed to increase muscular strength and range of movement. Hand held weights, elastic tubing with handles and a ball will be used. A chair is used for support. Class is open to all.
Instructors: Stacy Lochowicz (W Malley) and Kristy Lone (W Malley) and Catherine Glenn (Tu/Th ERC)

Mobile & Agile
Improve your overall level of fitness while having fun. Focus on improving your mobility, agility and coordination with strengthening, balancing and toning exercises. This class uses bands, balls and a chair if needed. SilverSneakers® welcome.
Instructor: Kristy Lone

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Instructor: Marty Grims

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Location: MRC-Eldorado
Instructor: Christl Slade (Tu) and Barbara Meadows (Th)
**Yoga & Tai Chi**

Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680

### Yoga Drop-in Rates

- **Daily Yoga** $10.50
- **Yoga 12-Visit Pass** $112.50
- Drop-in not available for Pilates Reformer, Tai Chi For Balance or Group Personal Training Classes.

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### Energize Yoga

Age: 13 yrs. and older

Start your day energized without the caffeine jitters. This combination of Hatha and Vinyasa moves will leave you stretched, focused and balanced for the day ahead.

Instructor: Erin Mathiason

### Flow Yoga

Age: 13 yrs. and older

Alignment of the body in a sequence of poses linked together with the breath make this Vinyasa yoga class an energizing and uplifting choice. Build endurance, flexibility and strength while enjoying some gentle relaxation at the end of class. Some previous yoga experience is recommended.

Instructor: Lucy Dagnillo (Tuesday) & Julia Richards (Thursday)

### Hatha Yoga

Age: 15 yrs. and older

Increase flexibility, build strength, calm the mind and open the heart with Hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-levels class.

Instructor: Erin Mathiason

### Foundations Yoga

Age: 13 yrs. and older

Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience.

Instructor: Roseanna Frechette

### Core Yoga

Age: 13 yrs. and older

Improve flexibility, balance and strength, especially in the core, to protect the back. Modifications and props available. Appropriate for beginner to intermediate.

Instructors: Stephanie Turner

### Chair Yoga

Age: 55 and older; 10 - 54 yrs. space available

Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Instructor: Catherine Glenn

### Yoga Light

Age: 55 yrs. and older; 18 – 54 yrs. space available

Improve your balance while enhancing your agility and coordination with Tai Chi based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor.

Instructor: Patty Vogt

### Therapeutic Tai Chi

Age: 55 yrs. and older; 18 - 54 yrs. space available

Better manage chronic health conditions and improve overall well-being based on a variety of true principled Tai Chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, and improve posture and balance while integrating the mind, body and spirit.

Instructor: Phred Hall

---

### Active Yoga

<table>
<thead>
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<th>Class Activity #</th>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
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### Gentle Yoga & Tai Chi

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**Englewood Recreation Guide** — englewoodrec.org
**BROKEN TEE GOLF COURSE**

Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680

**PILATES**

Free Pilates Reformer Demo
Age: 16 yrs. and older
Explore Pilates! Learn the history, how the Pilates reformer works, mat and reformer exercises and how to get started in our Pilates program. Please register in advance.

Essential Pilates Principles
Age: 16 yrs. and older
Begin with two private sessions to learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into Beginning Pilates Reformer class and receive a $10 discount coupon. These two private sessions are a prerequisite for Beginning Pilates Reformer. Call 303-762-2678 to schedule your first private session. Location: ERC-AA2

Beginning Pilates Reformer
Age: 16 yrs. and older
Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Exercises are low impact and may be adapted for individuals of any fitness level. The exercises are performed on equipment or a mat. Beginning Pilates Reformer is designed for those who have taken at least two sessions of Essential Pilates Principles.

Continuing Pilates Reformer
Age: 16 yrs. and older
Build upon your experience and learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer.

Pilates Personal Training
Perfect for: beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes wanting to improve performance and individuals in post-rehab following an injury. Each session is 60 minutes. To schedule, call 303-762-2678. Your call will be returned within two business days. Request reformer or mat instruction. Location: ERC-AA2

**Pilates Personal Training**

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**Pilates Personal Training - Semi Private: 2 people**

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**PILATES CLASS LIST**

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**STEP ONE**

Essential Pilates Principles

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**STEP TWO**

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**STEP THREE**

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Computer/Tech Classes
First Saturday of the month, 10:30 am – Noon
First Wednesday of the month, 6:30 – 8:30 pm
Basic computer classes covering topics like Computer Basics–Getting Started, eMail 101, eMedia, Microsoft Word, and Smartphones. Please visit the library’s website or drop by for details. Public computers are limited, registration required. Feel free to bring your own laptop.
Location: Tech Lab

Open Tech Lab
Mondays & Saturdays, 10:30 am – Noon
Thursdays & Sundays, 2:30 – 4:30 pm
Individualized technology assistance available with one of our in-house experts on a public computer or your own device.
Location: Tech Lab

Artist’s Reception
Thursday, April 12, 4:00 – 6:00 pm featuring artists from Englewood Public Schools.
Thursday, May 3, 6:30 – 7:30 pm featuring local artist Dennis Behm.
The Englewood Public Library is excited to host a rotating art exhibit that highlights the work of local and regional artists. Come to the featured artist’s reception for a chance to talk to the artist and ask questions. All exhibits are free to the public and rotate every other month. All ages welcome.
Location: Altenbach Room

French Conversation Circle
First Wednesday of the month, 1:00 – 2:00 pm
Bonjour! Looking for a chance to brush up on your French? We’ll gather once a month to practice our French language skills in a supportive, immersive environment. All skill levels are welcome. No registration required.
Location: Altenbach Room

English Conversation Circle
Second Saturday of the month, 10:30 – 11:30 am
It’s never too late to learn English! We’re all in this together; please join us for fun conversation in a casual, inclusive atmosphere. Beginning and intermediate English language learners. For adults and teens. No registration required.
Location: Altenbach Room

Second Thursday of the month, 6:30 – 8:00 pm
New members are always welcome. Please ask library staff how to acquire a copy of this month’s title. For adults. No registration required.
Location: Altenbach Room

NEWDAY English Conversation Over Coffee
Fourth Wednesday of the month, 10:30 am – Noon
We have donuts and coffee! If you’re currently experiencing homelessness or you’re interested in discussing social issues affecting our community, please join us for a warm beverage and a donut. Let’s share stories and get to know each other. Open to everyone regardless of housing situation. No registration required.
Location: Altenbach Room

Malley Book Club
Third Thursday of the month at Malley Center Library, 10:30 am
3/15 The Underground Railroad by Colson Whitehead
4/19 Mister Owita’s Guide to Gardening by Carol Wall
5/17 The Golden Age by Joan London
For adults. No registration required.
Location: Malley Recreation Center

Poetry and Prose at the Library
Wednesday, April 18, 6:30 – 8:30 pm
Join the Englewood Library’s Writer’s Group for our first open mic poetry reading! If you would like to read a poem – either an original work or one by your favorite author – please sign up! Help us celebrate National Poetry Month. This night of verbal verse is open to all, however, some topics maybe sensitive and could contain adult language.
For all ages (PG recommended). Registration required.
Location: Anderson Room

Wednesday Book Club Buzz
Fourth Wednesday of the month, 12:30 – 2:00 pm
New members are always welcome. Please ask library staff how to acquire a copy of this month’s title. For adults. No registration required.
Location: Perrin Room

Sit-N-Knit
The final Wednesday of the month, 6:30 – 8:30 pm
Whether you’re an expert or don’t know how to cast on, this group could be just what you’re looking for! Join us for a relaxing evening to build your skills, share your knowledge, and make new friends. For adults and teens. No registration required.
Location: Perrin Room

The Best Thing “IS” Sliced Bread
Saturday, April 21, 2:00 – 3:00 pm
There’s nothing quite like the aroma of freshly baked bread. Channel your inner baker and realize your dough-making dreams of making beautiful breads during this bread-making class with local caterer Monica Kadlik. Have you tried but still feel uncomfortable working with yeast? Come learn how to take the mystery out of baking bread at home. We’ll discuss all your concerns, you’ll be making your own bread in no time! For adults and teens. No registration required.

Board Game Day at the Library
Sunday, March 18, 1:00 – 4:00 pm
Sunday, May 13, 1:00 – 4:00 pm
Suffering from the cold-weather, winter blues? Do away with the doldrums. Beat back the boredom. Come and play games at the library! For all ages. No registration required.

Poetry and Prose at the Library
Wednesday, April 18, 6:30 – 8:30 pm
Join the Englewood Library’s Writer’s Group for our first open mic poetry reading! If you would like to read a poem – either an original work or one by your favorite author – please sign up! Help us celebrate National Poetry Month. This night of verbal verse is open to all, however, some topics maybe sensitive and could contain adult language.
For all ages (PG recommended). Registration required.
Location: Anderson Room

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Harplanders
Saturday, 3/17, 2:00 – 3:00 pm
Beautiful live performances by the local Colorado Celtic Harp Society. All ages welcome.
Location: Reading Circle

Genealogy: The Beginning
Saturday, 3/24, 10:30 am – 12:30 pm
Want to find out what’s in your gene pool? Join genealogy expert Leah Klocke to learn the basics and get started learning about your ancestors. For adults and teens. Registration required.
Location: Altenbach Room

For all ages:
Spring Break
Need to get the kids out of the house for spring break? 3/26 – 3/30
M – F 1:00 pm
Join us for Regular Saturday Activities. No registration required.
The Storytime room opens every Saturday at 10:00 AM for Open Play (1st, 3rd, 5th Saturday) or Legos (2nd, 4th Saturday). For details, please call 303-762-6960.

For Younger Children:
Toddler and Preschool Extra
Saturday, April 28, 2:00 – 3:00 pm
Everyone loves Colorado! Learn about Generation Wild and how to take advantage of the beauty of our own greater backyard and Englewood Public Library’s State Park Pass Backpack program.
For all ages. No registration required.
Location: Anderson Room

Colorado: Home on the Range
Saturday, April 28, 2:00 – 3:00 pm
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For all ages. No registration required.
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Join us for special programs tied to STEM, Art, Literacy and Music.
No registration required. For program details, please call 303-762-6960.

For School Age Children:
Thursday After School
3/1 Th 4:00 pm – Registration Required*
3/15 Th 4:00 pm – Registration Required*
4/5 Th 4:00 pm
4/19 Th 4:00 pm
5/3 Th 4:00 pm
5/17 Th 4:00 pm
*Registration opens 2/12

For Younger Children:
Toddler and Preschool Extra
3/9 Fr 10:30 am
3/20 Tu 10:30 am
4/9 M 10:30 am
4/26 Th 10:30 am
5/10 Th 10:30 am

For All Ages:
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Join us for Regular Saturday Activities. No registration required.
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Join us for Weekday Storytimes. No registration required. For details, call 303-762-6960.

Children’s Programming:
March Break: Wednesdays at 10:30 am and 1:00 pm
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Englewood Recreation Guide — englewoodrec.org

Englewood Recreation Guide — englewoodrec.org
EXCURSIONS

Program Administrator: Cheryl Adamson • cadamson@englewoodco.gov • 303-762-2660

Degas, A Passion for Perfection
The Denver Art Museum is displaying the prolific French artist Edgar Degas’ works from 1856 to 1906. More than 100 works of paintings, drawings, pastels, etchings and sculptures in bronze will be on view. Fee includes museum, escort, audio guide and transportation. Lunch on your own beforehand at the Denver Biscuit Company. Early cancellation 2/15.
3/1 Th 11:00 am – 3:30 pm $43/$35 22061011

Clancy’s Irish Pub – Wheat Ridge
Established in 1973, Clancy’s is Colorado’s oldest Irish Pub serving the greater Denver communities with exceptional food and drinks. Chef Connolly has created a from-scratch restaurant concept, serving traditional Irish fare such as shepherd’s pie, fish & chips and bangers & mash. Meal on your own (range $8 – $15). Fee includes escort and transportation.
3/13 Tu 10:30 am – 1:00 pm $12/$9 22061012

Blackhawk or Central City
Bus will drop you off and pick you up in the heart of it all. You may choose to visit your favorite casino, visit historic sites, or enjoy the mountain air. Transportation is on your own. Fee includes escort and transportation.
3/12 M 9:00 am – 3:00 pm $17/$14 22061013
4/26 M 9:00 am – 3:00 pm $17/$14 22061016
5/14 M 9:00 am – 3:00 pm $17/$14 22061015

Laughter on the 23rd Floor – PACE Center
We are heading to Parker for an afternoon of laughter! Neil Simon, America’s most popular playwright, gives a peek into the writer’s room where each cast member’s on-stage life is complicated by what he takes an unabashedly self-deprecating (and not-so-fictionalized) look at his own, $19.95, plus drinks, tax and gratuity. Fee includes escort, transportation and performance. Early cancellation 2/21.
4/24 Sa 10:45 am – 5:15 pm $89/$72 22161020

Dazzle Jazz Lunch
Lunch plus a Jazz Trio, what more could we ask for? Lunch includes your choice of three chef-inspired entrées, soda, coffee, tea, glass of wine or draft beer, plus great live jazz! RTD Senior Mide provides transportation. Event is 11:30 am – 1:30 pm. Departure time TBA one week prior. Fee includes escort, RTD transportation, performance, meal, drink, tax and gratuity.
3/29 Th 11:00 am – 2:00 pm $38/$31 22161019

Buckhorn Exchange
Denver’s oldest restaurant is 125 years old! This National Historic Landmark and Western museum has 500 pieces of taxidermy and the #1 liquor license. Located in the city’s oldest neighborhood you can dine on buffalo prime rib, Grandma Fanny’s pot roast sandwich and Dutch apple pie à la mode. Transportation via the Englewood Trolley and RTD light rail. Fee includes escort and transportation.
4/5 Th 10:30 am – 1:15 pm $32/$29 22161018

Kiiss Me Kote – Candlelight
Cole Porter’s Tony Award winning, high-spirited, and romantic musical comedy follows the backstage antics of a touring company performing “The Taming of the Shrew,” featuring two feuding couples, a few gangsters, and some of the best songs ever written: “Another Op’nin’, Another Show,” “Too Darn Hot,” and “So in Love.” A hysterical play-within-a-play where each cast member’s on-stage life is complicated by what

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4/24 Sa 10:45 am – 5:15 pm $89/$72 22161020

Brunch at Simms Steakhouse – Lakewood
Take in Denver’s famous view while enjoying an award-winning all-you-can-eat brunch buffet.-themed pub. Dazzle Jazz Lunch features made-to-order omelets, eggs Benedict, carving station, peel-and-eat shrimp, pastries and rolls, crème brûlée French toast, salads, biscuits and gravy, breakfast potatoes, fruits, vegetables, bacon and sausage. Buffet on your own, $19.95, plus drinks, tax and gratuity. Fee includes escort and transportation.
4/22 Su 10:00 am – 12:30 pm $14/$11 22161021

Baller Up!
Take me to the ballpark! Root for the Rockies with us as they take on the San Diego Padres. We’ll sit along the 3rd baseline. Food and drinks available to purchase at the ballpark. If you need a special needs seat, contact Cheryl. Fee includes game ticket, escort and transportation. Early cancellation date April 11.
4/25 W 11:30 am – 5:00 pm $32/$26 22161022

A Day in Loveland
First stop of the day is the Loveland Visitor Center. View and shop from more than 25 Loveland artisans and manufacturers. Then walk the grounds of the McWhinney Hahn Sulpture Park. Second stop is lunch! Experience true Southern comfort food such as gumbo, Po’ Boys, crawfish etouffee, beignets. Let us make your day Mo‘ Bettta ($11 – $18 on your own). Third stop: take a walking tour of historical downtown through the years 1858 to the 1960’s. Lastly, relax and lean as the bus travels by the historical homes in town. Trip includes escort and transportation. Note: high amount of walking.
4/30 M 8:45 am – 5:00 pm $28/$22 22161023

Boulder Dushanbe Teahouse
Take a respite from the hectic pace of today’s busy world and enjoy a traditional afternoon tea. The lovely tables will be dressed with English-style white linens and tea cutlery accompaniment. A beautiful three-tiered tower of savory pastries, scones, artichoke puffs, plus cucumber sandwiches, sweet cakes and the chef’s daily special creation all baked fresh for you and presented with a pot of premium tea. Tea is on your own cost $22, plus tax and gratuity. Fee includes escort and transportation. 5/3 Th 2:00 – 6:00 pm $26/$16 22161024

Hog Haven Farms – Deer Trail
We are heading east to visit the home of more than 80 pigs, including 12 standard bred pigs. We will be educated about the farm (rescue, rehabilitation, volunteers and funding), the pigs and their needs, care, and wonderful personalities. You can bring treats of carrots, apples, bananas, and sugar cane. Fee includes game ticket, escort and transportation. 5/8 Tu 9:45 am – 3:15 pm $32/$26 22161025

Refunds
For all Excursion or Outdoor Adventures, a refund of the activity fee, less a $5 cancellation charge, will automatically be given if the cancellation occurs 5 business days (M – F) prior to the date of the activity, unless indicated. Some activities have early cancellation dates. If cancellation occurs within 5 working days of the activity, or after the early cancellation date, a refund (minus $5) will be given only if the space can be filled. Excursion policies and procedures can be found online and at the Malley Recreation Center.
HAVE SOME FUN IN THE SUN THIS SUMMER!

Englewood Miniature Train
5001 S. Inca Dr. • 303-794-7357
$2.00 per person
Opens Saturday, 5/26 through Monday, 9/3
Tuesday – Saturday, 10:00 am – 4:00 pm
Sunday, 11:00 am – 4:00 pm
Closed Mondays except Memorial Day and Labor Day
All Aboard! Come ride our miniature train and enjoy the views of Belleview Park!

Belleview Children’s Farm
5001 S. Inca Dr. • 303-786-6927
$2.00 per person (under 2 years free)
Opens Saturday, 5/26 through Monday, 9/3
Tuesday – Saturday, 10:00 am – 4:00 pm
Sunday, 11:00 am – 4:00 pm
Closed Mondays except Memorial Day and Labor Day
Enjoy getting to know our farm animals! Our farm hosts: rabbits, cows, pigs, goats, chickens, sheep and more. All of our barn animals are loaned to us from area farms and then returned to their owners at the end of summer. Children must be accompanied by an adult at all times. Concessions are available at the farm.

Belleview Children’s Farm is looking for some pet animals to come to camp this summer at the Farm. We’re looking for a bearded dragon, rat, hedgehog, box turtle, guinea pig and even a chinchilla. Staff will take very good care of your pets. Contact Shelly at shfz@englewoodco.gov or 303-762-2661.