Upcoming Council Meetings

A Study Session will be held on **Monday, March 27, 2017**, at 6:00 p.m. in the Community Room.

The next Study Session will be held on **Monday, April 3, 2017**, at 6:00 p.m. in the Community Room. A Regular Meeting will follow at 7:00 p.m. in the Council Chambers.

Informational Items

The following attachments are in response to City Council requests, as well as other informational items.

1. Denver Post YourHub article: Study sets sights on Dementia
2. The Villager article: Something Old, Something New
3. Calendar of Events
4. Tentative Study Session Topics
Englewood doctor studying drugs aimed at fighting Lewy body dementia

Neurodegenerative disease impacts estimated 1.4 million Americans, has no FDA-approved drugs

Being diagnosed with Lewy body dementia was a process years in the making for David Keerins, 64.

He was diagnosed with Parkinson’s disease in 2013 while living in Texas, but soon his family noticed symptoms beyond the scope of that disorder. Keerins could no longer carry on conversations on the phone without getting lost, often mid-sentence. He was quiet. He could no longer sleep for more than a few hours at a time.

“He was working at a private school in the drama department and couldn’t climb the ladders or do the mathematical computations of building a set,” said Cheri Keerins, his wife of 43 years. “He was medically retired in 2014.”

Dr. Rajeev Kumar poses for a portrait at Swedish Medical Center March 17 in Englewood.
He and his wife came to the Denver metro area last year to be closer to their two daughters and move into a senior living community, and in October, Dr. Aaron Haug, a neurologist in Englewood, diagnosed Keerins with dementia with Lewy bodies.

Enter Dr. Rajeev Kumar, a movement disorder and neurology specialist in Englewood, who operates the Rocky Mountain Movement Disorders Center, housed in a medical office building near Swedish Medical Center, which he founded 10 years ago.

Kumar is now enrolling patients in studies of two drugs that may treat specific symptoms of Lewy body dementia, which the doctor calls a “really terrible disorder.”

Keerins last week signed up for Kumar’s study of Intepiridine, a drug designed to improve memory or thinking.

The disease is not uncommon. The two known types of it affect an estimated 1.4 million Americans, according to the Lewy Body Dementia Association. Many people first heard of the disease in the aftermath of actor and comedian Robin Williams’ suicide in 2014. His widow said post-mortem examinations indicated her husband was living with something other than depression before his death — the little-publicized chronic brain disorder Lewy body dementia, she told People magazine.

While Williams’ death increased awareness of the disease, there is not a single Food and Drug Administration-approved drug that was developed specifically to treat it in U.S. patients, according to Kumar.
“Existing treatments have a low degree of efficacy,” Kumar said. “We need better treatments, and we need approved treatments. We want to bring these therapies to patients as fast as possible.”

Kumar explained that Lewy body dementia is caused by the accumulation of the protein, α-synuclein, in the brain. The abnormally processed protein clumps together and impacts patients’ cognitive functions including the ability to plan and process information, ability to pay attention and ability to get rapid eye movement, or REM, sleep. Patients are known to physically act out their dreams, sometimes violently. The disorder is also linked to Parkinsonism—stiffness, tremors, slowness that come with the disease’s better-known related disorder, Parkinson’s disease. Behavior and mood problems including depression and anxiety and even hallucinations and delusions may develop.

The two types of the disease — dementia with Lewy bodies, in which patients experience cognitive issues within a year of being diagnosed with Parkinson’s disease, and Parkinson’s disease dementia, in which cognitive issues do not surface until more than a year after a Parkinson’s diagnosis — are very similar pathologically, Kumar said.

Kumar shares information about Lewy body dementia on his website, www.movementdisorderscenter.org.

“Lewy body dementia is the second most common neurodegenerative disease after Alzheimer’s,” Kumar said. “And yet it is commonly misdiagnosed or undiagnosed.”

And Keerins’ family knows this better than most.

“We really felt he was under-diagnosed and under-medicated in the right ways,” Keerins’ daughter, Melissa Kuhn, said. “People don’t really understand there are so many neurological disorders out there. We’ve started to understand Alzheimer’s a little more and Parkinson’s a little more but Lewy body is one that isn’t understood as much.”

The outcomes of the study are particularly important for Kuhn. She believed her late father-in-law was also dealing with undiagnosed Lewy body dementia before his death.

“This is very important to my husband and I and our future,” she said.

Angela Taylor is the director of programs for the Lewy Body Dementia Association and is the liaison to the organization’s scientific advisory council. She said there is no known treatment to slow the progression of the disease, but it has become much more visible in the years following Williams’ death. There is still a tremendous amount of work ahead, she said, but with more awareness she is hopeful more physicians will be better and spotting the disease and more patients will be in line for earlier treatment.
“When someone in the public eye is diagnosed it raises the public visibility and profile of the disease and it gets patients and care-givers asking more questions. I do think that helps,” she said. “But I think raising awareness takes a lot more than an individual celebrity’s diagnosis. It takes a lot of organizations working together.”

Kumar said one of the greatest delays in the development of new treatments is a dearth of patients participating in studies like his. The sign-up period for his study of the drug Nelotanserin, designed to combat the sleep impacts of the disease, will remain open for several months. The study Keerins is enrolled in will remain open for about another month, Kumar said last week.

Despite his cognitive issues, Keerins has remained active, attending workout classes several times each week, his family says. He can operate normally for stretches of the day. He can carry on conversations, especially when talking about his passions like photography or movie props and costumes. But Keerins can appear out of it just as quickly, with one word or phrase throwing him off and confusing him. The fluctuations are another hallmark of his disease.

Kumar’s study represents one fundamental thing for him: hope.

“There’s always hope,” he said.
New apartments, a new Asian-fusion restaurant and a bistro-bar in the historic Oddfellows building are some of the changes coming to the 3400 block of South Broadway in Englewood.

**Englewood city manager sees ‘millennial’ changes**

BY PETER JONES  
NEWS EDITOR

“This whole area is exploding.”

So said a local business owner during a recent walk down the burgeoning 3400 block of South Broadway in Englewood. With the additions of a brew pub, a destination bar and soon-to-come “hip” restaurants and the urban-centered Acoma Lofts apartments, many agree that this stretch of historic downtown Englewood is on the brink of something cool.

And who’s at the center of it? Hint: They are well under 40 and never heard of a bread box.
“What do we know about millennials? They love the old being new again,” City Manager Eric Keck told a roomful of younger and older business leaders in the Greater Englewood Chamber of Commerce. “… They’re driving the nightlife, the energy that they want to see [on Broadway]. I think the market’s going to catch up.”

According to research by Denver’s Progressive Urban Management Associates, Englewood is prime homeland for the budding generation that will constitute half the workforce by 2020. With its walkable mixed-use neighborhoods, light rail and older housing, the city abutting southwest Denver is considered well poised to attract lifestyle-centered young adults.

As new apartments start to replace the parking lot behind Brews on Broadway and Englewood Grand, Keck says the Englewood millennials he has met know what they want.

Englewood City Manager Eric Keck says the millennial generation is driving the nightlife and energy along South Broadway. He spoke March 8 at a breakfast meeting of the Greater Englewood Chamber of Commerce. Photos by Peter Jones

“One guy is a nuclear physicist. Another woman is a physician,” the city manager said. “They’re in their early 30s and they said, we chose to live here, we chose not to have a car. We love the fact that we can hit light rail—and these people have a lot of disposable income.”

Although 40-something Keck delivered his address last week in the Brookdale Meridian retirement community, his subject was largely focused on younger generations that have influenced this aging non-suburban suburb.
Englewood’s response to the cultural shift has been to facilitate an organic “old urban” alternative to the “new urbanism” proliferating elsewhere in suburban Arapahoe County.

“[We don’t want to] create some artificial Disneyesque type of environment,” Keck said. “We want to see where things are happening already and accentuate that. … We want to get behind the people who are already investing there.”

In recent years, the area in and around the now-refurbished and thriving Gothic Theater has seen a new distillery, refurbished bars and restaurants, a yoga studio, a large and unusual co-working space, an escape room, a renovated mini-bowling alley-music venue, and a disparate range of reinvigorated younger-skewing specialty stores.

Still to come to the 3400 block of Broadway: a millennial-owned Asian-fusion restaurant and a new bistro-bar in the historic Oddfellows lodge building, among other entries.

“We have an eclectic business community. We have individuals who don’t necessarily want to be associated with chains or franchises,” Keck said, noting the landlocked city will hire a “redevelopment manager” to focus specifically on repurposing existing properties.

The next step is expected late summer when the city plans to close a block or two of Broadway for a “signature” outdoor festival that would likely include live music, and food and beer sales.

“If people get upset [by the street closure], maybe they’ll park and decide to actually spend some money in Englewood, rather than drive through it,” Keck said.

Like anything, though, the city manager, notes a downside to the millennials’ influence on Englewood. The generation’s preferences are unlikely to grow the city’s already lackluster 44 percent home-ownership rate and may not do much for traditional retail either, something that could affect city revenues through decreased sales taxes.

“Brick and mortar stores are going away. They just are—because of the Amazon impact,” Keck said. “That has a huge impact on cities.”

The recent loss of the bankrupt Sports Authority headquarters has not helped matters, with the loss of 900 jobs and the associated spending at area restaurants and retailers. The addition of an indoor storage facility on the property has not been greeted warmly.
“We need employers, but we can’t control that. … Markets drive that,” Keck said.

Challenges and opportunities are clearly what makes Keck click. Since taking the reins in Englewood in 2014, his hands-on style—including his controversial, but successful, move to outsource fire protection—has caused both consternation and excitement.

The onetime farmer’s son from southwest Ohio likens his job to his former chores.

“I’d see nails sticking out of a fence and I’d bang those nails in,” he said. “So, every time I see something at the city that needs to be done, it’s like the nail that needs to be hammered in. We’re going to fix that.”
### CITY OF ENGLEWOOD

#### 2017 CALENDAR OF EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>Mon., Mar. 27</td>
<td>6:00 p.m.</td>
<td>City Council Study Session, Community Room</td>
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<tr>
<td>Mon., Apr. 3</td>
<td>7:00 p.m.</td>
<td>City Council Regular Meeting, Council Chambers</td>
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<td>6:00 p.m.</td>
<td>City Council Study Session, Community Room</td>
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<tr>
<td>Tue., Apr. 4</td>
<td>7:00 p.m.</td>
<td>Planning and Zoning Commission, City Council Conference Room</td>
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<tr>
<td>Wed., Apr. 5</td>
<td>11:30 a.m.</td>
<td>Alliance for Commerce in Englewood (ACE), City Council Conference Room</td>
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<td></td>
<td>5:45 p.m.</td>
<td>Cultural Arts Commission, City Council Conference Room</td>
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<td>7:00 p.m.</td>
<td>Liquor &amp; Medical Marijuana Licensing Authority, Council Chambers</td>
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<tr>
<td>Mon., Apr. 10</td>
<td>6:00 p.m.</td>
<td>City Council Study Session, Community Room</td>
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<tr>
<td>Tues., Apr. 11</td>
<td>6:30 p.m.</td>
<td>Keep Englewood Beautiful, City Council Conf. Rm.</td>
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<td>7:00 p.m.</td>
<td>Public Library Board, Library Board Room</td>
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<td>Wed., Apr. 12</td>
<td>7:00 p.m.</td>
<td>Board of Adjustment and Appeals, Council Chambers</td>
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<td>6:30 p.m.</td>
<td>Englewood Urban Renewal Authority, Council Conference Room</td>
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<tr>
<td>Thurs., April 13</td>
<td>5:30 p.m.</td>
<td>Parks and Recreation Commission, Broken Tee Golf Course, 2101 W. Oxford Ave.</td>
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<tr>
<td>Mon., Apr. 17</td>
<td>6:00 p.m.</td>
<td>City Council Study Session, Community Room</td>
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<td>7:00 p.m.</td>
<td>City Council Regular Meeting, Council Chambers</td>
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<tr>
<td>Wed., Apr. 19</td>
<td>7:00 p.m.</td>
<td>Liquor &amp; Medical Marijuana Licensing Authority, Council Chambers</td>
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<td>Tue., Apr. 22</td>
<td>7:00 p.m.</td>
<td>Planning and Zoning Commission, City Council Conference Room/Council Chambers</td>
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<td>Mon., Apr. 24</td>
<td>6:00 p.m.</td>
<td>City Council Study Session, Community Room</td>
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<td>Mon., May 1</td>
<td>2:00 p.m.</td>
<td>Malley Center Trust Fund, Malley Recreation Center</td>
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<td>7:00 p.m.</td>
<td>City Council Regular Meeting, Council Chambers</td>
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<tr>
<td>Tue., May 2</td>
<td>7:00 p.m.</td>
<td>Planning and Zoning Commission, City Council Conference Room/Council Chambers</td>
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<tr>
<td>Wed., May 3</td>
<td>11:30 a.m.</td>
<td>Alliance for Commerce in Englewood (ACE), City Council Conference Room</td>
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<td></td>
<td>5:45 p.m.</td>
<td>Cultural Arts Commission, City Council Conference Room</td>
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<td>Mon., May 8</td>
<td>6:00 p.m.</td>
<td>City Council Study Session, Community Room</td>
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<tr>
<td>Tues., May 9</td>
<td>3:00 p.m.</td>
<td>NonEmergency Employees Retirement Board, Public Works Conference Room</td>
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<td>6:30 p.m.</td>
<td>Keep Englewood Beautiful, City Council Conf. Rm.</td>
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<td>7:00 p.m.</td>
<td>Public Library Board, Library Board Room</td>
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<td>Wed., May 10</td>
<td>7:00 p.m.</td>
<td>Board of Adjustment and Appeals, Council Chambers</td>
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<td>6:30 p.m.</td>
<td>Englewood Urban Renewal Authority, Council Conference Room</td>
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<tr>
<td>Thur., May 11</td>
<td>2:30 p.m.</td>
<td>Police Officers Pension Board, Public Works Conference Room</td>
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<td>3:00 p.m.</td>
<td>Firefighters Pension Board, Public Works Conference Room</td>
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<td>5:30 p.m.</td>
<td>Parks and Recreation Commission, Broken Tee Golf Course Maintenance Facility, 4000 S. Clay St.</td>
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<td>6:30 p.m.</td>
<td>Transportation Advisory Committee, City Council Conference Room</td>
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<tr>
<td>Mon., May 15</td>
<td>7:00 p.m.</td>
<td>City Council Regular Meeting, Council Chambers</td>
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<tr>
<td>Wed., May 17</td>
<td>7:00 p.m.</td>
<td>Liquor &amp; Medical Marijuana Licensing Authority, Council Chambers</td>
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<tr>
<td>Mon., May 22</td>
<td>6:00 p.m.</td>
<td>City Council Study Session, Community Room</td>
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<tr>
<td>Tue., May 22</td>
<td>7:00 p.m.</td>
<td>Planning and Zoning Commission, City Council Conference Room/Council Chambers</td>
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<tr>
<td>Mon., June 5</td>
<td>7:00 p.m.</td>
<td>City Council Regular Meeting, Council Chambers</td>
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<td>Tue., June 6</td>
<td>7:00 p.m.</td>
<td>Planning and Zoning Commission, City Council Conference Room/Council Chambers</td>
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<td>Wed., June 7</td>
<td>11:30 a.m.</td>
<td>Alliance for Commerce in Englewood (ACE), City Council Conference Room</td>
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<td></td>
<td>5:45 p.m.</td>
<td>Cultural Arts Commission, City Council Conference Room</td>
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<tr>
<td>Thurs., June 8</td>
<td>5:30 p.m.</td>
<td>Parks and Recreation Commission, RiverRun Trailhead, 2101 W. Oxford Ave.</td>
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<td>Mon., June 12</td>
<td>6:00 p.m.</td>
<td>City Council Study Session, Community Room</td>
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<tr>
<td>Tues., June 13</td>
<td>6:30 p.m.</td>
<td>Keep Englewood Beautiful, City Council Conf. Rm.</td>
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<td>7:00 p.m.</td>
<td>Public Library Board, Library Board Room</td>
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<tr>
<td>Wed., June 14</td>
<td>7:00 p.m.</td>
<td>Board of Adjustment and Appeals, Council Chambers</td>
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<td>6:30 p.m.</td>
<td>Englewood Urban Renewal Authority, Council Conference Room</td>
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TENTATIVE
STUDY SESSIONS TOPICS
FOR ENGLEWOOD CITY COUNCIL

March 27  Study Session
Stale Communications Update
Budget Advisory Committee Update
South Broadway Improvements Discussion
Board and Commission Policy Discussion
Budgeting for Community Goals Review
PIO Update

April 3   Study Session
Discussion of Adopting 2015 International Codes

April 3   Regular Meeting (Materials due 14 Mar. 17)

April 10  Study Session
Transportation Advisory Committee Board Update
Water and Sewer Board Update
Police Building Status Update
Chatfield Reservoir Environmental Pool Discussion
Council Policy and Procedures
Budgeting for Community Goals Review

April 17  Regular Meeting (Materials due 28 Mar. 17)

April 24  Study Session
Stale Communications Update
Alliance for Commerce in Englewood Board Update
Budgeting for Community Goals Review
Council Policy and Procedures
PIO Update

May 1    Regular Meeting (Materials due 11 Apr. 17)

May 8    Study Session
Code Enforcement Advisory Committee Board Update
Police Building Status Update
Council Policy and Procedures
Budgeting for Community Goals Review

May 15   Regular Meeting (Materials due 25 Apr. 17)

May 22   Study Session
Stale Communications Update
Council Policy and Procedures
Budgeting for Community Goals Review
PIO Update
May 29  Memorial Day – Tues No planned meeting – 5th week

Jun 5  Regular Meeting  (Materials due 16 May 17)

Jun 12  Study Session
        Cultural Arts Commission Board Update
        Police Building Status Update
        Budgeting for Community Goals Review

Jun 19  Regular (Materials due 30 May 17)

Jun 26  Study Session
        Budgeting for Community Goals Review
        PIO Update

Jul 3  Regular  (Materials due 13 Jun. 17)

Jul 10  Study Session
        Parks and Recreation Commission Board Update
        Budgeting for Community Goals Review

Jul 17  Regular  (Materials due 27 Jun. 17)

Jul 24  Study Session
        Budgeting for Community Goals Review

Jul 31  No planned meeting – 5th Monday

Aug 7  Regular Meeting  (Materials due 18 Jul. 17)

Aug 14  Study Session
        Budgeting for Community Goals Review

Aug 21  Regular Meeting  (Materials due 30 Jul. 17)

Aug 28  Study Session
        Budgeting for Community Goals Review

Sept 5  Regular Meeting

Sept 11  Study Session
        Budgeting for Community Goals Review

Sept 18  Regular Meeting

Sept 25  Study Session
        Budgeting for Community Goals Review

Oct 2  Regular Meeting